



PARKS & RECREATION

FALL 2018 & WINTER 2019 ACTIVITY GUIDE



CITY OF POULSBO PARKS & RECREATION

19540 Front Street (physical) 200 Moe Street (mailing) · Poulsbo, Wa 98370
(360) 779-9898 or www.cityofpoulsbo.com

REGISTRATION

SIGN ME UP!

THERE ARE 4 EASY WAYS TO REGISTER FOR PROGRAMS:

1

ONLINE



2

WALK IN



3

MAIL IN



4

PHONE/FAX



***Online registration is easy,
fast and available now!**

www.cityofpoulsbo.com
click on the "Register for a
Parks & Rec Class/Program"
on the right hand side

**Stop by the office at
19540 Front Street, Poulsbo
or
call 360.779.9898
or
fax 360.779.5917**

*Use your email address to set up your account. If that address is already "taken", that means that we have set the account up for you. Please call 360.779.9898 to get your log in password.

→ Start Here!

Registration begins August 27, 2018 and will continue until classes are full or are canceled due to low enrollment or other unforeseen reasons.

Classes may be canceled if minimum enrollment has not been met five business days before class start date. YOU WILL BE NOTIFIED ONLY IF THE CLASS YOU WANT IS UNAVAILABLE OR IF THERE ARE ANY CLASS CHANGES.

CITY RESIDENT DISCOUNT

City of Poulsbo residents receive an \$8 discount on most classes.

REFUND/CREDIT POLICY

The department may cancel classes that do not meet minimum enrollment and refunds (or credits) will be issued. You may withdraw at any time up to five working days prior to the first day of class or program. There will be no credit given to a patron who withdraws from a program with less than 5 business days unless someone else is found to take that place.

FACILITY RENTALS AND COMMUNITY SIGN BOARDS

The City manages two community signboards on Highway 305. Organizations may reserve the space to advertise their special events and activities.

There are three parks with rentable facilities: The Austin-Kvelstad Pavilion at Muriel Iverson Williams Waterfront Park, Nelson Park and Raab Park all have picnic shelters for rent.

The Recreation Center also has rooms to rent for parties, classes, and events. Call 360-779-9898 for more information.

RECREATION CENTER HOURS

The building is located at 19540 Front Street NE in Poulsbo.

**Monday-Thursday: 8am-6:30pm
Friday: 8am-5pm**

If weather is questionable, please call the Recreation Center at 360-779-9898 before traveling to a Parks & Recreation sponsored program.

REGISTRATION

ROUND UP FOR RECREATION

This is a fee-reduction/scholarship program, which you, the community, can support with donations.

Any time you register for a program and want to give a little back to those in need, just "round up" your payment amount and we'll put it into the fund. When you register online, click the DONATION box to donate. If you're in the office, just ask the receptionist.

For instance, if a gymnastics class costs \$35, you could round up the payment to \$40. \$5 would then go into the Round Up for Recreation fund. Thank you for helping.

POULSBO PARKS & RECREATION STAFF

360.779.9898

Parks & Recreation Director

Mary McCluskey

Administrative Assistant

Pat Hightower

Recreation Programmers

Joe Schiel & Kris Goodfellow

Preschool Coordinator

Andrea Austin

Preschool Assistant

Pam Raymond, Heidi Allen

Receptionists

Shawna Casey, Jami Sipila

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FACILITY RENTALS

CLASSES...Meetings...
BIRTHDAY PARTIES...
LUNCHEONS...CRAFT
Clubs...Mom's groups



The Parks and Recreation Center has two rooms available for rent. Prices range from \$10-\$25 per hour plus sales tax, and are available around the recreation class schedule. Please give us a call at 360-779-9898 for more information.

UH, OH!
IT'S BEEN CANCELLED?!



We don't like cancelling classes either!
Unfortunately, sometimes people wait too long
to register and we have to.

Please remember to register early to avoid disappointment!

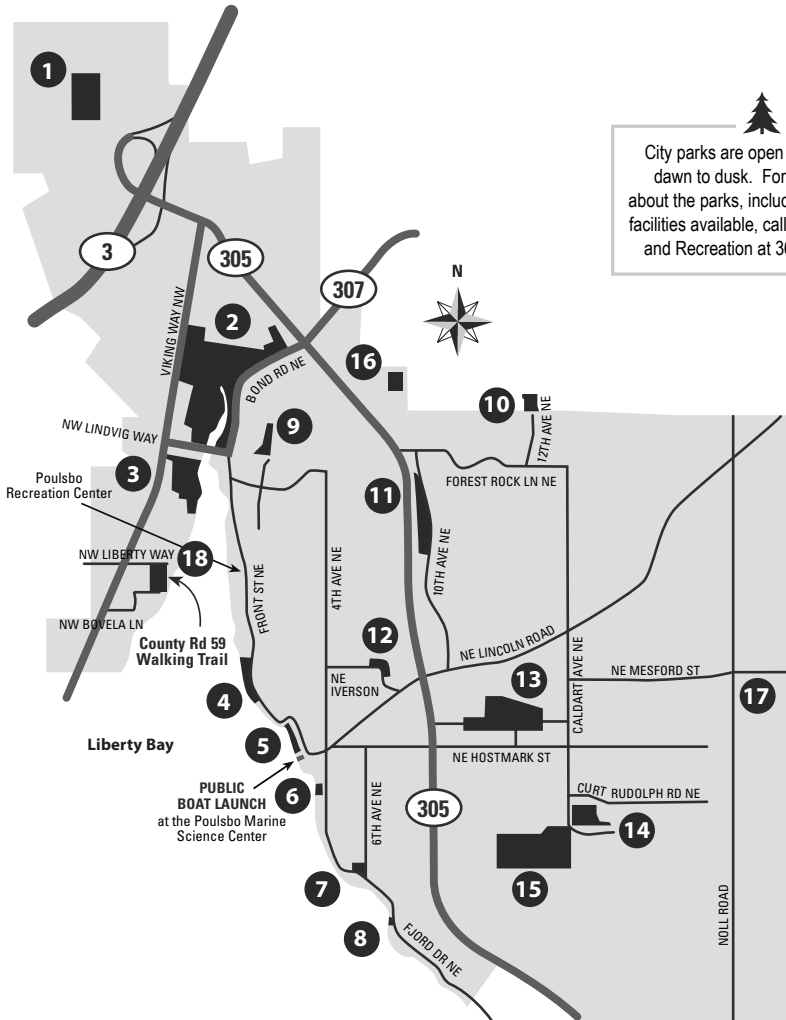


**Register
Online!**



CityOfPoulsbo.com/register

CITY PARKS & TRAILS



City parks are open year-around, dawn to dusk. For information about the parks, including rentals and facilities available, call Poulsobo Parks and Recreation at 360-779-9898.

1 COLLEGE MARKETPLACE BALL FIELDS

NW Reliance Street, 6 acres

- Slated for future park development

2 POULSBO'S FISH PARK

288 NW Lindvig Way

- 42.6 acres on the Liberty Bay Estuary and Dogfish Creek
- Urban nature park including habitat restoration & interpretive signage
- 1.5 miles of trails, boardwalk and viewing platforms
- Monthly volunteer opportunities held the third Sunday of the month from 1-4pm

3 NELSON PARK

20296 3rd Ave NW, 11 acres

- A picnic shelter with tables (available for private rental)
- Restrooms, benches, BBQ grills, Playground
- Pedestrian trail to Poulsobo's Fish Park
- Nelson Family farmhouse (caretaker's residence)
- The Martinson Cabin Museum, operated by the Poulsobo Historical Society

4 AMERICAN LEGION PARK

Front Street, 4 acres

- Wooded trails with Liberty Bay views
- A pedestrian boardwalk that links to Waterfront Park
- Restrooms
- Playground and picnic tables

CITY PARKS & TRAILS

5 MURIEL IVERSON WILLIAMS WATERFRONT PARK

18809 Anderson Parkway, 1.75 acres

- Austin-Kvelstad Pavilion (available for private rental)
- Restrooms, picnic areas, & great views of Liberty Bay
- A pedestrian boardwalk to American Legion Park

6 NET SHED VISTA

18500 Fjord Drive, .69 acres

- Liberty Bay viewing area
- Picnic tables and benches

7 LIONS PARK

6th Avenue & Fjord Drive, 1.2 acres

- Restrooms and picnic areas
- Two tennis courts
- Playground and open play areas

8 OYSTER PLANT PARK

17881 Fjord Dr, .22 acres

- A viewing pier and picnic tables
- Small boat launch

9 BETTY IVERSON KIWANIS PARK

20255 1st Avenue NE, 2.8 acres

- Picnic shelter and BBQs
- Open play areas
- ADA-accessible playground

10 FOREST ROCK HILLS PARK

North end of 12th Avenue NE, 3.1 acres

- Playground
- Trails and picnic areas

11 HATTALAND PARK

10th Avenue NE, 2 acres

- Open space
- Benches, ponds, open space & wetlands

12 CENTENNIAL PARK

Corner of 7th Ave & Iverson Street, 2.5 acres

- Picnic tables, pergolas, and trails
- Footbridges over Dogfish Creek

13 WILDERNESS PARK

Caldart Ave to Hwy 305, 11.56 acres

- Wooded trails and open space

14 AUSTURBRUIN PARK

Curt Rudolph Road, 4.5 acres

- Playground
- Picnic areas and trails

15 FRANK RAAB PARK

18349 Caldart Avenue NE, 21 acres

- Picnic shelter (available for private rental)
- Restrooms
- Community P-Patch and youth demonstration gardens
- Playground and playfield
- Horseshoe pits
- Sand volleyball court
- Full sized basketball court
- 1/3-mile walking trail
- Leash free area for dogs
- Skate park

16 POULSBO PUMP TRACK

20523 Little Valley Rd. NE, 1.82 acres

- Bicycle pump track operated by the Evergreen Mountain Bike Alliance

17 MORROW MANOR PARK

Corner of Noll & Mesford St., 1.2 acres

- Slated for future park development

18 WEST SIDE PARK

5th Avenue NW, 3.1 acres

- Slated for future park development

PRESCHOOL PROGRAMS

SPOOKTACULAR FREE HALLOWEEN PARTY FOR PRESCHOOLERS

Wed, Oct 31, 3:30-5p

Celebrate the changing of the seasons with this fun event just for preschoolers! Activities for children ages 3-5 will include crafts, games, prizes, and candy. Activities will also be open to children over 5, but parents will need to purchase a punch card for them for \$1. Emphasis will be on the 3-5 age group. Wear your costume and come to play! Follow up with trick-or-treating in downtown Poolsbo. Recreation Center.

Wed Oct 31 3:30p-5p

Children age 5 and under are free;

Children age 6 and up will need to purchase \$1 punch card to participate in crafts & games.

SIGN AND PLAY

AGE 0-5

4 WKS

Nicole Smith. Sign language and play class is designed for infants through the toddler years, along with parents or caregivers to share the love of a language through voice, sign language, and play. Using music, books, nursery rhymes and crafts, we will learn sign language for everyday objects, actions and more! Weekly lessons cover new vocabulary and signing tips to create communication earlier and eliminate frustrations. Group classes build a supportive community with signing experiences, success, and challenges. Come sign with us! **No class on Nov 12 or Jan 21.** Recreation Center.

0-12 months Baby Sign

Mon	Sep 24-Oct 15	9:30-10a	\$49*
Mon	Oct 29-Nov 26	9:30-10a	\$49*
Mon	Jan 14-Feb 11	9:30-10a	\$49*
Mon	Feb 25-Mar 18	9:30-10a	\$49*

1-5 years Sign and Play

Mon	Sep 24-Oct 15	10:15-11a	\$58*
Mon	Oct 29-Nov 26	10:15-11a	\$58*
Mon	Jan 14-Feb 11	10:15-11a	\$58*
Mon	Feb 25-Mar 18	10:15-11a	\$58*

PJ SIGN AND PLAY

AGE 0-5

4 WKS

Nicole Smith. Bring the whole family and spend Friday evening playing with your little one through sign language. This evening play class designed for infants through toddler years, along with parents or caregivers to share the love of a language through voice, sign language, and play. Using music, books, nursery rhymes and crafts, we will learn sign language for everyday objects, action and more! Weekly lessons cover new vocabulary and signing tips to create communication earlier and eliminate frustrations. Group classes build a supportive community with signing experiences, success, and challenges. **No class on Nov 23.** Come sign with us! Recreation Center.

Fri	Sep 28-Oct 19	6-6:45p	\$58*
Fri	Nov 2-30	6-6:45p	\$58*
Fri	Jan 18-Feb 8	6-6:45p	\$58*
Fri	Feb 22-Mar 15	6-6:45p	\$58*

DANCE WITH ME

AGES 1-3 ½ YRS

5 WKS

InMotion Performing Arts Studio. This instructor-led class is for parents and children, using music, props, and instruments to explore movement. These classes are structured to stimulate coordination skills, listening skills, balance, music interpretation, creative movement, and motor development in the youngest dancers. This program is an excellent introduction to the world of dance. InMotion Performing Arts Studio, Poolsbo.

Tue	Sep 25-Oct 23	10-10:45a	\$63*
Tue	Nov 6-Dec 4+	10-10:45a	\$63*
Tue	Jan 22-Feb 19	10-10:45a	\$63*
Tue	Mar 5-Apr 2	10-10:45a	\$63*

+November session includes 1 free child's ticket to see Dance Ensemble Northwest's Nutcracker Thanksgiving weekend.

TIPPIE TOE BALLET

AGES 4-6

5 WKS

InMotion Performing Arts Studio. Dancers will explore music and movement and be introduced to the basics of ballet. These instructor-led classes are designed to stimulate coordination skills, listening skills, balance, music interpretation, creative movement, and motor development. InMotion Performing Arts Studio, Poolsbo.

Tue	Sep 25-Oct 23	10:45-11:30a	\$63*
Tue	Nov 6-Dec 4+	10:45-11:30a	\$63*
Tue	Jan 22-Feb 19	10:45-11:30a	\$63*
Tue	Mar 5-April 2	10:45-11:30a	\$63*

+November session includes 1 free child's ticket to see Dance Ensemble Northwest's Nutcracker Thanksgiving weekend.



PRESCHOOL PROGRAMS



PRESCHOOL DRAWING WITH YOUNG REMBRANDTS

AGES 3-5

4 WKS

Young Rembrandts Staff. Young Rembrandts teaches preschool children the skills necessary to draw more complex images. As preschoolers learn to draw and color with our step-by-step method, they develop observation skills, increase their fine motor skills, handwriting readiness, and attention to detail. Their weekly program prepares them as learners, so they will be successful in kindergarten. Classes are fun, engaging, and affordable. Participating in Young Rembrandts' creative and encouraging classes helps young children learn to follow directions, hold, and use a pencil, and stay on task. Recreation Center Classroom.

Tue	Sep 18-Oct 9	9:45-10:30a	\$59*
Tue	Nov 6-27	9:45-10:30a	\$59*
Tue	Jan 22-Feb 12	9:45-10:30a	\$59*
Tue	Mar 5-26	9:45-10:30a	\$59*

PRESCHOOL ART AND PAINTING

Ages 2 & older

4 WKS

(with parent / grandparent / caregiver)

Colleen Doeleman. Preschoolers (and their parent or grandparent) will enjoy creating exciting works of art using non-toxic paints. Basic project instructions will be given to preschoolers as they set out on their artistic adventure. They will journey into the world of their own imagination as they create their very own art masterpieces. A selection of art supplies will be available to artists, so they can use their own thoughts and vision to construct many different one-of-a-kind art projects. Art time is a wonderful way to bond with your child while helping them to build confidence in everyday life. Come join in on the fun and help give your little loved one memories that will last a life time. **No class on Nov 22. A supply fee of \$25 per student is payable to the instructor at the first class.** Recreation Center Classroom.

Thu	Oct 4-25	9:45-10:30a	\$58*
Thu	Nov 8-Dec 6	9:45-10:30a	\$58*
Thu	Jan 17-Feb 7	9:45-10:30a	\$58*
Thu	Feb 21-Mar 14	9:45-10:30a	\$58*



OPEN HOUSE JOIN US!

January 23, 2019

7:00 PM



Kindergarten through Fifth Grade
Half-Day & Full-Day Kindergarten

Project-Based Learning

Spanish, Physical Education,
Library, Music & Art

We're just across the bridge

8553 NE Day Road • Bainbridge Island

206-842-0400

TheIslandSchool.org

The Education
Your Child Deserves

PRESCHOOL PROGRAMS

Learn and Grow Preschool at Poulsbo Parks & Recreation

Imagine Dream Play Learn Grow



2018-2019 Learn and Grow Preschool Classes:

Tweeners (age 3 by 8/31/2018)	T/Th	9:30-11:30a	\$171 mo/\$55 registration fee*
Pre-K (age 4 by 8/31/2018)	T/Th	12:30-3p	\$182 mo/\$60 registration fee
Pre-K (age 4 by 8/31/2018)	M/W/F	9:30-12n	\$267 mo/\$60 registration fee*
Pre-K (age 4 by 8/31/2018)	M/W/F	1:00p-3:30p	\$267 mo/\$60 registration fee

*Waitlist Only

If you'd like to see the classroom, please call 360.779.9898 to set up a visit.



W: CityOfPoulsbo.com
P: (360) 779-9898
learnandgrow@cityofpoulsbo.com



Physical Address: 19540 Front St. NE, Poulsbo, WA 98370

Mailing Address: 200 NE Moe St., Poulsbo, WA 98370

Our goal at Learn and Grow Preschool is to provide your child with an environment in which he/she feels comfortable, safe, and nurtured while learning. We do this through a variety of hands on activities through both organized and free play. We offer daily crafts, music, story time and many opportunities for your preschooler to learn the necessary tools that they will need when they enter Kindergarten.

PRESCHOOL PROGRAMS

PRESCHOOL SPORTS: SOCCER!

AGES 3-6

4 WKS

Coach Julian & Coach Ashlyn. This program is designed to inspire an interest and introduction to physical sports for preschoolers. Are you ready to let the kids burn some energy through games and activities? Children will have an opportunity to explore basic concepts of sports and develop skills. They will also develop social skills such as taking turns, following directions, and playing with others. Please note, parents may be asked to participate, and children exhibiting unsportsmanlike conduct maybe asked to sit out. **Most classes are held rain or shine, dress for the weather.** Once these classes are full, additional classes may be offered, so make sure you are added to the waitlist. Raab Park.

AGE 3

Wed	Sep 12-Oct 3	4:10-4:40p	\$40*
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AGE 4/5

Wed	Sep 12-Oct 3	4:50-5:35p	\$48*
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to explore basic concepts of sports and develop skills. They will also develop social skills such as taking turns, following directions, and playing with others. Please note, parents may be asked to participate, and children exhibiting unsportsmanlike conduct maybe asked to sit out. **Most classes are held rain or shine, dress for the weather.** Raab Park.

PRESCHOOL SPORTS SAMPLER

AGES 4-5

4 WKS

Coaches Julian & Ashlyn. This introductory sports class will cover soccer, t-ball and basketball through fun warm-ups, games, and coordination development. Kids will be introduced to group activities and how to follow simple directions. Children will have an opportunity

AGE 3

Thu	Sep 13-Oct 4	4:10-4:40p	\$40*
Sat	Sep 15-Oct 6	10-10:30a	\$40*

AGE 4/5

Thu	Sep 13-Oct 4	4:50-5:35p	\$48*
Sat	Sep 15-Oct 6	10:40-11:25a	\$48*



***Event held at the Recreation Center.
Children over 6 will need to purchase a punch card for \$1.
For more info, please call 360-779-9898.***

PRESCHOOL PROGRAMS

BASKETBALL CLINICS AND CAMPS

WITH COACH HENRY GUTERSON

FALL BASKETBALL CLINICS—SKILLS AND GAMES

GIRLS & BOYS, AGE 3-8

6 WKS

Join Coach Guterson for fun, skill-building basketball clinics on Saturdays. We'll play games and do drills that improve skills, like dribbling, passing, and shooting, and we'll spend time scrimmaging every session, playing full court basketball! Stress will be placed on working hard, being good sports, and playing together as a team. **No class Nov 24.** Fall sessions will be held at Poulsbo Middle School Gym; Winter session at Poulsbo Elementary School Gym.

Sat Sep 15-Oct 20

Sat Nov 3-Dec 15

Sat Feb 16-Mar 23

3 & 4-year-olds

(2' & 4' hoops) 10:30-11:15a \$69*/session

5 & 6-year-olds

(4' & 6' hoops) 11:30a-12:20p \$75*/session

7 & 8-year-olds

(8.5' & 10' hoops) 12:30-1:30p \$79*/session



WINTER BREAK BASKETBALL CAMP

GIRLS & BOYS, AGE 3-8

Join Coach Guterson for a fun, skill-building basketball camp during Winter Break. We'll play games and do drills that improve skills, like dribbling, passing, and shooting, and we'll spend time scrimmaging every day, playing full court basketball! Stress will be placed on working hard, being good sports, and playing together as a team. Poulsbo Elementary Gym.

W/Th/F Jan 2-4

3 & 4-year-olds 9-9:45a \$39*

5 & 6-year-olds 12:15-1:15p \$49*

7 & 8-year-olds 10a-12p \$79*



POULSBO LIBRARY CHILDREN'S AND FAMILY PROGRAMS

The Poulsbo Branch of Kitsap Regional Library is located at 700 Lincoln Rd NE, Poulsbo. For more information on their programs, call them at (360) 779-2915 or visit their website at <http://www.krl.org/>. All programs are free. **The library will be closed on Sep 3, Oct 4, Nov 11, 22, 23, Dec 24, 25, Jan 1, 21 and Feb 18.**

The Kitsap Regional Library offers several storytimes to provide babies, toddlers, and preschool children, along with their families or caregivers, opportunities to build early literacy skills.

Storytimes: Stories, songs, puppets, and flannel board tales for children ages 0-6 years. Fall storytimes run Sep 10-Nov 28.

Baby (1-18 mo)	Tue	1p
Toddlers (18mo-3 yrs)	Wed	10:30a
Preschool (3-5 yrs)	Tue	10:30a
Pajama (0-6 yrs)	Mon	6:30p

Toddler Art Party: Come prepared to get messy and have fun at our art party designed for toddler and their caregivers!

Fri Oct 5 10:30-11:30a

Family Storytime at the Suquamish Museum:

Come experience a special storytime with Ms. Meg at the Suquamish Museum for all ages to enjoy!

Sat Oct 13 10:30-11:30a

Lego Club: Build with the library's mountains of LEGO!

Complete a challenge or construct from your imagination. Bring only your creativity.

Wed Sep 26, Nov 28 3:30-5p

Fall Fandom Festival: (Grades 5-7) Calling fans of all types! Come celebrate your favorite fandom with your friends at the library after it's closed. We'll have a craft/activity, scavenger hunt, cosplay contest, opportunity to work on costumes, video photo booth, and pizza.

Fri Nov 2 7-9p

PRESCHOOL PROGRAMS



Macaroni Kid Kitsap

www.Kitsap.MacaroniKid.com

Macaroni Kid Kitsap is a hyper-local website and eNewsletter that lists **(free and affordable)** fun things to do in Kitsap County!

Find your family fun!

GYMNASTICS

PLEASE READ THE DESCRIPTIONS CAREFULLY AS MANY CLASSES HAVE CHANGED. FOR YOUR CHILD TO BE SUCCESSFUL IN CLASS, PLEASE PLACE THEM APPROPRIATELY.



PROGRAM GOALS: To introduce the sport of gymnastics to children ages 18 months to 12 years. This program encourages development of gross motor skills, body awareness, flexibility, strength, and confidence in a fun and safe environment.



WHO'S TEACHING? Gymnastics supervisor and coach Kris Goodfellow has over 20 years of coaching experience. Kris is the North Kitsap High School head gymnastics coach, and the North Kitsap School District's 2002 & 2014 Coach of the Year and the 2010 and 2014 WSGCA Coach of the Year. She is safety certified by USA Gymnastics and is also a Kinder Accredited Teacher through USA Gymnastics. Also coaching classes are NKHS gymnasts Junko Ketch, Nicholas Soboleski and Ashlyn Allen.



WHAT TO WEAR:

Girls: Leotards with or without stretch pants or shorts and no socks.

Boys: Well-fitting T-shirt and shorts or sweat pants and no socks.

- NO jeans, including pants with buckles, zippers, or buttons as they can injure the gymnast, the coach or equipment.
- NO tights with feet (they are slippery on the equipment).
- Long hair should always be pulled back from the gymnast's face and off the neck. Try to keep all ponytails and barrettes at the back of the head and not on top of the head as they interfere with tumbling.



REGISTRATION NOTES: Sessions are 4 weeks long with one short 3-week session in December. If you are interested in attending more than one session, please register for ALL of them at the same time. This is the only way to ensure a spot in the class you want. Classes are limited, so sign up early!! As classes fill, more may be added. Make sure you ask to be on the waitlist if a class is full, so we know to add another one.

PARENT-TOT GYMNASTICS

AGES 18 MO-3 YEARS

Children and their parents will work on their motor skills in a safe and playful environment. This class is child led and loosely structured allowing parents and tots access to all gymnastics equipment for lots of fun and exploration.

Parent participation is required, and siblings are not allowed to participate unless they are registered for the class. No class on Oct 2 or 31.

Tue	9:30-10a	9/18-10/16	10/30-11/20	\$39* / 4 wks
Tue	9:30-10a	12/4-12/18		\$29* / 3 wks
Wed	9:30-10a	9/19-10/10	10/24-11/21	\$39* / 4 wks
Tue	9:30-10a	1/22-2/12	3/5-3/26	\$39* / 4 wks
Wed	9:30-10a	1/23-2/13	3/6-3/27	\$39* / 4 wks

TUMBLING TOTS

AGES 3 & 4

Students will be introduced to the basic skills of gymnastics in a fun and fast paced environment. Focus is on developing coordination, strength, balance, and flexibility. We will also develop social skills such as how to take turns, how to follow directions and how to work with others. This is a fully structured class, but parent participation is encouraged if necessary. **No class on Oct 2 or 31.**

Tue	10:15-10:45a	9/18-10/16	10/30-11/20	\$43* / 4 wks
Tue	10:15-10:45a	12/4-12/18		\$32* / 3 wks
Wed	10:10-10:40a	9/19-10/10	10/24-11/21	\$43* / 4 wks
Wed	4:45-5:15p	9/19-10/10	not offered	\$43* / 4 wks
Tue	10:15-10:45a	1/22-2/12	3/5-3/26	\$43* / 4 wks
Wed	10:10-10:40a	1/23-2/13	3/6-3/27	\$43* / 4 wks
Wed	4:45-5:15p	not offered	3/6-3/27	\$43* / 4 wks

GYMNASTICS



BEGINNING KINDERGYM

AGES 4-6

Students will be introduced to basic tumbling skills, balance beam & bar work, vaulting technique, rings, and rope. Class focus is on coordination, strength, and spatial awareness. **No class on Sept 27, Oct 2 or 31.**

Mon	4:35-5:20p	9/17-10/8	10/15-11/5	\$55* / 4 wks
Tue	4:45-5:30p	9/18-10/16	10/30-11/20	\$55* / 4 wks
Wed	10:45-11:30a	9/19-10/10	10/24-11/21	\$55* / 4 wks
Wed	3:55-4:40p	9/19-10/10	not offered	\$55* / 4 wks
Thu	9:30a-10:15a	9/13-10/11	10/25-11/15	\$55* / 4 wks

Mon	4:35-5:20p	not offered	3/4-3/25	\$55* / 4 wks
Tue	4:45-5:30p	1/22-2/12	3/5-3/26	\$55* / 4 wks
Wed	10:45-11:30a	1/23-2/13	3/6-3/27	\$55* / 4 wks
Wed	3:55-4:40p	not offered	3/6-3/27	\$55* / 4 wks
Thu	9:30a-10:15a	1/24-2/14	3/7-3/28	\$55* / 4 wks

BEGINNING GYM

AGES 7-12

Students will be introduced to basic tumbling skills, balance beam & bar work, vaulting technique, rings, and rope. Class focus will be on strength, flexibility, and confidence building.

Tue	5:40-6:30p	9/18-10/16	10/30-11/20	\$55* / 4 wks
Thu	5-5:50p	9/13-10/11	10/25-11/15	\$55* / 4 wks

Tue	5:40-6:30p	1/22-2/12	3/5-3/26	\$55* / 4 wks
Thu	5:40-6:30p	not offered	3/7-3/28	\$44* / 3 wks

INTERMEDIATE GYMNASTICS

AGES 7-12

Building on skills learned in the beginning class. Students need to know all body positions, backward rolls, and cartwheels. **Instructor permission required.**

Thu	6-6:50p	9/13-10/11	10/25-11/15	\$55* / 4 wks
Thu	6-6:50p	not offered	3/7-3/28	\$55* / 4 wks

ALL STARS

AGES 6-11, BY INVITATION

Class needs instructor permission to register and is by invite only. Advanced level students who have completed Intermediate Gymnastics. **No class on Oct 31.** Class held at Breidablik Elementary in the High School Gymnastics Gym.

Wed	6-7p	9/19-10/10	10/24-11/21	\$65* / 4 wks
Wed	6-7p	not offered	3/6-3/27	\$65* / 4 wks

YOUTH PROGRAMS

PRIVATE PIANO LESSONS

Ages 7-Adult or as arranged with the instructor.

Megan Hennings. Have you always wanted to play that certain tune? Unravel the mysteries of the piano? Now is your chance to learn! We're offering holistic music instruction with an emphasis on creating an enjoyable learning experience. Cultivation of a life-long love of music is our highest priority. Course content tailored to suit your individual interests, with teaching goals most often including development of independent learning skills and strong playing skills.

Format: private instruction with scheduled group lessons. Half-hour instruction once per week with 45-minute lessons available for more advanced students. Lessons are held on Tue, Wed, Thu and Fri. Fee includes event fees for up to 4 events per year. Daytime slots available for adult and non-traditional students as well. Materials are not included in class fee. **Please call the Recreation Center at 360-779-9898 to arrange lessons.** Recreation Center Piano Studio.

Fall Quarter:

30 min lessons:

45 min lessons:

Tue-Fri Sep 18-Dec 21 (14 wks)

\$345 or \$115 per month (due Sep 18, Oct 15, and Nov 15)

\$510 or \$170 per month (due Sep 18, Oct 15, and Nov 15)

Winter Quarter:

*Please note that classes will begin before Winter Break is over for NK School District students.

30 min lessons:

45 min lessons:

Tue-Fri Jan 2*-Mar 29 (13 wks)

\$322 or \$107 per month (due Jan 2, Feb 1, Mar 1)

\$476 or \$158 per month (due Jan 2, Feb 1, Mar 1)

Spring quarter:

30 min lessons:

45 min lessons:

Tue-Fri Apr 9-Jun 21 (11 wks)

\$280 or \$94 per month (due Apr 9, May 1, Jun 1)

\$410 or \$136 per month (due Apr 9, May 1, Jun 1)

Fees will be prorated if student begins mid-session.

Here You Can

spark curiosity

SEA Discovery Center

SEA is an interactive learning facility and aquarium located at the Liberty Bay Marina in Poulsbo, offering both youth and adult programs. Bring the family and enjoy a day of science and art exploration through hands-on activities and fascinating lectures.

www.edu/SEA



Active Minds Changing Lives AA/EO

YOUTH PROGRAMS

BEGINNING GUITAR

AGES 8-ADULT

6 WKS

Miss Patrice. Private lessons are 1/2 hr and designed to have an emphasis on music theory, tablature, and fun. This course will teach you the FUNDamentals of acoustic or electric guitar. We start off with the absolute basics, from parts of the guitar, how to read music, simple strumming patterns, open chords & power chords. Each lesson is individualized to how the student learns best & progress depends much on home practice. **Please come to class with a smile & guitar in good working order. A \$15 materials fee due at the first lesson includes guitar picks & book. Missed lessons may or may not be made up at the discretion of the instructor for a maximum of 2 lessons, provided 24-hour cancellation notice has been given.** Recreation Center Preschool Room.

Tue	Nov 13-Dec 18	time varies	\$145*
Tue	Jan 15-Feb 19	time varies	\$145*
Tue	Mar 5-Apr 9	time varies	\$145*

1/2 hour pre-arranged private lesson between 4 & 6p.

BEGINNING TO ADVANCED GUITAR

AGES 8-ADULT

MONTHLY (4 LESSONS/MO)

Craig Dell. Private 45-minute acoustic or electric guitar lessons, designed for beginning, intermediate and advanced students. Lessons will be tailored to the student's level and will include reading music notation, tablature, basic chords, and strumming techniques. Lessons will be scheduled between 1p and 8p. **Students must bring an acoustic or electric guitar in good working order. Music will be provided for beginning students; Intermediate/Advanced students will be asked to purchase specific books.**

Lessons will be held on Mondays, Sep 10-Oct 1; Oct 8-29; Nov 5-26; Dec 3-17; Jan 7-28; Feb 4-25 and Mar 4-25. Participants will automatically be registered for the next month on the 15th of the previous month to hold their scheduled lesson time. Monthly fee is due at first lesson of each month. Missed lessons may or may not be made up at the discretion of the instructor for a maximum of 2 lessons, provided 24-hour cancellation notice has been given. **No lessons on Nov 12. Lessons will be held on Martin Luther King Day and Presidents Day.** Recreation Center Music Room.

Sep, Oct, Jan, Feb & Mar (4 lessons)

Mon time varies \$167/mo

Nov & Dec (3 lessons)

Mon time varies \$119.25/mo

YOUTH DRAWING CLASS WITH YOUNG REMBRANDTS

AGES 6-12

3 WKS

Young Rembrandts. A Different Kind of Learning. A Powerful Kind of Fun... Welcome to Young Rembrandts! We teach drawing with a see - touch - do method that all kids can succeed with, learn from and love! Our elementary age curriculum is designed to teach basic to advanced drawing skills, art techniques, and vocabulary. Recreation Center Classroom.

Wed	Sep 26-Oct 10	4-5p	\$44*
Wed	Jan 23-Feb 6	4-5p	\$44*

CARTOONING

AGES 6-12

3 WKS

Young Rembrandts' cartoon classes are based on their original, top quality curriculum with the additional excitement of cartooning. Lessons teach children how to create original cartoon characters and draw action and expression to convey moods. While cartooning is fun and engaging, your child will gain mastery in a unique drawing style and improve their core learning skills. Young Rembrandts strives to inspire a child's imaginative spirit and boosts classic learning skills. Don't miss out, enroll now! Recreation Center Classroom.

Wed	Nov 7-21	4-5p	\$44*
Wed	Mar 6-20	4-5p	\$44*

Join us for The Island School's 35th Annual

Carnival!



Saturday, Oct. 6

Noon - 4 PM

A Family-Friendly Community Tradition!

Live Music • Used Book Sale • Delicious Food • Games for All Ages



8553 NE Day Road • Bainbridge Island
206-842-0400 • TheIslandSchool.org

YOUTH PROGRAMS

PAINT IN THE PARK

AGES 5-95

1 CLASS

Rachel McCreight. Enjoy 2 hours of quality time with friends and family as you paint a creation from start to finish on pallets! This instructor-led class will walk you through the steps to create an art masterpiece using stencils and weathering techniques on one-of-a-kind wooden pallets. The unique class style allows you the option to choose your art work on site with over 150+ designs to choose from. **Open to all skill sets and ages. All materials included.** Various Poulsbo parks.

Nelson Park

Sat	Sep 15	1-3p	\$35*
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Raab Park

Sat	Oct 6	1-3p	\$35*
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M. Williams Waterfront Park

Sat	Mar 23	1-3p	\$35*
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PALLET PAINTING

AGES 5-95

1 CLASS

Rachel McCreight. Enjoy 2 hours of quality time with friends and family as you paint a creation from start to finish on pallets! This instructor-led class will walk you

through the steps to create an art masterpiece using stencils and weathering techniques on one-of-a-kind wooden pallets. The unique class style allows you the option to choose your art work on site with over 150+ designs to choose from. **Open to all skill sets and ages. All materials included.** Recreation Center Classroom.

Sun	Nov 4	2-4p	\$35*
Sun	Jan 13	2-4p	\$35*
Sat	Feb 23	1-3p	\$35*

SCIENCE SAFARI

GRADES 1-5

4 WKS

Erica Saint Clair. Join Dr. Erica on a variety of science adventures that kids will delight in as they learn through hands-on play. We will find the Maker in every child as we craft paper circuits, blast off to Mars, learn about lasers and light, conquer engineering challenges, and more! Each 4-week session will have its own focus, allowing kids to gain knowledge and skills through fun. **All supplies and materials included.** Suquamish Elem.

Wed	Oct 3-24	3:30-5p	\$117*
Wed	Nov 7-28	3:30-5p	\$117*
Wed	Jan 23-Feb 13	3:30-5p	\$117*
Wed	Mar 6-27	3:30-5p	\$117*

DADDY DAUGHTER DANCE

SATURDAY, FEBRUARY 9

6:30-9pm

KINGSTON MIDDLE SCHOOL

\$13
per person

Ages 5 and up.

Advanced sign-up required.

Register NOW! Tickets sell out fast.

CO-SPONSORED BY THE MISS VIKING FEST COURT AND MISS WESTSOUND

YOUTH PROGRAMS



BABYSITTER BOOT CAMP

AGES 12-17

1 CLASS

Linda Chandler. Babysitting is usually a teenager's first attempt at building and running a small business. The Child and Babysitting Safety (CABS) course comes with a magazine-format guide designed to engage and inform the aspiring babysitter. It gives teenagers everything they need to know, from getting started, to dealing with parents and children, to key safety, caregiving, and first aid tips. The CABS course gives teenagers essential information, but it doesn't read like a textbook. We've broken childcare and babysitting down into sections, combining practical information with graphics and images designed to pull teenagers in and keep them engaged. Recreation Center Kitchen.

Sat	Oct 20	10a-1p	\$68*
Sat	Feb 9	10a-1p	\$68*

TEEN VOLUNTEER INTERNS WANTED!

Poulsbo Parks and Recreation seeks dedicated teen volunteers to assist our professional instructors with youth programs. Interns will gain valuable work experience while earning community service hours. Qualified youth will be age 13 or older; enjoy children; have a positive and enthusiastic attitude; have an interest in arts, crafts, sports, and other recreational activities; be dependable and a positive role model. Interns will need to make a time commitment that will vary depending upon the season. Fall & Winter session could be 1-4 hours per week for up to 5 weeks; Spring & Summer session could include weekly camps and a commitment of 2-20 hours for an entire week. For more information, call Kris Goodfellow at 360-779-9898. Applications are available at www.cityofpoulsbo.com.

POULSBO LIBRARY TEEN PROGRAMS

The Poulsbo Branch of Kitsap Regional Library is located at 700 Lincoln Rd NE, Poulsbo. For more information on their programs, call them at (360) 779-2915 or visit their website at <http://www.krl.org/>. All programs are free. **The library will be closed on Sep 3, Oct 4, Nov 11, 22, 23, Dec 24, 25, Jan 1, 21 and Feb 18.**

TEEN BOOK LOVERS PODCAST

Grades 6-12. Join the Book Lovers Podcast on the first Friday of each month, a monthly show produced by and starring the Poulsbo Teen Advisory Board and share your love of reading with the world!

Fall:	Fri	Sep 7, Oct 5, Nov 2	3:30-5p
Winter:		Dates TBD	

TEEN CLUBHOUSE

Grades 6-12. Explore your interests with others who share them on the second, fourth, and fifth Friday of each month. Try out new tech, play games, learn a skill, or hang out and find what inspires you.

Fall:	Fri	Sep 14-Nov 9, except for TAB Fridays (Sep 21, Oct 19, Nov 16) and Podcast Fridays (Sep 7, Oct 5, Nov 2), 3:30 to 5p.
Winter:		Dates TBD

TEEN ADVISORY BOARD (TAB)

Grades 6-12. Join TAB on the third Friday of each month, a leadership group for teens to help shape the Library. Express your interests, develop leadership skills, help plan and implement special events and earn volunteer credit for school. Plus, there will be snacks.

Fall:	Fri	Sep 21, Oct 19, Nov 16	3:30-5p
Winter:		Dates TBD	

YOUTH PROGRAMS

TEEN FALL EVENTS

Fandom Festival: Grades 5-7. Calling fans of all types! Come celebrate your favorite fandom with your friends at the library after it's closed. We'll have a craft/activity, scavenger hunt, cosplay contest, opportunity to work on costumes, video photo booth, and pizza.

Fri Nov 2 7-9p FREE
Registration required.

Poulsbo Teen Advisory Board Presents:

Movie Night: Grades 6-12. Come for a night of movies, snacks, and trivia after the library has closed. Presented by the Poulsbo Teen Advisory Board.

Fri Nov 9 5:30-8:30p FREE

SHO-REI-SHOBU-KAN OKINAWAN GOJU-RYU KARATE-DO

AGES 8-ADULT

4 WKS

Charles Todd. This is a traditional Okinawan style of Karate as referenced in the Karate Kid movies. Instructor will work with students at all levels. Students will learn self-discipline as an effective means of self-defense. Focus on building strength, discipline, and moral character. Students will learn basic techniques associated with this karate style. Learn how to deescalate an awkward situation and be more aware of your surroundings. A great way to get in shape, fun for the whole family! **Students will need to purchase a Gi (karate uniform); information for purchase will be available from the instructor at the first class.** Charles Todd is a 4th degree black belt and a certified instructor under the Sho-Rei-Shobu-Kan organization. Mr. Todd has been active in Karate for over 35 years. **No class Oct 31, Dec 26 or 29.** Recreation Center Gym.

Wednesdays	6:45-7:45p
Saturdays	10a-12p
Sat & Wed classes:	\$85* per session
Sat only classes:	\$55* per session
+ Dec Wed/Sat session:	\$75*
Session 1:	Sep 5-29
Session 2:	Oct 3-27
Session 3:	Nov 3-28
Session 4:	Dec 1-22+
Session 5:	Jan 5-30
Session 6:	Feb 2-27
Session 7:	Mar 2-23



ARCHERY

AGES 8 & OLDER

4 WKS

Laura Christman. This archery class will be geared towards teaching beginning archers in a safe environment. Students will learn the fundamentals of archery, including the nine steps to the ten ring and parts of the bow and arrow. The class will also strive to promote ideas that are important in life as well as archery, such as good sportsmanship, safety, and a desire to better oneself in whatever one does. Continuing archery students are encouraged to register and our rangemaster will work with the student, so they are continuing to build on their skill and accuracy. Bow, arrows, and a wrist guard will be provided but students are welcome to bring their own if they own one. **No class Nov 22.** Recreation Center Indoor Range.

Thu	Sep 20-Oct 11	5-5:50p	\$56*
Thu	Sep 20-Oct 11	6-6:50p	\$56*
Thu	Nov 8- Dec 6	5-5:50p	\$56*
Thu	Nov 8- Dec 6	6-6:50p	\$56*
Thu	Jan 24- Feb 14	5-5:50p	\$56*
Thu	Jan 24- Feb 14	6-6:50p	\$56*
Thu	Feb 28- Mar 21	5-5:50p	\$56*
Thu	Feb 28- Mar 21	6-6:50p	\$56*



Register Online!



CityOfPoulsbo.com/register

YOUTH SPORTS

BASKETBALL CLINICS AND CAMPS

WITH COACH HENRY GUTERSON

FALL BASKETBALL CLINICS— SKILLS AND GAMES

GIRLS & BOYS, AGE 3-8

6 WKS

Join Coach Guterson for fun, skill-building basketball clinics on Saturdays. We'll play games and do drills that improve skills, like dribbling, passing, and shooting, and we'll spend time scrimmaging every session, playing full court basketball! Stress will be placed on working hard, being good sports, and playing together as a team. **No class Nov 24.** Fall sessions will be held at Poulsbo Middle School Gym; Winter session at Poulsbo Elementary School Gym.

Sat Sep 15-Oct 20

Sat Nov 3-Dec 15

Sat Feb 16-Mar 23

3 & 4-year-olds (2' & 4' hoops)

10:30-11:15a \$69*/session

5 & 6-year-olds (4' & 6' hoops)

11:30a-12:20p \$75*/session

7 & 8-year-olds (8.5' & 10' hoops)

12:30-1:30p \$79*/session

WINTER BREAK BASKETBALL CAMP

GIRLS & BOYS, AGE 3-8

Join Coach Guterson for a fun, skill-building basketball camp during Winter Break. We'll play games and do drills that improve skills, like dribbling, passing, and shooting, and we'll spend time scrimmaging every day, playing full court basketball! Stress will be placed on working hard, being good sports, and playing together as a team. Poulsbo Elementary Gym.

W/Th/F Jan 2-4

3 & 4-year-olds

9-9:45a

\$39*

5 & 6-year-olds

12:15-1:15p

\$49*

7 & 8-year-olds

10a-12p

\$79*



Help Your Child Be World Class at Anything....



Through Becoming a

Black Belt!!

All the Attitudes, Beliefs, and Strategies your child will learn to become a Black Belt, are the same Attitudes, Beliefs, and Strategies for them to be World Class at Achieving Any Other Goal in Life!!

**6 Weeks - Only \$79
And FREE! Uniform!**

UKOKarate.com

360-871-5454

New Students Only. Not good with any other offer. Offer Expires December 15, 2018

YOUTH SPORTS

VOLLEYBALL: INTRAMURAL FALL GIRLS RECREATIONAL LEAGUE

GIRLS, GRADES 5-8

Registration starts in August!

Coaches and Interested Adults needed!

Fall volleyball through Poulsbo Parks and Recreation, drawing players from the NK and CK areas. There will be 8 games per team starting late September and going through Nov 9. Open gyms will be held to allow the girls time on the floor with all the coaches and facilitate an equal distribution of talent to all teams. Teams will be selected the week of Sept 17. There may be some travel required to gyms in Central Kitsap and Bl.

Weekday evenings Sep-Nov 9 \$129*

Open gym practices for registered players:
Mon/Wed, 6-8p, starting Mon, Sep 10!

VOLLEYBALL: FALL GIRLS TRAINING PROGRAM!

GIRLS, GRADES 2-4

8 WKS

Registration starts in August!

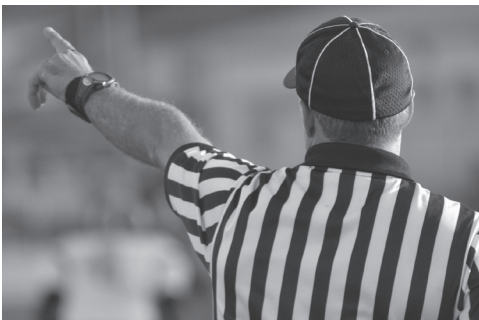
Here is your start into volleyball!! Practices are Tuesdays & Thursdays, geared to introduce and train your young player in volleyball skills! Our goal is to create a love of the game and give the girls the basic skills to compete in match play. We use reduced height nets and Volleylites through the training. Skills and internal scrimmages will be worked on throughout the session. Vinland Elem Gym.

Tu/Th Sep 18-Nov 8 5:15-6:45p \$119*

Fee includes a team tee!

INTERESTED IN BEING A BASKETBALL OFFICIAL?

All of Poulsbo Parks and Recreation basketball leagues use paid officials. If you are interested in working as an official, please give us a call (360-731-1938) or email (jschiel@cityofpoulsbo.com) and we'll get you started! Games commence early Oct and continue through end of May! Saturday games starting Jan 12. Normally 2 officials per court per game.



BASKETBALL: FALL COUNTY RECREATIONAL

GIRLS: GRADES 3-8; BOYS: GRADES 3-8

Registration starts in August!

Poulsbo Parks and Recreation is taking registrations for all athletes, with teams hitting the courts after schools open, as they form. Games will start in late Sep. Fall basketball games will be jointly conducted with SKYAA, a South Kitsap youth organization. There will be divisions for boys and girls at 3/4th grades, 5/6th grades and 7/8th graders. Officiated games are played during weekday evenings in NK and SK gyms.

Visit http://cityofpoulsbo.com/parks/parks_sports.htm for a registration form or call 360-779-9898 more information.

Weekday evenings Sep-Nov 9 \$99*

NK Reversible Jersey, if needed: \$25

WINTER BASKETBALL FOR GIRLS: GRADES 7 & 8

Registrations are being taken now!

Games will be held on Sundays and team practices can start as early as Nov 5th! Practices for girls in 7/8th grade run November through mid-January, finishing in conjunction your school team's season start. Games are double headers on Sundays in local HS and MS gyms. Games start the weekend of Dec 2 and continue to a playoff the weekend of Jan 19/20. Minimum 9 games, which include playoff games.

No games Dec 23, Dec 30.

Weekends Dec 2-Jan 20, playoffs Jan 19/20 \$139*

NK Reversible Jersey, if needed: \$25

COACHES, COACHES, COACHES!

It's never been more important! Families, community, and individuals joining together for our young people.

To be successful, youth sports programs need caring, compassionate adults who are willing to devote some of their limited time to the kids. You don't have to be an expert on the sport of choice! We have lots of helpful resources, including people that are willing to help you help our kids enjoy themselves.

This is quality time for our young people. They are practicing physical and mental skills, interacting with their peers and adults in a healthy atmosphere and learning the ability to compete towards a goal as part of a team and as an individual. Call Joe at Parks and Rec, (360) 731-1938, for more information on this valuable opportunity.

Recycle previously purchased Purple and Gold Jerseys! If you have a purple and gold jersey used in the Parks and Rec basketball program that is still in good condition (no tears, numbers clearly visible, and clean), you can turn them in for a \$5 credit. Also, if you wish to purchase a used jersey, the cost is \$5!

YOUTH SPORTS

BASKETBALL: WINTER RECREATIONAL LEAGUE

BOYS AND GIRLS: GRADES 2-8

This is the best recreation basketball program available in the area! Our league provides consistent practices during the week (routinely 2 practices per week) for the duration of the season, team assignments based on player/coach/parent requests simplifying ride shares and friends on the same team, constant contact with the league coordinator for problem solving and scheduling issues, and 2 paid officials for all games. Games are on Saturdays!

2nd through 5th grade divisions play half court, man to man defense only, to help each player be actively involved in play. This is the safest, most enjoyable league your child will have the opportunity to play in. The emphasis continues to be on equal playing time, safe play, and good sportsmanship. Girl and boy program specifics are listed below. **Early registration deadline is Fri, Nov 9. First practices will start the week of Nov 26th!**

Poulsbo has partnered with Bainbridge Island P&R to improve the number of teams at each grade level! Divisions will be split into gold and silver divisions if numbers support and, for 6th grade and above, there will be end-of-season playoffs!!! Visit http://cityofpoulsbo.com/parks/parks_sports.htm for a registration form or call 360-779-9898 more information.

BOYS AND GIRLS: GRADES 2-5

For girls and boys in grades 2-5, we have a winter recreational basketball instructional league. This league offers 2 practices per week, half-court defense only and mandatory rotations, solid competition, and a fun, learning experience. League divisions will be by grade and competition is against other area teams, same grade, and gender. 2nd and 3rd grade boys and girls will routinely use a hoop height of 9 feet for games. 5th grade teams will have the option (if both coaches agree) to play normal HS rules! **2nd and 3rd grade teams will use a junior size ball; 4th and 5th grade teams will use a 28.5" ball.**

Saturday games, weekday practices; games start the first weekend in Jan through mid-March. **Calling all coaches!** North Kitsap & BI gyms.



GIRLS: GRADE 6 AND BOYS: GRADES 6-8

Games start the first week of January after the Middle School boy's season ends! Enjoy the benefits of your school training by putting your skills on the court for a full season of games! With enough teams, we will divide divisions into silver and gold brackets to keep talent levels close. **All 6th grade boys and girls will use a 28.5" ball; 7/8th boys will use the official size men's ball.** All divisions in this group will compete in an end of season playoff, culminating in a day of championship play, Sat, March 9!

2/3/4th grade teams

Minimum of 8 league games. Fee: \$125*

5/6/7/8th grade BOYS and 5/6th grade GIRLS teams

Minimum of 9 games thru the season. Fee: \$139*

NK Reversible Jersey, if needed: \$25

UH, OH!

IT'S BEEN CANCELLED?!



We don't like cancelling classes either!
Unfortunately, sometimes people wait too long
to register and we have to.

Please remember to register early to avoid disappointment!





Register Online!

CityOfPoulsbo.com/register



YOUTH SPORTS

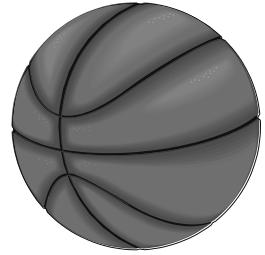
Saturday, Jan 5th, 2019

Kingston's

3 on 3

HIP HOP HOOP

BASKETBALL TOURNEY



Boys and Girls Divisions,
Grades 3-8, Max 5
players to a team.

Cost: \$75 per TEAM. If all members of the team are registered with Poulsbo P&R Winter BB, the team fee is \$55!

All games held at Kingston Middle School. All team registrations must be complete by 10am, Saturday, Jan 5th. First games start at noon! Enter our Shooting Contest, which starts at 9:30am in the main gym!

KINGSTON 3-ON-3 HIP HOP HOOP SHOOT

Sat, Jan 5th at Kingston Middle School!

Boys and Girls: Grades 3-8

We are looking for sponsors for this event!!

The premier annual 3-on-3-basketball event of Kitsap County! There are divisions for females and males, from 3rd-8th grade. Champion t-shirts awarded to division winners, medals to 2nd place division winners; trophies to pre-tournament contest winners. Good sportsmanship required. Volunteers needed.

Registration closes at 10a on Jan 5th! Free Throw, Bump and Hot Spot contests start at 9:30a. 3 on 3 tourney games will begin at noon. 3rd-6th grade divisions will start competition between noon & 3 pm. Older divisions will start competition between 1 & 5 pm.

A player can register on one team only in any one division. Max of 5 players per team.
Team fee only: \$75 per team.

For Poulsbo Parks & Rec Winter Rec teams! If all players are currently registered with Poulsbo Parks & Recreation for Winter Rec Basketball, you receive a \$20 discount; only \$55 per team!

Special contests \$3 cash/check only. Register at gym morning of event.

YOUTH SPORTS

VOLLEYBALL: WINTER CLINIC

GIRLS GRADES 3-8

6 CLASSES

Parks and Rec will be hosting a Volleyball Training Clinic using instructors from Kitsap Volleyball Club this winter! We will be teaching basic to advanced techniques for girls in grades 3-8. The different skill sets that will be covered are passing, setting, hitting, individual defense, and serving, focusing on proper techniques! Find a new way to improve your game, whether you are a recreational player or a competitive one! North Kitsap School District Gyms.

Six Saturdays scheduled between Jan 12-Mar 2.

Instructors will assign girls during first clinic day.

Grades 3-5: 5:30-6:45p \$99*

Grades 6-8: 6:45-8:15p \$99*

VOLLEYBALL: SPRING GIRLS TRAINING PROGRAM!

GIRLS, GRADES 2-4

8 WKS

Registration starts in February!

Here is your start into volleyball!! Practices are Tuesdays & Thursdays, geared to introduce and train your young player in volleyball skills! Our goal is to create a love of the game and give the girls the basic skills to compete in match play. We use reduced height nets and Volleylites through the training. Skills and internal scrimmages will be worked on throughout the session. Vinland Elem Gym.

Tu/Th Apr 9-May 30 \$119*

Fee includes a team tee!

VOLLEYBALL: SPRING GIRLS RECREATIONAL LEAGUE

GIRLS, GRADES 5-8

Registration starts in February!

Coaches and Interested Adults needed!

To our community adults that have played volleyball in the past – each spring, we put together a volleyball league much like our recreational basketball program. We need you, the adults, with some volleyball experience and energy, to help teach our young ladies this exciting sport. Games will be officiated by regulation officials. Practices and games will be weekdays, Mon-Fri.

This builds on our fall season; the continued exposure for the girls will benefit the athletes for years to come! We are offering volleyball through Poulsbo Parks and Recreation, drawing players from the NK, BI, and CK areas. For the 5-8th graders, there will be 7 matches per team from late Apr - Jun 1, followed by a min of 2 matches in a playoff situation! We expect to field two divisions; an upper and lower division. There will be some travel required to gyms in Central Kitsap and BI. Registration forms will be available online this winter or call 360-779-9898 for more information. **Practices will start late March/early April, or as soon as your team forms!** NK, CK, Bainbridge Island gyms.

Weekday evenings Mar 11-Jun 8 \$139*

Fee includes team tee!

BASKETBALL: SPRING COUNTY RECREATIONAL

GIRLS AND BOYS: GRADES 3-8

Registration starts in February!

Poulsbo Parks and Recreation is taking registrations for all athletes, with teams hitting the courts as they form. Games will start late April. Spring basketball games will be jointly conducted with SKYAA, a South Kitsap youth organization. There will be divisions for boys and girls in 3/4th, 5/6th and 7/8th grades. Officiated games are played during weekday evenings in NK and SK gyms. Registration forms will be available online or call 360-779-9898 for more information.

Weekday practices will begin in mid-March/early April. Weekday games in the evenings; late April thru early June.

Fee: \$99*

NK Reversible Jersey, if needed: \$25.

NORTH KITSAP LACROSSE

BOYS & GIRLS: GRADES 3-12

If you are a girl or boy that wishes to participate in the fastest sport on two feet, lacrosse is the game of skill and swiftness you've been waiting to play. Lacrosse is the premiere sport for those wishing to challenge themselves while experiencing and honoring the oldest game in North America. Football, soccer, and basketball players will also find it to be the best cross-training sport available in North Kitsap. Our teams participate in girl's and boy's leagues in Washington State.

We anticipate fielding the following teams for the 2019 Spring Season leagues:

Boys: HS Varsity*, HS JV, and Middle School 7/8th grade division.

Girls: HS JV League.

Coed: 5/6th grade division.

*HS Varsity players are eligible to earn a Lacrosse varsity letter through Parks and Rec if recommended by the Head Coach.

PRE-SEASON TEAM MEETING

North Kitsap Lacrosse will host a pre-season team meeting on **Mon, Oct 15 at 6p** at Poulsbo Parks and Recreation. **A separate meeting for Elementary School teams will be held on Tue, Oct 16 at 6p** at Poulsbo Parks and Recreation. Parents will have an opportunity to meet the coaches, ask questions about the sport or league and submit spring season registrations. Questions, please call 360-779-9898.

YOUTH SPORTS

LACROSSE SPRING SEASON

Team formation (number of teams and level of play) are based on registrations received by Nov 5. **The \$250/\$150 (based on age group) spring season registration deadline is Mon, Nov 5th.**

All players registering prior to the deadline will be guaranteed assignment to a team. Registrations will continue after Nov 5th until all teams are full. Additional family volunteer hours or financial/fundraising commitments may be required. Details will be available at the preseason team meeting. Students in good academic standing attending schools (including home schools) within the NK school district boundaries are eligible to play. **All players must present current USL cards (US Lacrosse) by close of business Friday, first week of practice. Individual memberships can be accomplished at <http://www.uslacrosse.org>.** Questions? Please contact the team representative: Jason Mauk, 360-286-8103 or jasonmauk@fastmail.com.

LACROSSE HIGH SCHOOL

BOYS & GIRLS: GRADES 9-12

Coaches will assess each player's ability at the beginning of the season to determine the best team for the players. All HS teams participate within competitive Washington state leagues and sometimes out of state teams.

Games usually occur weeknights with away games mostly within the Seattle, Tacoma, Redmond, and Peninsula areas. Practice dates and game schedules will be posted prior to the first day of practice. Current sports physical is required. **High School players must provide their own gear – Boys: helmet, pads, stick, mouth guard and cup and Girls: stick, goggles, and mouth guard.** NKHS Practices will be held at Strawberry Field between Poulsbo Middle School and Poulsbo Elementary, 4:30-6:30p. KHS practices will be held at Wolfe Elementary, lower field.

Practices: 4:15-6:15p
Mon-Fri Feb 25-Mid-May
Fee: \$275* Register by Nov 5, pay only \$250!

LACROSSE MIDDLE SCHOOL

BOYS: GRADES 7-8

The middle school program is the best opportunity to learn the fastest growing sport in the region. Emphasis is on skill development and fun. Games usually occur on Saturday with away games mostly within the greater Seattle area. Practice dates and game schedules will be posted prior to the first day of practice. **Players must provide their own gear – helmet, pads, stick, mouth guard and cup** Practices will be held at Strawberry Field between Poulsbo Middle School and Poulsbo Elementary.

Practices: 4:30-6:30p
Mon-Th Feb 4-21
Mon-Fri Feb 25-Mid-May
Fee: \$275* Register by Nov 5, pay only \$250!

LACROSSE YOUTH COED

GIRLS & BOYS: GRADES 5-6

The Coed Lacrosse program introduces the basics of lacrosse and fun. There are 2-3 practices per week (specific days TBA), and games on Saturdays, with away games mostly within the south Puget Sound area. Practice dates and game schedules will be posted prior to the first day of practice.

Equipment (helmet, pads, and stick) will be loaned to players with a \$150 refundable equipment deposit. Players must provide their own mouth guard and cup (boys). Players are required to purchase a reversible uniform (~\$80) from NKLAX. No physical required. Practices will be held at Strawberry Field between Poulsbo Middle School and Poulsbo Elementary.

Practices: 4:30-6:30p
Mon-Th Feb 4-21
Mon-Fri Feb 25-Mid-May
Fee: \$175* Register by Nov 5, pay only \$150!





Register Online!

CityOfPoulsbo.com/register



YOUTH SPORTS



NKHS SAIL RACING TEAM 2018/19

SPRING TEAM SAILING

GRADES 8-12

Spring season competition is in Doublehand and Team Racing, sailing primarily in FJ's. Practices will be 4 days per week with travel to competitions on most weekends. **No previous sailing experience required.** Students in grades 8-12 enrolled in any North Kitsap area school are eligible. Port of Poulsbo.

Preseason Meeting for all sailors and parents:
Tues, Jan 22, 2019, 6pm, Recreation Center.

Mon-Thu Feb-May 2:45-5:30p
Spring Sailing Fee: \$229*

For more information on high school sailing visit: www.nwisa.org.

SUMMER INSTRUCTOR EMPLOYMENT OPPORTUNITIES!!

Our sailing program uses US Sailing certified instructors for their summer camps. Those instructors routinely come from our sailing team and our community. If you are interested in teaching summer camps and have or have the desire to complete the US Sailing instructor qualifications, please call Joe at Parks & Rec at (360) 731-1938. You can find available US Sailing Certification courses at <https://www.ussailing.org/education/instructor/small-boat-instructor-programs/level-1-instructor/>.

1ST SECURITY BANK
PRESENTS



**Saturday
September 8th
10am - 2pm**

In the
College Marketplace
parking lot in front of
1st Security Bank

**Bring the family
out for a day of fun**
with a bike rodeo,
craft booths, balloons,
face-painting, hot dogs,
safety education,
and much, much more!

BENEFITING



**Bring non-perishable food
or cash donations for Fishline
and get a chance to
WIN AN EXTRA COOL PRIZE!**

SOME OF OUR EARLY SPONSORS



**More Information?
PoulsboKidsDay.com**

HOLIDAY & SPRING BREAK CAMPS

ANIME AND MANGA WORKSHOP

AGES 6-12

1 CLASS

Young Rembrandts. Why sit in front of the TV and watch cartoons when you can draw amazing characters and awesome scenes of your very own? Join us for an action-packed day as Young Rembrandts hosts a wonderful Anime and Manga Drawing Workshop. Students will create dazzling illustrations that are influenced by popular Japanese anime and manga themes. Colorful characters with expressive personalities jump off the page. Students will be delighted as they create drawings that emulate the popular anime and manga art styles. Don't miss an exciting opportunity to produce wonderful artwork. Sign up today! Recreation Center Classroom.

Thu Dec 27 10a-1:30p \$48*

YOUNG ARTISTIC CREATIVE MINDS

AGES 5-9

3 CLASSES

Colleen Doeleman. Young artists will enjoy creating exciting works of art using non-toxic paints and other supplies. Basic project instructions will be suggested as students set out on the artistic adventure of their choice. They will journey into the world of their own creativity and imagination as they create their very own masterpieces. A selection of art supplies will be available to artists, so they can use their own thoughts and vision to construct a different one-of-a-kind art project each class. Art time is a wonderful way to help build confidence in everyday life. Come join in the fun and help to give your little loved one memories that will last a lifetime. **A supply fee of \$35 per student is payable to the instructor at the first class.** Recreation Center Classroom.

Tu/W/Th Apr 2-4 10a-12n \$88*



SPRING BREAK CIRCUS CAMP

AGES 8-14

3 CLASSES

Bob Webb. Did you ever want to run away and join the circus? Campers will learn how to juggle, ride a unicycle, and walk on a large ball. Mr. Webb runs the RATS program and has many years of experience with the Circus arts. **Camper will need to bring a snack and a water bottle. Bike helmets and wrist guards are recommended but not necessary.** Poulsbo Elementary.

M/Tu/W Apr 1-3 9a-12p \$70*



WINTER BREAK BASKETBALL CAMP

Girls & Boys, Age 3-8

3 classes

Join Coach Guterson for a fun, skill-building basketball camp during Winter Break. We'll play games and do drills that improve skills, like dribbling, passing, and shooting, and we'll spend time scrimmaging every day, playing full court basketball! Stress will be placed on working hard, being good sports, and playing together as a team. Poulsbo Elementary Gym.

W/Th/F Jan 2-4

3 & 4-year-olds	9-9:45a	\$39*
5 & 6-year-olds	12:15-1:15p	\$49*
7 & 8-year-olds	10a-12p	\$79*

UH, OH!

IT'S BEEN CANCELLED?!



We don't like cancelling classes either!
Unfortunately, sometimes people wait too long
to register and we have to.

Please remember to register early to avoid disappointment!



ADULT PROGRAMS

PRIVATE PIANO LESSONS

AGES 7-ADULT OR AS ARRANGED WITH THE INSTRUCTOR.

Megan Hennings. Have you always wanted to play that certain tune? Unravel the mysteries of the piano? Now is your chance to learn! We're offering holistic music instruction with an emphasis on creating an enjoyable learning experience. Cultivation of a life-long love of music is our highest priority. Course content tailored to suit your individual interests, with teaching goals most often including development of independent learning skills and strong playing skills.

Format: private instruction with scheduled group lessons. Half-hour instruction once per week with 45-minute lessons available for more advanced students. Lessons are held on Tue, Wed, Thu and Fri. Fee includes event fees for up to 4 events per year. Daytime slots available for adult and non-traditional students as well. Materials are not included in class fee. Please call the Recreation Center at 360-779-9898 to arrange lessons. Recreation Center Piano Studio.

Fall Quarter:

30 min lessons:

45 min lessons:

Tue-Fri Sep 18-Dec 21 (14 wks)

\$345* or \$115 per month (due Sep 18, Oct 15, and Nov 15)

\$510* or \$170 per month (due Sep 18, Oct 15, and Nov 15)

Winter Quarter:

*Please note that classes will begin before Winter Break is over for NK School District students.

30 min lessons:

45 min lessons:

Tue-Fri Jan 2-Mar 29 (13 wks)

\$322* or \$107 per month (due Jan 2, Feb 1, Mar 1)

\$476* or \$158 per month (due Jan 2, Feb 1, Mar 1)

Spring quarter:

30 min lessons:

45 min lessons:

Tue-Fri Apr 9-Jun 21 (11 wks)

\$280* or \$94 per month (due Apr 9, May 1, Jun 1)

\$410* or \$136 per month (due Apr 9, May 1, Jun 1)

Fees will be prorated if student begins mid-session.

BEGINNING GUITAR

AGES 8-ADULT

6 WKS

Miss Patrice. Private lessons are 1/2 hr and designed to have an emphasis on music theory, tablature, and fun. This course will teach you the FUNDamentals of acoustic or electric guitar. We start off with the absolute basics, from parts of the guitar, how to read music, simple strumming patterns, open chords & power chords. Each lesson is individualized to how the student learns best & progress depends much on home practice. **Please come to class with a smile & guitar in good working order. A \$15 materials fee due at the first lesson includes guitar picks & book. Missed lessons may or may not be made up at the discretion of the instructor for a maximum of 2 lessons, provided 24-hour cancellation notice has been given.** Recreation Center Preschool Room.

Tue Nov 13-Dec 18 time varies \$145*

Tue Jan 15-Feb 19 time varies \$145*

Tue Mar 5-Apr 9 time varies \$145*

1/2 hour pre-arranged private lesson between 4 & 6p.



BEGINNING TO ADVANCED GUITAR

AGES 8-ADULT

MONTHLY (4 LESSONS/MO)

Craig Dell. Private 45-minute acoustic or electric guitar lessons, designed for beginning, intermediate and advanced students. Lessons will be tailored to the student's level and will include reading music notation, tablature, basic chords, and strumming techniques. Lessons will be scheduled between 1p and 8p. **Students must bring an acoustic or electric guitar in good working order. Music will be provided for beginning students; Intermediate/Advanced students will be asked to purchase specific books.**

Lessons will be held on Mondays, Sep 10-Oct 1; Oct 8-29; Nov 5-26; Dec 3-17; Jan 7-28; Feb 4-25 and Mar 4-25. Participants will automatically be registered for the next month on the 15th of the previous month to hold their scheduled lesson time. Monthly fee is due at first lesson of each month. Missed lessons may or may not be made up at the discretion of the instructor for a maximum of 2 lessons, provided 24-hour cancellation notice has been given. **No lessons on Nov 12. Lessons will be held on Martin Luther King Day and Presidents Day.** Recreation Center Music Room.

Mon Sep, Oct, Jan, Feb & Mar (4 lessons) time varies \$167/mo

Mon Nov & Dec (3 lessons) time varies \$119.25/mo

ADULT PROGRAMS

POULSBORO COMMUNITY ORCHESTRA

2018-19 Concert Season

Now in its 5th year, the Poulsbo Community Orchestra (PCO) is made up of volunteer musicians from around the Puget Sound. It seeks to provide musicians with a rewarding orchestral experience and give the community free symphony concerts. The PCO is directed by Maestro Mario Alejandro Torres.

Any talented, volunteer musician 16 years or older with at least 2 years of recent playing experience may apply for membership. Student scholarships are available. No audition is required. To apply for PCO membership, visit www.poulsbocommunityorchestra.org, select "Membership Application", and then click the link to download the form. Applicants are required to accept conditions of PCO membership. The City of Poulsbo will bill each musician after the PCO accepts their application. Seating is limited. Questions may be directed to personnel@poulsbocommunityorchestra.org. Concert and season sponsorships are available. Rehearsals are held at North Point Church, 1779 NE Hostmark St, Poulsbo. Concerts are held in the North Kitsap Community Auditorium, 1881 NE Hostmark St, Poulsbo.

Mon Sep 17-Jun 3 7-9p \$35*

Performances

Holiday concert:	Dec 2	3p	FREE!
Spring concert:	Mar 24	3p	FREE!
Summer concert:	Jun 9	3p	FREE!





Tuba Christmas

Free Family Event

Saturday
December 8
3:00 PM

Muriel Iverson
Williams Waterfront Park

Jas Linford, conductor



Local tuba, sousaphone, euphonium, serpent and ophicleide players of all ages and backgrounds will play traditional Christmas Carols in a free public concert.

The public is invited for a holiday sing along.




For more information call
Dave Fox at 360-865-1775 or
Doug Murray at 360-620-7733.

ADULT PROGRAMS

EDUCATED FEET DANCE CLASSES IN POULSBO!

The following classes are taught by Sheila Phillips, certified Swing, Latin & Ballroom instructor. Unless noted, all classes are located at Vinland Elementary. Open to teens & adults, no partner necessary!! PLEASE wear shoes that leave no black marks!! Register through Poulsbo Parks & Rec at 360.779.9898 by Tuesday prior. Minimum class size - 14. Take your educated feet to the monthly dances Sheila hosts on Bainbridge Island! Details at <http://www.educatedfeet.net/dances.htm>.

SWINGIN' FOXTROT 4 WKS

Swing, the all-time favorite American jazzy dance! Foxtrot, one of the most common & easy to learn social dances! These styles go "hand-in-hand" for a smooth and flowing combination. Mix favorite patterns using simple walking steps to slow-medium tempos. Elegant and versatile on the dance floor. Basics & beyond. Minimum registration by Tue, Sep 25. Vinland Elem.

Thu Sep 27-Oct 18 6:30-7:30p \$48*

RUMBA 4 WKS

The mother of Salsa, a moderately slow dance to Latin & contemporary music. Often called the dance of love, you can Rumba to a wide variety of music from Tito Puente to Jimmy Buffet. Plenty of wraps, under arm turns and a truck load of flirtation. String patterns together for nice combinations. Basics & beyond. Minimum registration by Tue, Sep 25. Vinland Elem.

Thu Sep 27-Oct 18 7:30-8:30p \$48*

EAST COAST SWING 4 WKS

A favorite jazzy American dance from the 20's and still swingin' today! Swing is the logical place to begin to learn partner dancing. It's easy to learn, intuitive, and not terribly structured. Learn to dance to different tempos by changing rhythm patterns. A popular choice for beginners. Basics & beyond. Minimum registration by Tue, Feb 12. Vinland Elem.

Thu Feb 14-Mar 7 6:30-7:30p \$48*

SWINGIN' THE BLUES 4 WKS

Swing steps blend with Blues for a smooth and intimate style. It's a versatile partner dance that emphasizes individual expression and improvisation. Suitable for slower tempos, particularly jazz & blues. This is a must-learn one step dance using easy walking footwork. A good choice for beginners. Basics & beyond. Minimum registration by Tue, Feb 12. Vinland Elem.

Thu Feb 14-Mar 7 7:30-8:30p \$48*

GEORGE & JAN BAHR ARE OFFERING DANCE CLASSES AT PEARSON ELEMENTARY!

MORE SWING! NEW! 4 WKS

George & Jan Bahr. Learn new dance steps that will add to your enjoyment on the dance floor. This class has steps that are no harder than intermediate, just different! Pearson Elem Gym.

Mon Sep 10-Oct 1 7-8p \$39*

MORE FOXTROT! NEW! 4 WKS

George & Jan Bahr. We'll build on the basic steps that you know by learning some new ones that will add to your enjoyment on the dance floor. The new steps are no more difficult than intermediate level. Pearson Elem Gym.

Mon Oct 8-29 7-8p \$39*

MORE WALTZ! NEW! 4 WKS

George & Jan Bahr. You've learned the basics steps of Waltz, now we'll add some new ones to make it even more fun. Not harder than intermediate, just some different steps for your enjoyment. **Class WILL be held on Mon, Jan 21, MLK Day.** Pearson Elem Gym.

Mon Jan 7-28 7-8p \$39*

RUMBA BASICS! 4 WKS

George & Jan Bahr. This is the class to start with for the Rumba. You will learn the basic steps and turns that will prepare you for the dance floor and for taking additional classes. **Class WILL be held on Mon, Feb 18, President's Day.** Pearson Elem Gym.

Mon Feb 4-25 7-8p \$39*

CHA CHA BASICS! 4 WKS

George & Jan Bahr. Cha Cha is one of the easier Latin dances to learn, and this is the class to start with! You will learn the basic steps and turns that will prepare you for the dance floor and for taking additional classes. Pearson Elem Gym.

Mon Mar 4-25 7-8p \$39*



**Register
Online!**



CityOfPoulsbo.com/register

ADULT PROGRAMS

Julia Turk specialized in Life Drawing at the Ruskin School of Art at Oxford and has continued her studies in a variety of mediums at other schools in London and the US. Her paintings have been exhibited in galleries on both coasts. She is a member of the Poulsbo Art League and exhibits locally. Julia offers the following classes for fall and winter.

OIL PAINTING

8WKS

Julia Turk. Oils on canvas are very rewarding and not difficult to apply, and the results are amazing and will last a lifetime. Landscapes, portraits, still life and pets are some of the subjects that Julia can help both beginning and intermediate students paint. Developing your own unique style is the key! Join other artists as you begin or continue your journey into oil painting! **No class Oct 15, Nov 12, or Feb 18.** Recreation Center Classroom.

Mon	Oct 1-Dec 3	6-8:30p	\$149*
Mon	Mar 4-Apr 22	6-8:30p	\$149*

PASTEL PORTRAIT PAINTING & DRAWING

8 WKS

Julia Turk. For all levels, beginners upward. Learn to draw life-like portraits of family, friends, and other people, working from photographs. Students will discover how to use pastels effectively to create a portrait that will be admired with pleasure. The shape of the face, placement of features and other identifying characteristics will enable students to draw a portrait, as the possibilities are endless with a little creativity and imagination. **Materials list will be provided at registration; students may also supplement their colors with Julia's pastels.** Recreation Center.

Wed	Oct 3-Nov 21	9:30a-12p	\$149*
Wed	Mar 6-Apr 24	9:30a-12p	\$149*

PAINTING WITH WATER: A NEW APPROACH TO WATERCOLOR

8 WKS

Julia Turk. For experienced artists looking to bring their art to the next level. Using watercolors, students will participate in some abstract art techniques as well as refining the traditional ones. During this inspiring, hands-on class, students will review traditional watercolor techniques, learn how to analyze color, and explore how to combine watercolor with drawing media and materials such as ink and graphite. Students will be encouraged to work with subject matters ranging from still life to the abstract. The class will expand to meet individual interests and expression. **Materials list will be provided at registration.** Recreation Center.

Tue	Oct 2-Nov 20	1:30-4p	\$149*
Tue	Mar 5-Apr 23	2-4:30p	\$149*

FAST AND LOOSE WATERCOLORS

4 WKS

Donna Russell. This class is for the absolute beginner and anyone else who wants to loosen up their watercolor. This course will help you paint faster, more creatively, and have more fun. Donna is a member of the Poulsbo Artist League and the Bremerton Art Guild; her art hangs throughout Kitsap County. **Students will need to purchase their own materials; a materials list will be provided at registration. No class on Nov 22.** Recreation Center Classroom.

FALL LANDSCAPES - TREES AND NATURE

Thu	Sep 20-Oct 11	6-8p	\$78*
Wed	Nov 28-Dec 19	10a-12p	\$78*

WINTER LANDSCAPES WITH BIRDS

Thu	Nov 1-29	6-8p	\$78*
Wed	Jan 9-30	10a-12p	\$78*

HOMES, CITY STREETS & ARCHITECTURE

Mon	Oct 15-Nov 5	10a-12p	\$78*
Thu	Feb 28-Mar 21	6-8p	\$78*

WATERSCAPES WITH BOATS & REFLECTIONS

Thu	Jan 31-Feb 21	6-8p	\$78*
Mon	Mar 4-25	10a-12p	\$78*

ADULT PROGRAMS

WATERCOLOR WORKSHOP: PAINT YOUR PET 1 CLASS

Donna Russell. This very popular workshop returns this Fall and Winter. Bring a photo of your favorite pet and paint their portrait in watercolor. Donna is a member of the Poulsbo Artist League and the Bremerton Art Guild; her art hangs throughout Kitsap County. **Students will need to purchase their own materials; a materials list will be provided upon registration.** Recreation Center classroom.

Sun	Sep 23	9:30a-12:30p	\$38*
Tue	Jan 29	6-9p	\$38*



ACRYLIC PAINTING WORKSHOPS 3 WKS

Lauriann Atlee. Acrylics are a popular medium that is very versatile and easy for beginning artists to use. Learn how to work with acrylic paints on canvas. Students will explore different techniques and master new skills working in this medium. More specific series information will be available online. Students will finish several paintings. Recreation Center Classroom.

Mon	Oct 8-28	12:30-2:30p	\$124*
Mon	Nov 19-Dec 3	12:30-2:30p	\$124*
Mon	Jan 28-Feb 11	12:30-2:30p	\$124*
Mon	Mar 11-25	12:30-2:30p	\$124*

ACRYLICS-AN INTRODUCTION TO KNIFE PAINTING 1 CLASS

Lauriann Atlee. Paint using blended brush techniques and artist knives. Instruction and practice of loading, strokes and techniques with brushes, artist knives and palette knives. Participants will leave with a completed piece of art. **Paint and canvas included, no additional supply fee.** Recreation Center Classroom.

Thu	Oct 18	6-8:30p	\$44*
Thu	Dec 13	6-8:30p	\$44*
Thu	Jan 24	6-8:30p	\$44*
Thu	Mar 28	6-8:30p	\$44*

Here You Can
pursue new interests

Academy for Lifelong Learning (ALL)

Designed for adult learners, ALL offers short university-level courses in the humanities, current affairs, and natural and social sciences. There are no entrance requirements, tests or grades; this is learning simply for the joy of learning.

www.edu/ALLPeninsulas

Western Lecture Series

This series offers a compelling selection of lectures presented free and open to the public throughout the year. The lectures provide thought-provoking exploration into subjects and topics of local and regional interest by experts in their fields.

ee.www.edu/WLS


WESTERN
WASHINGTON UNIVERSITY
PENINSULAS



Active Minds Changing Lives AA/EO

ADULT PROGRAMS

CREATIVE CANVAS PAINTING

3 WKS

Colleen Doeleman. Artists will journey into the world of their own creativity and imagination as they create their very own masterpieces using acrylic paints. Students will be guided step-by-step through their painting and encouraged to embellish using creativity and imagination. Several techniques will be taught to achieve the desired result that the instructor has mastered over the last 26 years of art instruction. All skill levels are encouraged to join in the fun, and no prior painting experience is necessary! Art is a wonderful way to express yourself, stimulate your imagination and build self-esteem. Grab a friend and join in the fun! A new project will be painted each week on canvas. **A supply fee of \$35 per student is payable to the instructor at the first of each class.** Recreation Center Classroom.

WINE GLASSES AND BOTTLE

Wed	Oct 3-17	6:30-8:30p	\$79*
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ANIMALS / BIRD

Wed	Feb 6-20	6:30-8:30p	\$79*
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FLORAL

Tue	Mar 12-26	6:30-8:30p	\$79*
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PAINT IN THE PARK

AGES 5-95

1 CLASS

Rachel McCreight. Enjoy 2 hours of quality time with friends and family as you paint a creation from start to finish on pallets! This instructor-led class will walk you through the steps to create an art masterpiece using stencils and weathering techniques on one-of-a-kind wooden pallets. The unique class style allows you the option to choose your art work on site with over 150+ designs to choose from. **Open to all skill sets and ages.** All materials included. Various Poolsbo parks.

NELSON PARK

Sat	Sep 15	1-3p	\$35*
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RAAB PARK

Sat	Oct 6	1-3p	\$35*
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M. WILLIAMS WATERFRONT PARK

Sat	Mar 23	1-3p	\$35*
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PALLET PAINTING

AGES 5-95

1 CLASS

Rachel McCreight. Enjoy 2 hours of quality time with friends and family as you paint a creation from start to finish on pallets! This instructor-led class will walk you through the steps to create an art masterpiece using stencils and weathering techniques on one-of-a-kind wooden pallets. The unique class style allows you the option to choose your art work on site with over 150+ designs to choose from. **Open to all skill sets and ages. All materials included.** Recreation Center Classroom.

Sun	Nov 4	2-4p	\$35*
Sun	Jan 13	2-4p	\$35*
Sat	Feb 23	1-3p	\$35*

UNDERSTANDING DIGITAL PHOTOGRAPHY: BASICS 1 CLASS

Crista Dougherty. This class is designed for beginning DSLR photographers interested in learning the full potential of their cameras. Gain confidence to move away from shooting on auto and get creative control of your images. This hands-on class will cover the fundamentals for exposure, ISO, aperture, shutter speed, controlling depth of field, creating interesting compositions and facing specific challenging scenarios in photography. **Students will need their DSLR camera, and a small notepad and pen or pencil to keep in their camera bag. Please bring a lunch.** Recreation Center classroom.

Sat	Sep 29	10a-2p	\$49*
Sat	Dec 8	10a-2p	\$49*
Sun	Feb 10	1:30p-5:30p	\$49*





Register Online!

CityOfPoolsbo.com/register



ADULT PROGRAMS

UNDERSTANDING DIGITAL PHOTOGRAPHY:

INTERMEDIATE

5 WKS

Crista Dougherty. This in-depth course focuses on refining your creative and technical photography skill. Through weekly assignments and group discussions, you'll dig into making powerful compositions and learn to see the world photographically. Topics include using design elements and principles, controlling light and focus, making portraits, color theory, learning from iconic artworks and developing a personal style. **Come with an understanding of exposure and basic camera controls, bring an SLR camera, and get ready to shoot great photos.** NKHS Classroom / Recreation Center Classroom.

Tue	Oct 2-30	6-8p	\$69*
Sun	Feb 24-Mar 24	2-4p	\$69*



CALLIGRAPHY AND HAND-LETTERING

1 CLASS

Crista Dougherty. This class will start with the basics, covering the tools and strokes that make up modern and traditional hand-lettering styles, using calligraphy pens and brushes. You will learn letter structures and how to build on these forms to create your own alphabets. While calligraphy takes practice, it's not as difficult as it first appears. This class will leave you with a solid understanding for the modern copperplate style. Wonderful for Do-It-Yourself Wedding invitations and Holiday Cards! **Please bring a pencil, a ruler, a pad of watercolor paper, and a calligraphy pen with a pointed nib and ink to class.** Recreation Center Classroom.

Sat	Oct 27	10a-1:30p	\$35*
Sat	Mar 2	10a-1:30p	\$35*

THROUGH YOUR EYES: WRITING YOUR LIFE STORIES

8 WKS

Heidi Thorsen Instructor/Coach. YES, IT IS TIME: capture memories, reflect on experiences, leave your legacy. Through Your Eyes is an 8-week course in writing the stories of your life. In this class, a unique theme is explored weekly through activities and priming questions to help you recall life memories. A two-page story is then written during the week by each class member and shared the following session in class. Participants gain a growing appreciation of their own lives and the lives of others while documenting personal life stories for families and others to enjoy. This course will be taught by Heidi Thorsen, a career educator, a certified and experienced Guided Autobiography instructor, and core council board member of the Birren Center for Autobiographical studies in Los Angeles, CA. She is eager to share her passion for facilitating life story writing in either the 8-week course, the one-day holiday-themed workshop, or both! For additional information and resources, check out her website at: tyememoirs.com. After a dynamic 8-week session, you will have definitely stretched — backward and forward. No class on Oct 17. Classes will be held at the instructor's home studio, 21205 Stottlemeyer Rd. NE, Poulsbo.

THROUGH YOUR EYES: COURSE 1

Wed	Sep 19-Nov 14	10a-12n	\$125*
Tue	Jan 8-Feb 26	1-3p	\$125*

HOLIDAY MEMOIR WRITING WORKSHOP

1 CLASS

Heidi Thorsen Instructor/Coach. Do you remember holiday traditions from your childhood, or have a holiday story that needs to be told? Have you considered sharing this writing experience with your child or grandchild? In this 3-hour workshop, participants will be engaged in activities to enliven their senses as prewriting for a Holiday Memory story. Time will be given in class to outline, write, and finally share that holiday story! Support, encouragement, and ideas for continued writing will wrap up the afternoon. This class is for ages 10-110 and is a great gift idea! This is a valuable experience for individuals or rewarding to partner with your child or grandchild. How fun to see the holiday experiences "Through their Eyes". Classes will be held at the instructor's home studio, 21205 Stottlemeyer Rd. NE, Poulsbo.

Sat	Dec 1	1-4p	\$50* / individual
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Bring a family member or friend, only \$90 for both registering at the same time!

ADULT PROGRAMS

Instructor Will Perkins has taught Spanish from beginning through literature for many years.

He has some experience teaching ESL, plus a touch of French and Latin. He has spent lots of time in Seville, Spain, and some time in different parts of Mexico. Will is offering two levels of Spanish classes through fall and winter.

EASY SPANISH FOR BEGINNERS

6 WKS

This class is designed for those with little or no previous experience in Spanish. We will use stories, music, and conversation to build comfort with a new language. We address basic phonetics and grammar with abundant repetition. Supplemental readings and grammar exercises will be found online. There is no textbook nor materials fee, but you will need internet access to get the most out of class. **No class on Nov 21 or Feb 20.** NKHS classroom.

Wed	Sep 19-Oct 24	5-6:30p	\$89*
Wed	Oct 31-Dec 12	5-6:30p	\$89*
Wed	Jan 23-Mar 6	5-6:30p	\$89*
Wed	Apr 10-May 15	5-6:30p	\$89*

INTERMEDIATE CONVERSATIONAL SPANISH

6 WKS

If you have studied some Spanish, this course should help you refresh existing knowledge. We use stories, music, and conversation to shake off the cobwebs and to build new understanding. Supplemental readings and grammar exercises will be found online. There is no textbook nor materials fee, but you will need internet access to get the most out of class. **No class on Nov 21 or Feb 20.** NKHS classroom.

Wed	Sep 19-Oct 24	6:30-8p	\$89*
Wed	Oct 31-Dec 12	6:30-8p	\$89*
Wed	Jan 23-Mar 6	6:30-8p	\$89*
Wed	Apr 10-May 15	6:30-8p	\$89*

FRENCH LESSONS OFFERED BY MYRIAM DESAUNOIS-MULLEN.

Orientation meeting, open for drop in anytime, 5-6:30p, to discuss with your instructor your language needs. Fall/Winter sessions: Mon, Sep 17, 5-6:30p, Recreation Center, Poulsbo.

L'AVENTURE FRANÇAISE CONVERSATION FOR TRAVEL: BEGINNING

10 WKS

Myriam Desaunois-Mullen. Are you planning a trip to a French speaking country in the distant future? If so, this will be the class for you! During this 10-week period you will learn travel-related vocabulary and conversational skills. **No class Oct 5 and Nov 23.** Recreation Center Classroom.

Fri	Sep 28-Dec 14	5-6:15p	\$109*
Fri	Jan 18-Mar 22	5-6:15p	\$109*

L'AVENTURE FRANÇAISE CONVERSATION FOR TRAVEL: CONTINUING BEGINNERS/ INTERMEDIATE

10 WKS

Myriam Desaunois-Mullen. Would you like to continue this lovely language? This is a conversational class where you will strengthen your skills discussing a variety of topics with other students. **No class Oct 8, Nov 12, and Feb 18.** NKHS classroom.

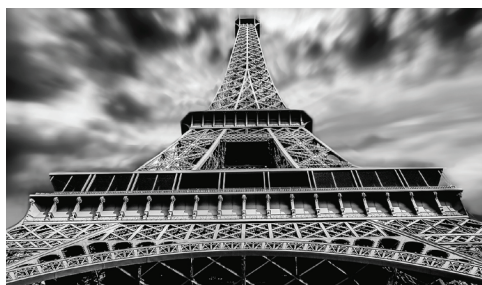
Mon	Sep 24-Dec 10	5-6:30p	\$129*
Mon	Jan 14-Mar 25	5-6:30p	\$129*

CONVERSATION FOR TRAVEL: ADVANCED

10 WKS

Myriam Desaunois-Mullen. Now you are at the top! You have mastered the understanding of this language including grammar, vocabulary, and conversational skills. This class will provide more challenging topics which will make you feel like you are in a French speaking country. **No class Oct 8, Nov 12, and Feb 18.** NKHS classroom.

Mon	Sep 24-Dec 10	6:35-8:05p	\$129*
Mon	Jan 14-Mar 25	6:35-8:05p	\$129*



UH, OH!

IT'S BEEN CANCELLED?!

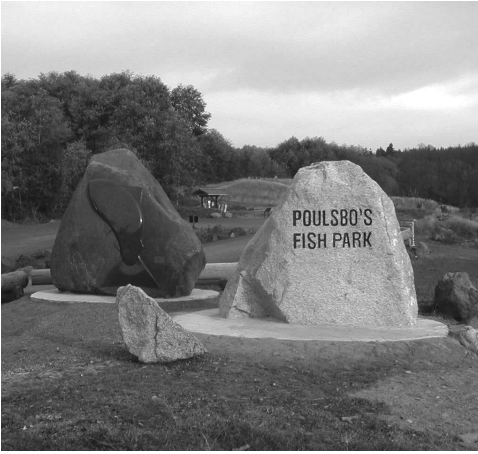


We don't like cancelling classes either!
Unfortunately, sometimes people wait too long
to register and we have to.

Please remember to register early to avoid disappointment!



ADULT PROGRAMS



“MOMENTIA” - GUIDED WALKS THROUGH POULSBO'S FISH PARK

Led by Poulsbo's Fish Park Steering Committee Members. Momentia is a grassroots movement empowering people with memory loss and their loved ones to remain connected and active in the community. There is a thriving program in Seattle, but it's time to try some programs in Kitsap. It's being told throughout our parks, theaters, libraries, museums, and cafes – as our vibrant public spaces become venues for an exponentially expanding number of “dementia-friendly” opportunities. Together, we can transform what it means to live with dementia in our community, changing the story from one of despair, to one of connection, growth, purpose, hope, and finding joy in the moment.

For these tours, the group will meet in the parking lot of Poulsbo's Fish Park and enjoy a walk through different areas. The wonderful volunteers leading these walks have been involved in all aspects of developing the park and maintaining the areas for the community to enjoy. Come enjoy the sights and sounds of this unique place with the people who really love this now 43-acre park. **The walk is free, but please register through Poulsbo Parks and Recreation so we know how many people are coming. All ages welcome - maximum 20 people per tour. Must be able to walk for 1/2-1 mile. Rain or shine! Please sign up by the Wednesday prior to each walk.** Poulsbo's Fish Park, 288 NE Lindvig Way.

Fri Sep 28, Oct 26 10-11a FREE

CENTENNIAL PARK Volunteer Opportunity

Volunteers will be working on Centennial Park throughout 2018. There will be a variety of work parties to build trails, remove invasives along the creek, and plant native plants to help restore the health of Dogfish Creek.

Are you interested?! Do you have a group looking for a community service project?!

For more information please send an email to Mary at mmccluskey@cityofpoulsbo.com or call 360-779-9898.

ADULT PROGRAMS

RAAB PARK COMMUNITY GARDEN: (THE P-PATCH)

The Raab Park Community Garden (The P-Patch) is a partnership between the WSU Extension Kitsap Master Gardener Program, the Poulsbo Parks and Recreation Department and the Plot Renters. The P-Patch has 51 sunny garden plots in three sizes: *10' x 20' plot for \$55 per year, 10' x 10' plot for \$38 per year and the 8x4x2' plots for \$32 per year. (Fee covers from March 1 through February 28 of each year). Poulsbo city residents receive an \$8 discount.* There is a maximum allocation of two plots per household.

Gardeners must use organic gardening practices, products, and materials. Information and resources on organic gardening are provided, as well as many hand tools, water, compost, seeds, and hands on gardening expertise. Produce may not be sold but may be shared or donated to a food bank. Participants are responsible for signing a "Gardener's Agreement", and reading and understanding the Patch Rules, Regulations and Guidelines. They are also required to keep their plot area clean and contribute six (6) hours of community work in the garden's common areas.

Wintering gardening is encouraged for those renters who have a plot to start the winter gardening process in August.

SPRING / SUMMER 2019 GARDENING

Returning gardeners who have successfully completed their garden service hours in 2018 and are in good standing by keeping their plot area clean will get plot priority and may register and pay for the new season between Aug 21, 2018 and Feb 28, 2019, but will need to stay with their current plot through Feb 28 and wait for confirmation of any requested new plot after March 1 before they may use it. New gardeners will be assigned plots after Mar 1, 2019. New gardeners, please call now or register online for the waitlist for 2019. For more information, call Parks and Recreation, 360-779-9898.

COMMON TREE PESTS AND DISEASES

1 CLASS

Poulsbo Tree Board members. Do you ever wonder "What is wrong with my tree?" Is your first response to go buy something to 'kill that bug'? Before you become obsessed with spraying something on your tree to solve the problem, learn how to easily identify the tree pest or disease problem and then manage it in the least toxic way possible. This program will introduce you to 10 common tree pests and diseases you should know, including diseases and insects found on cherries, pears, maples, and dogwoods. Instructors will include ISA Certified Arborists and Poulsbo Tree Board members. **This class is free, but please register in advance for planning purposes, call 360-779-9898 or register online.** Recreation Center Classroom.

Tue

Oct 9

7-8:30p

FREE!

TREE WALK IN POULSBO'S URBAN FOREST- AUTUMN COLORS ARE HERE! 1 CLASS

Poulsbo Tree Board members. Enjoy the lovely change of season as we walk through a city neighborhood and witness the variety of leaf colors- purple, red, orange, and yellow now appearing on trees as the days grow shorter and the temperatures drop. Learn which trees will provide the best fall color for your garden and remember- fall is a great time to plant a new tree in your landscape. **This class is free, but please register in advance for planning purposes, call 360-779-9898 or register online.** Meeting site to be announced.

Sun

Oct 21

1-2:30p

FREE!





**Register
Online!**

CityOfPoulsbo.com/register



ADULT PROGRAMS



PRUNING MINI-SERIES

Become a more confident and successful tree pruner! The Poulsbo Tree Board is pleased to present several different pruning classes in March. You may take any or all of them. **Instructors will include ISA Certified Arborists and Poulsbo Tree Board members. This class is free, but please register in advance for planning purposes, call 360-779-9898 or register online.**

THE BASICS OF PRUNING TREES

1 CLASS

Understanding tree structure, growth and response is as important for successful pruning as knowing how to make proper pruning cuts. Join Poulsbo Tree Board members and ISA Certified Arborists in this class to learn the basics of tree growth and structure, types of pruning cuts, and what responses to expect from your cuts. **This class is free, but please register in advance for planning purposes, call 360-779-9898 or register online.** Recreation Center Classroom.

Tue Mar 5 7-8:30p FREE!

PRUNING ORNAMENTAL TREES

1 CLASS

Ornamental trees provide many benefits in any landscape or garden, both aesthetic and functional. Different species and varieties of trees often have different pruning needs. In this free class, ISA Certified Arborists and Poulsbo Tree Board members will demonstrate how to prune a variety of common ornamental trees found in the Puget Sound region. **This class is free, but please register in advance for planning purposes, call 360-779-9898 or register online.** Nelson Park, Poulsbo.

Sun Mar 10 1-3p FREE!

PRUNING FRUIT TREES

1 CLASS

Did you know that late winter is the best time to prune your trees? Come join the Poulsbo Tree Board and ISA Certified Arborists at a free fruit tree pruning demonstration. Learn tips on how to increase fruit production, improve branch structure, and renovate older, non-productive trees. **This class is free, but please register in advance for planning purposes, call 360-779-9898 or register online.** Austurbruin Park, Poulsbo.

Sun Mar 17 1-3p FREE!

ADULT PROGRAMS

Joe Seals is a degreed horticulturist whose experience includes that of marketing director with the largest seed companies in the world, director of the horticulture program for LMUSD, board member for botanical gardens, All-America Selections judge, nursery owner and manager, and an editor and writer for *Sunset Books and Magazine*. He's taught for various colleges including UCLA and has spoken to professional and trade horticulture groups in the US and in Europe. Joe has published one book "Essentials of Gardening," and is currently finishing his latest book "Back to the – NEW – Basics of Gardening." He also happens to be Poulsbo's newest Tree Board member and has been a passionate hands-in-the-dirt gardener for more than 50 years. Mr. Seals offers the following series of gardening classes this fall and winter.

CREATING A NATIVE LANDSCAPE

1 CLASS

Joe Seals. An introduction to the plants of Northwest Washington that look good and do well as landscape plants, and how to lay out a garden with them. Native plants thrive on our soils, do well with whatever rain comes our way and hold up to most diseases and pests our gardens might ordinarily get. Natives are also the best way to encourage birds, butterflies, bees, and other pollinators. The class covers which plants do well in shade, sun, wet soils, dry soils, etc. Plenty of landscape design tips. **A materials fee of \$5 is due at the beginning of class.** Recreation Center Classroom.

Wed Oct 24 6-8:30p \$15

WHAT GARDENERS NEED TO KNOW ABOUT SOIL

1 CLASS

Joe Seals. This class is about the science, the spirit, and the soul of soil. It covers what soil is made of – hint: it's not "dirt" – with emphasis on humus and the living community (the "edaphon"). What some of our native soils are like and how water moves on and in your own soil. Before you crank up the tiller, step on that shovel or put down that layer of wood chips, you need to attend this class. Recreation Center Classroom.

Wed Nov 7 6-8:30p \$15

TAKING CARE OF YOUR SOIL

1 CLASS

Joe Seals. There's plenty of old myths and bad practices when it comes to helping garden soil become the best it can be. This class will dispel some of those and provide insight and practical steps to truly improve the overall health of your soil. Spoiler: it doesn't include amending. Although not necessary, it's highly recommended to also take "*What Gardeners Need to Know about Soil*" before this class. **A materials fee of \$1 is due at the beginning of class.** Recreation Center Classroom.

Wed Nov 21 6-8:30p \$15

SEEDS: BASICS OF SOWING

1 CLASS

Joe Seals. If you're planning on sowing early indoors, here's what you need, what the seeds and seedlings need and what it takes to get your babies from the house to the garden. If you're sowing directly to the garden soil, here's how to do it most efficiently and effectively. Plus, the scoop on "open-pollinated," "heirlooms" and "hybrids." Recreation Center Classroom.

Wed Jan 9 6-8:30p \$15



ADULT PROGRAMS

CREATING A 12-MONTH GARDEN IN THE PNW

1 CLASS

Joe Seals. This class will start with a slide show “through the seasons” that illustrates the many plants that we can grow here for interest with flowers, foliage, fruits and/or structure. Then, learn design strategies on maximizing these colors, textures, and accent plants. **A materials fee of \$5 is due at the beginning of class.** Recreation Center Classroom.

Wed Jan 23 6-8:30p \$15

HOW TO SPEAK “GARDENING”

1 CLASS

Joe Seals. Does “hardy” mean easy to grow? When is a tree not a tree? Does a biennial really take 2 years to bloom? What kinds of plants are herbaceous and what kinds are perennial and which are both? Are organic matter, humus, compost, mulch, and amendment the same thing? Have you ever wondered what “flocculate” means? And what about those painfully confusing and super-hard-to-pronounce botanical names? As with any “language,” the more you know, the better you’ll be able to communicate and the more you’ll learn. Recreation Center Classroom.

Wed Feb 27 6-8:30p \$15

RIGHT PLANT, RIGHT PLACE

1 CLASS

Joe Seals. This is THE most important concept to understand to be a successful gardener. Learn how to select plants that really fit your garden and landscape if you want to reduce (or maybe completely eliminate) maintenance and problems. Learn why some of your already struggling plants are struggling. Discover how our type of climate is so important in the plant choices you make and learn what “zone” you’re really in. Find out what makes up our native soils and why they can grow spectacular landscape plants – if you choose correctly. Finally, this class provides the details of that mysterious and magical thing called “microclimate.” **A materials fee of \$5 is due at the beginning of class.** Recreation Center Classroom.

Wed Mar 6 6-8:30p \$15

MAKING MORE OF YOUR PLANTS

1 CLASS

Joe Seals. Learn simple methods of vegetative propagation to grow your own cuttings and make your own divisions. The focus is on perennials, shrubs, and house plants. Recreation Center Classroom.

Wed Mar 13 6-8:30p \$15

GARDEN PEST MANAGEMENT WITHOUT PESTICIDES

1 CLASS

Joe Seals. Managing garden pests is not about which pesticide to use or which homemade concoction works on the garden beasties. It’s about being proactive rather than reactive; it’s about putting that ounce of prevention to work for you. This class presents an integrated approach to keeping your plants – the ornamental and the edible – free from diseases and insects in dozens of ways. And just in case something does find its way into your yard, we’ll tell you how to attack it in proven ways **A materials fee of \$5 is due at the beginning of class.** Recreation Center Classroom.

Wed Mar 27 6-8:30p \$15



ADULT PROGRAMS



SMALL ANIMAL MASSAGE 2 WKS

Janice Hill and Alice Cramer. Bring your dog and your significant other to classes for hands-on massage techniques. Learn the basics of providing soothing and healthy massage for your pets. This class will teach you the basics of Swedish massage strokes for use on cats and dogs. Massaging your cat or dog can improve their circulation, help with their immune system, balance their muscles, improve their muscle strength, help avoid injury, lower blood pressure, and deepen your relationship with your animal. Learn when to massage and when not to massage, what signals your animal is giving you, and how to read their feedback during the massage. **Students will learn how to adapt techniques for cats, but please do not bring cats to class. Participants will need to bring a towel or pad for your dog to lie on.** Recreation Center Classroom.

Fri Oct 12 & 19 7-8:30p \$38*

Because Poulsbo history is your history...

Martinson Cabin Museum
open Saturdays
10-4 in Nelson Park



Heritage Museum
in City Hall, open
10-4, Wednesday
through Saturday

Maritime Museum
open daily 10-4 at
19010 Front St. NE



POULSBO
HISTORICAL SOCIETY

PoulsboHistory.com 360-440-7354



Register Online!

CityOfPoulsbo.com/register





HOW TO BUILD A FREE WEB SITE & BLOG!! 2 CLASSES

Jami Sipila, owner of local video production & media company, LondonBLUE Studios. In this class, you will learn how to set up an account with Wix.com, learn basic navigation of the editor and how to work within templates. We will create "Home", "Contact", "About" and "Blog" pages to make it a functional web site for you or your business. You will also learn about adding different types of content including text, pictures, and video. **Some computer and internet knowledge are required. Information will be taught as a class, not on a one-on-one basis, so**

please be prepared for a small classroom environment. It is recommended that you plan to take notes through the lesson. You should bring a laptop & have an email account (any provider) to follow along but are welcome to come and take notes if you don't. For class questions, please feel free to contact Jami directly by emailing her at LondonBlueStudios@gmail.com or message her on Facebook at facebook.com/LondonBlueStudios. (See LondonBlueStudios.com, MickeyMagicalAdventures.com, & MyKitsapWedding.com for examples). Recreation Center Classroom.

W/Th	Nov 7 & 8	12-2:30p	\$92*
Tu/W	Feb 5 & 6	7-9:30p	\$92*

ADULT PROGRAMS

KITSAP SALMON FREE VIEWING SITES

November 3, 2018 10 am - 2 pm



CHICO SALMON PARK

Chico Way at Golf Club Hill Road

CHICO CREEK MOUTH

4270 Kittyhawk Drive NW, Bremerton

CLEAR CREEK TRAIL RIDGETOP PAVILION

9228 Ridgetop Blvd., Silverdale

COWLING CREEK

20325 Miller Bay Road, Poulsbo

By appointment or self-guided tours Oct - Nov
Call: 360.981.7658

JARSTAD PARK

4230 W. Belfair Valley Road, Gorst

KETA LEGACY FOUNDATION RHODODENDRON PRESERVE

Tours begin at 10 am, Last tour at 1 pm.
2401 Seabeck Highway, Bremerton

POULSBO'S FISH PARK

288 NW Lindvig Way, Poulsbo

SALMON HAVEN AT DICKERSON CREEK

Northlake Way NW and
Taylor Road, Bremerton



Photo Courtesy of Mary Zabinski

For more information or to schedule group tours:
KitsapSalmonTours.org, 360.337.7157

Brought to you by City of Bremerton, Chico Salmon Park Stewardship Group, Clean Water Kitsap, Clear Creek Task Force, Great Peninsula Conservancy, Hood Canal Salmon Enhancement Group, Keta Legacy Foundation, Kitsap County, Kitsap Public Utility District, Kitsap Poggie Club, City of Poulsbo, Suquamish Tribe, Washington Sea Grant, Washington Dept. of Fish and Wildlife, WSU Extension

WSU Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local WSU Extension office. Reasonable accommodations will be made for persons with disabilities and special needs who contact Amy Brodbeck at 345 6th Street, Suite 550, Bremerton, WA 98337 360.337.7157

ADULT PROGRAMS

Marilyn M. Miller is a registered investment adviser, dba Federal Benefits Advisors, in the State of Washington. She is licensed for life, annuities, long term care, final expenses and disability insurance in WA. In addition, she has National Social Security Advisor certification from the National Social Security Association LLC in Cincinnati.

SOCIAL SECURITY: WHAT YOU SHOULD KNOW BEFORE YOU RETIRE 1 CLASS

Marilyn Miller. As if navigating Social Security isn't daunting enough; employees at the Social Security are not trained or allowed to give advice on the numerous benefit options available. There are 2,728 rules for Social Security benefits as well as 567 ways to claim benefits. All the changes put into law Nov 2015 will be discussed. With life expectancy increasing, retirees outliving their income is a major concern. With the number of claiming options that can impact an applicant's income, it is critical to have somewhere to turn for guidance. This seminar will provide the information for making informed decisions. As a follow up to the course, if requested, attendees will be provided with a written report of their options. There is no cost for the report, but attendee will need to schedule a time to meet with Marilyn in her Poulsbo office for review. Recreation Center Classroom.

Thu	Sep 13	6:30-7:30p	\$25
Sat	Oct 13	10-11a	\$25
Tue	Nov 13	6:30-7:30p	\$25
Thu	Jan 17	6:30-7:30p	\$25
Sat	Feb 16	10-11a	\$25
Tue	Mar 12	6:30-7:30p	\$25



**Daffodil
Planting Day**

**Saturday
November 3rd
at 9a**

POULSBO CITY HALL PARKING GARAGE

**Individuals and organizations welcome!
Bring your gloves and trowel!**

FACILITY RENTALS

**CLASSES...Meetings...
BIRTHDAY PARTIES...
LUNCHEONS...CRAFT
Clubs...Mom's groups**



**The Parks and
Recreation Center has two
rooms available for rent.
Prices range from \$10-\$25
per hour plus sales tax, and
are available around the
recreation class schedule.
Please give us a call at
360-779-9898 for more
information.**

**UH, OH!
IT'S BEEN CANCELLED?!**



**We don't like cancelling classes either!
Unfortunately, sometimes people wait too long
to register and we have to.**

Please remember to register early to avoid disappointment!



ADULT PROGRAMS



Don Soderquist, CMFC, Financial Advisor with Waddell & Reed, is offering the following financial and investment classes to the community this fall and winter. For questions regarding the workshops, please contact him at (360) 613-7031. Everyone who attends will receive a free full-color workbook.

Don Soderquist and Waddell & Reed receive no compensation for the seminar. Registration fees are charged by Poulsbo Parks & Recreation which Waddell & Reed has no affiliation to. Securities and investment advisory services offered

through Waddell & Reed, Inc., a Broker/Dealer, Member FINRA/SIPC and a Federally Registered Investment Advisor. Insurance products are offered through insurance companies with which Waddell & Reed has sales arrangements.

YOUR RETIREMENT INCOME – MAKING IT LAST AND ENJOYING IT

As you stand at the eve of your retirement, feel confident that your assets can last as long as you do and that you are positioned to enjoy the retirement you've always envisioned. Recreation Center Classroom.

Tue	Sep 18	6-7:30p	\$10
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LONG-TERM CARE

This presentation discusses the ins and outs of long-term care, the reasons it is needed and how to plan for it financially. Careful financial planning can help protect you and your family from debilitating bills associated with long-term care. Recreation Center Classroom.

Tue	Oct 23	6-7:30p	\$10
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YOUR RETIREMENT – WHAT TO EXPECT AND HOW TO PLAN

As retirement nears, create a plan designed to ensure your income will last as long as you do. We will help you know what to expect in retirement and guide you through the steps, so you can head confidently into the future. Recreation Center Classroom.

Tue	Jan 15	6-7:30p	\$10
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MONEY MANAGEMENT: IDENTIFYING ISSUES AND OPPORTUNITIES

Planning for a sound financial future starts with basic money management. This seminar covers money management basics, managing financial risks, retirement funding and how to begin the financial planning process. Recreation Center Classroom.

Tue	Feb 12	6-7:30p	\$10
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YOUR RETIREMENT – MEDICARE AND HEALTH OPTIONS

Your retirement financial decisions would be incomplete without factoring in health care. This presentation explores health care options you will encounter in retirement. Recreation Center Classroom.

Tue	Mar 5	6-7:30p	\$10
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ADULT FITNESS & SPORTS

The Recreation Center is a great place to enjoy fitness classes. The fitness room is air conditioned with a padded floor and large mirrors. Limited showers are available. Bring a water bottle and a towel and/or exercise mat for floor work.

Purchase a punch card for use in all classes: 10 classes - \$56; 15 classes - \$72. Drop In: \$8. City residents receive an \$8 discount on punch cards.

Time & Day	Monday	Tuesday	Wednesday	Thursday	Friday
8:10-9:10am	TNT: Tighten & Tone (Lori)	Yoga Basics (Lori)	TNT: Tighten & Tone (Lori)	Yoga Basics (Lori)	TNT: Tighten & Tone (Lori)
5:30-6:30pm	Yoga (Jolene)		Yoga (Drew)		

YOGA BASICS

Lori Whiting, ACE. A revitalizing mind/body workout designed to increase flexibility and strength through yoga postures, using yoga blocks and straps to modify postures and focusing on proper alignment. We'll work on balance and use breathing and relaxation for stress relief. All levels welcome.

TNT – TIGHTEN ‘N TONE

Lori Whiting, ACE. This class will help to define and tone muscles and speed up your metabolism using resistance bands and dumbbells. Core conditioning exercises will help shape and define your physique and strengthen back muscles. We'll finish with stretching to increase flexibility and relaxation and breathing to relieve stress. All levels welcome.

YOGA

Jolene Culbertson, RYT 200. Gain greater flexibility and strength with a focus on basic yoga postures, alignment, and breath in a non-intimidating environment. This class is perfect for all levels of experience and fitness.

YOGA

Drew Kunz. Explore and strengthen the body through alignment, breath, and mindfulness to help develop a healthy, sustainable Yoga practice. Casual and slow paced with lots of time to dive deep, transform and unfold. Ideal for beginners, those with injuries and/or those just wanting to deepen their practice.



ADULT FITNESS & SPORTS

SELF DEFENSE WORKSHOP FOR WOMEN

AGE 13 THRU SENIORS

1 CLASS

Mike Cain. Learn how to protect yourself in this informative class taught by martial arts instructor, Mike Cain. Class includes hands-on instruction in how to defend against choking, punching, grabbing, and pushing. No hard hitting or throws. You will learn about pressure points, joint locks, and practical application for self-defense. There is controlled contact as you learn the various moves. We will work within your physical limitations. Great for young women headed to college.

Recreation Center.

Fri	Sep 21	5-8p	\$35*
Fri	Oct 26	10a-1p	\$35*
Sat	Jan 19	10a-1p	\$35*
Sat	Mar 9	9:30a-12:30p	\$35*



SHO-REI-SHOBU-KAN OKINAWAN GOJU-RYU KARATE-DO

AGES 8-ADULT

4 WKS

Charles Todd. This is a traditional Okinawan style of Karate as referenced in the Karate Kid movies. Instructor will work with students at all levels. Students will learn self-discipline as an effective means of self-defense. Focus on building strength, discipline, and moral character. Students will learn basic techniques associated with this karate style. Learn how to deescalate an awkward situation and be more aware of your surroundings. A great way to get in shape, fun for the whole family!

Students will need to purchase a Gi (karate uniform); information for purchase will be available from the instructor at the first class. Charles Todd is a 4th degree black belt and a certified instructor under the Sho-Rei-Shobu-Kan organization. Mr. Todd has been active in Karate for over 35 years. **No class Oct 31, Dec 26 or 29.** Recreation Center Gym.

Wednesdays	6:45-7:45p
Saturdays	10a-12p
Sat & Wed classes:	\$85* per session
Sat only classes:	\$55* per session
+ Dec Wed/Sat session:	\$75*
Session 1:	Sep 5-29
Session 2:	Oct 3-27
Session 3:	Nov 3-28
Session 4:	Dec 1-22+
Session 5:	Jan 5-30
Session 6:	Feb 2-27
Session 7:	Mar 2-23

FACILITY RENTALS

CLASSES...Meetings...
BIRTHDAY PARTIES...
LUNCHEONS...CRAFT
Clubs...Mom's groups



The Parks and Recreation Center has two rooms available for rent. Prices range from \$10-\$25 per hour plus sales tax, and are available around the recreation class schedule. Please give us a call at 360-779-9898 for more information.

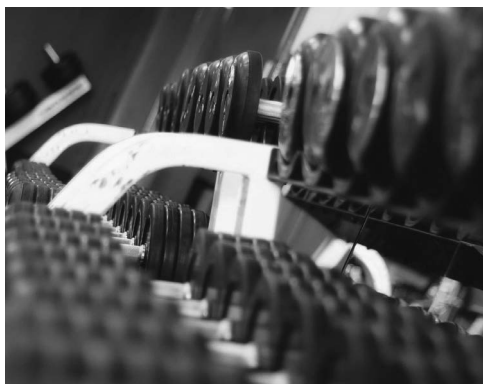


Register Online!

CityOfPoulsbo.com/register



ADULT FITNESS & SPORTS



WEIGHT ROOM

The Recreation Center offers separate weight room and cardiovascular equipment for the community's use. There are various weight lifting machines including a Hoist V-5 multi-station machine with leg press attachment; a Powertec multi-station machine using free weights, and a Parabody Safety Squat Rack with Lat and Row attachments. We also have a Precor Elliptical. **Youth 16 years or older may use the weight room with a waiver signed by their parent.**

\$29* / mo for individuals / \$5 drop in.

\$49* / mo for family



RACQUETBALL

The Recreation Center has two fully enclosed courts available for play on a reservation or walk-in basis. Courts may be reserved on a first come basis **two days in advance during prime-time hours**, or day of play by phone or in person. Court time can be scheduled from 8a-6:30p Mon-Thu and 8a-5p on Fridays. **No black-soled shoes or street shoes are allowed on the courts.**

\$8 per hour or a 10-hour punch card for \$70. Racquets and balls available for rent for \$1 per hour.

WALLY BALL

A fast game of volleyball on a racquetball court, this game is for 6-8 people, and is gaining interest and participation in the area. Reservations are made similar to racquetball, by calling in a reservation for a court and the equipment. Court time can be scheduled from 8a-6:30p Mon-Thurs and 8a-5p on Fridays. A complete set of rules is also available.

\$10 per hour or a 10-hour punch card for \$85.

PICKLEBALL!

Stop in and tryout a recreational sport created right here in the Northwest! Pickleball is played on a 20'X44' court, over a 36" net. We will use a drop-in fee on site, cash only, to cover expenses for the gym. **Bring your own paddles and balls or rent a pair of paddles and a ball for a buck!** Kingston Middle School Gym.

Sundays 3:30-5:30p \$3 drop-in
Fees are paid at the gym.

BASKETBALL: ADULT OPEN GYMS

Do you have time for Sunday evening basketball? Our Open Gyms are geared for our 30+yr-olds, but those 18 years & older may participate. Everyone plays! Poulsbo Middle School. **Good sportsmanship is required.**

Sundays 6-8p \$3 drop-in
Fees are paid at the gym.



ADULT FITNESS & SPORTS



LEARN TO ROW WITH KITSAP ROWING ASSOCIATION

Are you ready to spend quality time outside on beautiful Liberty Bay in Poulsbo? Have you wanted to try the fastest growing sport in America, but weren't sure where to start?

Kitsap Rowing Association (KRA) is offering Learn to Row (LTR) classes for anyone who has never rowed in a shell before and has an interest in learning the sport. Rowing is a nonimpact life time sport with many rowers continuing into their age 70's and 80's. Rowing utilizes all the body's major muscle groups and provides for both a strength and cardio workout. The sport is team oriented and lots of fun. The goal of the LTR is to teach students to be comfortable in a rowing shell with the option to join our club's regular rowing sessions. **Participants should have no active knee or back issues, should be able to lift 30 pounds overhead and do a squat, and have the knee flexibility to get in and out of shell.** Each 12-hour class consists of 5 sessions: one on-land on Wednesday evening, and 4 on-water sessions over the following Saturday and Sunday.

As a member of the US Rowing Association, KRA supports both recreational rowing and competitive rowing. For more information please visit: www.kitsaprowing.org. If you have rowed before or would like to cox or coach, please contact us directly at kitsaprowing@gmail.com. Registration for Learn to Row is through Poulsbo Parks and Recreation. Minimum class size is 3; a second boat can be added to any class if there are 10, 11, or 12 registrants.

Wed	Sep 26	On Land: 6-8:30p
Sat	Sep 29	On Water: 6-11a
Sun	Sep 30	On Water: 6-11a

Sat & Sun will have a break between the two daily on-water sessions.
Fee: \$199*

SENIOR PROGRAMS

SMART PHONE 101

1 CLASS

Crista Dougherty. Is your phone smarter than you? In this class we will be teaching the basics about SmartPhones. Phone settings, Apps, contact management, photos text messaging, SD cards and of course, using it as a phone.

Bring your phone and your questions. Recreation Center Classroom.

Sat	Oct 13	12-2p	\$10
Sat	Feb 16	11:30-1:30p	\$10



“MOMENTIA” - GUIDED WALKS THROUGH POULSBO’S FISH PARK

Led by Poulsbo’s Fish Park Steering Committee Members. Momentia is a grassroots movement empowering people with memory loss and their loved ones to remain connected and active in the community. There is a thriving program in Seattle, but it’s time to try some programs in Kitsap. It’s being told throughout our parks, theaters, libraries, museums, and cafes – as our vibrant public spaces become venues for an exponentially expanding number of “dementia-friendly” opportunities. Together, we can transform what it means to live with dementia in our community, changing the story from one of despair, to one of connection, growth, purpose, hope, and finding joy in the moment.

For these tours, the group will meet in the parking lot of Poulsbo’s Fish Park and enjoy a walk through different areas. The wonderful volunteers leading these walks have been involved in all aspects of developing the park and maintaining the areas for the community to enjoy. Come enjoy the sights and sounds of this unique place with the people who really love this now 43-acre park. **The walk is free, but please register through Poulsbo Parks and Recreation so we know how many people are coming. All ages welcome - maximum 20 people per tour. Must be able to walk for 1/2-1 mile. Rain or shine! Please sign up by the Wednesday prior to each walk.** Poulsbo’s Fish Park, 288 NE Lindvig Way.

Fri	Sep 28, Oct 26	10-11a	FREE
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SENIOR TRIPS

Poulsbo Parks and Recreation continues to provide Senior Trips and Excursions for the community! A partnership with Martha and Mary Health Services utilizes MMHS’s 16 passenger mini bus on these day-long excursions throughout the Northwest. We will also be using NW Passage Charters & Tours busses for some of the trips, as noted in the trip description (NWPCT). We will continue to utilize and enjoy the senior trip driver volunteers that you have gotten to know over the years, along with a few new ones.

*** We are looking for additional volunteer drivers with a CDL and a valid DOT medical exam certificate to drive some of these Senior Trips and Excursions. Please call Mary at 360-394-9772 if you are qualified and interested. ***

To reserve a space on a trip, you may register **online**, come to the Recreation Center, or *mail in* your registration as *soon as you receive your brochure*. Fees usually include transportation and ferry, with admission and lunch on your own. Trips fill up quickly, so get your reservation in soon. Waiting lists will be formed for all trips filled. **No credit will be issued prior to the trip UNLESS your place can be filled.** The departure and return point for all trips is the Recreation Center. Typically, there is a minimum of 13-18 participants per trip.

Please be aware that sometimes our trips run a little behind schedule due to traffic issues, ferry schedules and other uncontrollable situations. Please plan accordingly. Also, these trip descriptions are as up-to-date as possible as of the print date of this catalog. Occasionally something will change slightly – a menu item, a ferry departure and the like. We will alert passengers if we feel like the change will modify the trip in any way; otherwise, we will go with any minor changes.

Walking Assessment:

- 1) Limited walking, but most is on flat terrain or indoors.
- 2) Medium walking, including some outdoor situations or possible uneven ground.
- 3) Quite a bit of walking, but most should be on hard surfaces.

SENIOR PROGRAMS



NORTHWEST TREK WILDLIFE PARK

2

Thu, Sep 13 8a-5p \$61*
sales tax \$5.49 Total \$66.49

So close, yet far enough away to have a wild experience. You'll start the day out with a 50-minute naturalist-guided tram tour of the free-roaming area, which allows you to see bison, Roosevelt elk, moose, mountain goats and other native animals, up close and in their natural habitats. A self-guided walking tour along the paved trails in the core of the park provides the opportunity to see grizzly bears, wolves and more in naturalistic exhibits. You'll enjoy a boxed lunch from Central Market before you get to experience an Animal Trailside Encounter. The keepers will let you get close to a beaver, porcupine, skunk, or other small animals. Learn about where they live and what they eat. **Fee includes transportation, admission, lunch, and tours.** Please choose one of the following for your boxed lunch: Roasted Turkey Sandwich on whole grain bread; Italian Grinder on a baguette; Turkey Cranberry on whole grain bread; Caprese Sandwich on a Panini; Roast Beef & Blue Cheese on a baguette; Jambon & Brie Baguette; Pastrami & Jarlsberg Sandwich; or a Caesar Salad. (MMHS Bus)

MT. RAINIER IN THE FALL

1

Wed, Sep 19 7:30a-6p \$89*
sales tax \$8.01 Total: \$97.01

Fall has arrived at the mountain. Leaves have turned. The evenings have become brisk, and the crowds have begun to thin. Autumn at Mount Rainier; it's simply a stunning time to visit the park. Come with us as we drive (via charter bus) to see scenic foliage including cottonwoods, willows, elderberry, aspen, and tamarack (western larch). Every deciduous tree and shrub is in transition and the colors will amaze you! We will make stops. Please bring your Golden Age pass if you have one. **Fee includes bus transportation, park admission and boxed lunch.** Please choose one of the following for your boxed lunch: Roasted Turkey Sandwich on whole grain bread; Italian Grinder on a baguette; Turkey Cranberry on whole grain bread; Caprese Sandwich on a Panini; Roast Beef & Blue Cheese on a baguette; Jambon & Brie Baguette; Pastrami & Jarlsberg Sandwich; or a Caesar Salad. (NWPCT Bus)

UH, OH!

IT'S BEEN CANCELLED?!



We don't like cancelling classes either!
Unfortunately, sometimes people wait too long
to register and we have to.

Please remember to register early to avoid disappointment!





Register Online!

CityOfPoulsbo.com/register



SENIOR PROGRAMS

THE "NEW" NORDIC MUSEUM AND BALLARD LOCKS 2

Tue, Sep 25 7:45a-5p \$57*
sales tax \$5.13 Total \$62.13

The Nordic Museum in Ballard is an internationally recognized museum and cultural center where people of all backgrounds are welcomed to be inspired by the values, traditions, art, and spirit of the Nordic peoples. Dedicated to collecting, preserving, and educating since its founding in 1980, the Nordic Museum is the largest museum in the United States to honor the legacy of immigrants from the five Nordic countries: Denmark, Finland, Iceland, Norway, and Sweden. Today we will have a docent-led tour of this new museum that opened in May 2018. After stopping for lunch, we will stop by the Hiram Chittenden Locks to see boats maneuvering between the Sound and the fresh waters of the ship canal. The grounds also feature a fish ladder and the Carl S. English Jr. Botanical Garden — one of the most beautiful park settings in Seattle. We'll venture over there today and hope to see fall Chinook and Coho in the fish ladders. **Fee includes transportation and tours; lunch is on your own. (MMHS Bus)**

DUNGENESS CRAB AND SEAFOOD FESTIVAL 3

Sat, Oct 6 9a-5p \$29*
sales tax \$2.61 Total \$31.61

In our own back yard is Port Angeles and its scenic waterfront! Here you'll find their biggest seafood fest of the year! Events include chef demonstrations, the "grab-a-crab" crab derby, more than 50 local arts and crafts booths on the pier, family activities, environmental education programs, and great live music on the Festival stage. The Coast Guard will have a demo over the open waters, and the highlight of the day is Crabfest - an old-fashioned crab feed complete with large kettles of fresh local Dungeness crab, sweet corn, and organic coleslaw. A wine and beer garden will offer tastings by the Olympic Peninsula Winery Association and a selection of Northwest craft beers. We will drive through Troll Haven in Gardiner on the way back. **Fee includes transportation. Food and shopping is on your own. (MMHS Bus)**



LEAVENWORTH IN FALL COLORS 2

Thu, Oct 11 7a-7p \$67*
sales tax \$6.03 Total: \$73.03

Fall colors at their best! Join us as we cruise up Stevens Pass to the beautiful city of Leavenworth. The drive alone is worth the trip, but after getting up there; you can wander the shops and enjoy the people-watching. Leavenworth is a city full of Bavarian spirit and civic pride! **Fee includes bus transportation and ferry. Lunch and shopping on your own. (NWPCT Bus)**



TACOMA GLASSBLOWING STUDIO 1

Thu, Oct 25 10a-4:30p \$109*
sales tax \$9.81 Total \$118.81

We first did this trip in 2016, and it was a tremendous success! We will head to the Tacoma Glassblowing Studio to use our creative talents and glass. Each person in the group will select a project and will blow the glass to create a treasure! You can choose from one of 13 shapes including: vases, bowls, plates, clam shell, paperweight, heart, pumpkin or ornaments. You will get all of the supplies and instruction needed to complete your project. The glass will then be fired, and Parks & Rec will pick-up a few days after the class. We will enjoy lunch in Tacoma before the class. **Fee includes transportation and class; lunch is on your own. (MMHS Bus)**



Register Online!

CityOfPoulsbo.com/register



SENIOR PROGRAMS

IKEA AND BROWN & HALEY OUTLET STORE

2

Tue, Nov 6 8:30a-5p \$69*
sales tax \$6.21 Total \$75.21

Back by popular demand! Fun shopping experiences will fill our day. First, we will venture to Ikea in Renton, which is an adventure in its own. There you can wander the large store and look at a variety of house wares and furniture items. It has been 70 years since Ikea began in a small farming community in Sweden. You will have lunch (on your own) at the famous IKEA café, complete with Swedish meatballs. We are chartering a bus for this one, so you can be prepared to shop and bring back treasures. After leaving there, we'll stop at the Brown & Haley Outlet Store in Fife, where you can purchase their famous Almond Roca, other candies, and excess packing materials (for art projects) at great discounts. **Fee includes transportation; shopping and lunch is on your own. (MMHS Bus)**

CHRISTENSON'S NURSERY AND LA CONNER

2

Thu, Nov 15 7:30a-5:30p \$79*
sales tax \$7.11 Total \$86.11

The holidays are quickly approaching! First, we'll stop in Mt. Vernon at the famed Christenson's Nursery. Enjoy the smells and the sights of the holidays. As always, Primrose, the gift and antique shop, will be adorned from floor to ceiling; sparkling with holiday cheer. Then we'll head into La Conner, a lovely seaside town. Known as both an artist enclave and a boater's paradise, and with a decidedly coastal-community feel, La Conner has an almost magical quality that brings visitors back again and again. Shopping in La Conner during the holidays is always fun, and maybe you'll even find a treasure for yourself! **Fee includes transportation and ferry; lunch is on your own. (NWPCT Bus)**



*To our many community
Sponsors, partners &
volunteers at Poulsbo
Parks & Recreation!*



Spooktacular

Central Market | WB Properties | Navy
Federal Credit Union

Viking Fest Road Race

Kitsap Physical Therapy
Poulsbo Running | Sport Haus
Maxx Nutrition | Tuna Graphics
KitsapSun / Fusion Creative Works
Jerry Cooper | West Sound Cycling

Easter Candy Hunt

Poulsbo Lions Club | Hill Moving Services
WB Properties | North Kitsap Fishline

Summer Nights on the Bay

Western Wa University
Catherine Arlen Team, Windermere Real
Estate | Port of Poulsbo | InMotion
Performing Arts Studio | Navy Federal
Credit Union

Poulsbo Park Projects

Poulsbo Lions Club | Poulsbo-NK Rotary
Club | Poulsbo's Fish Park Steering
Committee | WWU-Huxley College |
Poulsbo-BI Trout Unlimited | Stendahl
Ridge neighbors | RandyKan | American
Building & Roofing | Windermere-Poulsbo
Tim Ryan Construction | Puget Sound
Energy | Scott's Tree Service |
Westerland Tree Service | Waag Tree
Service | Freddie Mac | Scouts Daniel
Sheriff, Tim Lara | Volunteers

Senior Trip Volunteers

Diann Hebert | Carol Salo | Doug & Lin
Murray | Moe O'Rourke | Christine Salo |
Jill Anderson | Lisa Lane

SENIOR PROGRAMS

31ST ANNUAL - A VICTORIAN COUNTRY CHRISTMAS FESTIVAL 2

Thu, Nov 29 8:30a-5p \$42*
sales tax \$3.78 Total \$45.78

Step back in time into a Victorian village where holiday music fills the air! Shop in over 500 stores and find the perfect gift for everyone on your list. Enjoy gourmet food, wine, and delicious taste treats throughout the festival! Visit two beautiful theaters and see countless professional stage shows, The Singing Nativity and concerts! Soak in the atmosphere of music, lights, and décor... because Christmas starts at A Victorian Country Christmas in Puyallup. Today is Senior Day, with giveaways and special shows. **Fee includes transportation and show ticket; lunch is on your own. (MMHS Bus)**

SKY NURSERY AND MOLBAK'S GARDEN + HOME 2

Tue, Dec 4 7:50a-5p \$42*
sales tax \$3.78 Total \$45.78

Nothing says December like a visit to various nurseries that are decked out for the holidays! First, we'll visit Sky Nursery in Shoreline. They started as a feed and garden store in 1953, but today Sky Nursery is recognized as the Gardener's Garden Store throughout the region for its quality plant materials and garden supplies, and an experienced, knowledgeable staff. Join us as we walk through and enjoy the decorations, gifts, and plants. We will then head over to Woodinville to Molbak's, known for its beautiful decorations and gift items, but also for its annual Poinsettia Festival. You can walk through rows and rows of all colors and decide which ones to take home. **Fee includes transportation and ferry. Lunch and shopping on your own. (MMHS Bus)**

THE LIGHTS OF CHRISTMAS AT WARM BEACH 3

Thu, Dec 13 2:15-9:30p \$79*
sales tax \$7.11 Total \$86.11

More than one million Christmas lights will be displayed during 21 days in December, a spectacle spread over 15 acres at Warm Beach Camp in Stanwood, Washington. The Lights of Christmas is the largest holiday light display in the Pacific Northwest that combines live entertainment, children's activities, food, holiday shopping and more. Lots of walking so be prepared for the weather! Please note that this is an evening event, and the bus returns later than most trips. **Fee includes transportation, ferry and show ticket; dinner and shopping are on your own. (NWCPT Bus)**

BEST BREAKFAST IN TACOMA AND THE LEMAY - AMERICA'S CAR MUSEUM 2

Tue, Jan 22 9a-3:30p \$45*
sales tax \$4.05 Total \$49.05

We'll start out at a restaurant known for serving superb breakfasts. At Southern Kitchen, everything is made from scratch. Prepare to experience southern cooking at its down-home best. This award-winning restaurant is listed in Northwest's Best Places and The Best Restaurants in America where the locals eat. After that, we'll head over to LeMay - America's Car Museum (ACM), which spotlights America's love affair with the automobile. Featuring a 9-acre campus - with a four-story museum as the centerpiece - and is situated atop Tacoma. Opened in June 2012, ACM is designed to preserve history and celebrate the world's automotive culture. The spacious facility houses up to 350 cars, trucks and motorcycles from private owners, corporations, and the LeMay collection, which amassed a Guinness Book record of more than 3,500 vehicles in the mid-'90s. **Fee includes transportation and Lemay Museum. Breakfast/Lunch is on your own. (MMHS Bus)**



THE BILL & MELINDA GATES FOUNDATION AND THE CHIHULY MUSEUM 2

Thu, Jan 31 8:45a-5p \$69*
sales tax \$6.21 Total \$75.21

Come join us as we spend our day at or around the Seattle Center. First, we'll stop by the Gates Foundation, where we will enjoy a fascinating tour of the Foundation and learn how they are helping causes worldwide. You'll encounter powerful stories about the impact of the Bill & Melinda Gates Foundation and its partners toward improving the quality of life for billions of people. The interactive exhibits let you explore first-hand bold, innovative solutions to the most pressing challenges facing communities around the globe. After having lunch on the Center grounds, we'll venture over to the Chihuly Glass Museum. Having always loved the Space Needle, Chihuly was delighted with the opportunity to design an Exhibition Hall, a Garden installation, and a Glass-house in his own community. He also chose specific artworks from his career and started to envision new sculptures for the site. **Fee includes transportation, ferry, museum ticket and tours. Lunch is on your own. (MMHS Bus)**

SENIOR PROGRAMS

THE MALTBY CAFÉ AND ANTIQUES IN SNOHOMISH 2

Thu, Feb 7 8:45a-5p \$39*
sales tax \$3.51 Total \$42.51

We'll start the day with a world-class breakfast at the Maltby Café in lesser-known Maltby. Situated below a 1930s-era gymnasium in what used to be a school cafeteria built in 1911, the Maltby Cafe dishes up outstanding country breakfasts and equally satisfying lunches. We'll take the back roads and cruise into the town of Snohomish, where we can drive through downtown Snohomish and explore antique shops galore. **Fee includes transportation and ferry – lunch and shopping on your own. (MMHS Bus)**

MUSEUM OF GLASS AND PT. DEFIANCE PARK IN TACOMA 1

Thu, Feb 21 9a-3:30p \$39*
sales tax \$3.51 Total \$42.51

Feel the heat as you watch a team of artists create masterpieces from molten glass in the West Coast's largest Hot Shop—housed inside the iconic 90-foot stainless steel cone—and marvel at edgy and inspiring exhibitions of glass in the galleries. With its striking architecture, majestic outdoor art installations, the remarkable Chihuly Bridge of Glass and the finest Museum Store around, **Museum of Glass** is Tacoma's cultural landmark. Today we will have a "Senior Tea and Tour", led by a docent through the galleries and Hot Shop. The Tour culminates with tea and cookies in the Education Studio, along with an art-making project. We will find a fun restaurant for lunch before heading driving through Pt. Defiance Park. This 760-acre park is a popular destination for more than 3.1 million people each year. Natural forest, saltwater beaches and spectacular views offer numerous possibilities for recreation, education and communing with nature. **Fee includes transportation and museum admission; lunch is on your own. (MMHS Bus)**



ALDERBROOK RESORT AND THE WILD FELID ADVOCACY CENTER 2

Tue, Mar 12 10a-4p \$59*
sales tax \$5.31 Total \$64.31

It's almost spring again – right? We will start off the day with an early lunch at the Alderbrook Resort in Union. This resort sits on the Hood Canal and boasts lovely grounds to stroll around. After lunch we will hop back into the bus and head to The Wild Felid Advocacy Center on Harstine Island in Mason County. Here we will see a variety of wild cats that are being cared for by this non-profit organization. Their mission is to provide a safe haven, education, and conservation for wild cats. Join us for a guided tour where you will learn about their species, individual stories, and how they are cared for at the center. The Wild Felid Advocacy Center re-connects people with wildlife by introducing visitors to rare, threatened, and endangered species—up close and personal. The Center's animal residents serve as ambassadors for their wild counterparts. **No photos allowed. Fee includes transportation and tour. Lunch is on your own. (MMHS Bus)**

SENIOR PROGRAMS



LA CONNER & DAFFODILS 2

Wed, Mar 20 7:30a-5:30p \$79*
sales tax 7.11 Total \$86.11

You all have heard about the Skagit Valley Tulip Festival right? While the tulips are the most famous blooms, there's nothing quite as wonderful as entire fields of bright, cheery daffodils against a Mt. Baker backdrop. It's just so beautiful in March with the Daffodils blooming! After visiting the fields we'll venture into La Conner for lunch and browsing. La Conner has an almost magical quality that brings visitors back again and again. It's the kind of community that many of us yearn for; charming and picturesque, with a vibrancy all its own. **Fee includes transportation and ferry. Lunch and shopping is on your own. (NWPCT Bus)**

WOLFHAVEN AND TENINO 3

Thu, Mar 28 8:30a-5p \$48*
sales tax \$4.32 Total \$52.32

We will start the morning by visiting Wolf Haven, a shelter for recuperating animals whose otherworldly howls fill the night air. The shelter's mission is to conserve and protect wolves in their habitat. We'll enjoy a walking tour with one of their docents. After that, we'll search out lunch at a local hot spot before stopping by the Monarch Sculpture Park, a nonprofit 5-acre contemporary sculpture park and a center for the arts. We will do a self-guided tour (outdoors) to look at some of the 110 contemporary sculptures. **Fee includes transportation and tours. Lunch is on your own. (MMHS Bus)**



*Daffodil
Planting Day*

Saturday
November 3rd
at 9a

POULSBO CITY HALL PARKING GARAGE

Individuals and organizations welcome!
Bring your gloves and trowel!

UH, OH!

IT'S BEEN CANCELLED?!

We don't like cancelling classes either!
Unfortunately, sometimes people wait too long
to register and we have to.

Please remember to register early to avoid disappointment!

NK COMMUNITY POOL



North Kitsap Community Pool

1881 NE Hostmark St. Poulsbo, WA. 98370

www.nkpool.com (360) 396-3285

Swimming Lessons

We offer an array of lessons starting at 6 months to adult. Our classes have a low instructor to student ratio. Preschool classes have a 1 to 4 ratio and youth classes have a 1 to 6 ratio. Preschool classes are for ages 3 yrs to 5 yrs and youth classes are for ages 6yrs to young adult. Private and Semi-private lessons are also available by request.

For more information or to register please call us at (360) 396-3285

Morning, Evening & Weekend Lessons

Fall

Session Dates

Registration

9/10 to 10/10 M/W

9/4

9/11 to 10/11 T/TH

9/4

9/15 to 10/6 Sat.

9/4

10/15 to 11/14 M/W

10/12

10/16 to 11/15 T/TH

10/12

10/13 to 11/3 Sat

10/8

11/26 to 12/19 M/W

11/16

11/27 to 12/20 T/TH

11/16

11/10 to 12/8 Sat.

11/5

Morning lessons are offered on the same schedule as Tuesday and Thursday lessons

Morning, Evening & Weekend lessons

Winter

Session Dates

Registration

1/7 to 1/30 M/W

12/21

1/8 to 1/31 T/TH

12/21

1/12 to 2/9 Sat.

12/21

2/4 to 2/27 M/W

2/1

2/5 to 2/28 T/TH

2/1

2/23 to 3/16 Sat.

2/11

3/4 to 3/27 M/W

3/1

3/5 to 3/28 T/TH

3/1

Morning lessons are offered on the same schedule as Tuesday and Thursday lessons

Swim Camp

We offer Swim Camp during non-school days and school breaks. Swim Camp includes a swim lesson (2 lessons for full day camp), supervised free swim, crafts, snacks and much more! Register early to save your spot or drop in if room is available. Swim Camp is for children ages 5 to 10. The morning session is from 7:30am to 12:30pm, and the Afternoon session is from 12:30pm to 5:30pm or our full day is from 7:30am to 5:30pm.

Price

\$135.00 Half Day Punch Card (5 punches)

\$220.00 Full Day Punch Card (5 punches)

\$33.00 Half Day Drop-In

\$55.00 Full Day Drop-In

Fall/Winter Dates

October 24th, 25th, 26th

November 12th & 23rd

December 7th, 18th - 24th, 26th - 28th, 31st

January 2nd-4th, 21st

February 1st, 18th & 19th

March/April March 27th - 29th, April 1st - 5th

Water Aerobics/Aquacise

Our Aquacise program is offered 6 days per week Monday– Saturday. It is an impact free form of exercise that can help improve strength, flexibility, and endurance. Aquacise classes are open to all ages. There is no registration required, drop-ins are always welcome.

We offer classes Monday through Friday from 6:30am to 7:30 am and 10:30am to 11:30 am. Tuesdays and Thursdays we have an evening Aqua Zumba class from 7:05pm to 8:05pm and on Saturdays from 8:30am to 9:30am. Please call for more information

Lap Swim

Please call for lane availability

Monday, Wednesday and Friday: 5:45am to 2:00pm, 5:00 to 8:00pm

Tuesdays and Thursdays: 5:45am to 2:00pm, 5:00pm– 6:30pm, 7:00pm to 8:00pm

Saturdays: 7:00am to 2:00pm

Open Swim

Saturdays from 11:15am to 2:00pm

Pricing*

Drop-ins: Adult \$5.00, Youth/Senior \$4.00, Aquacise \$5.25 and Family \$14.50

Punch Cards (12 swims): Adult \$50.00, Youth/Senior \$40.00 and Aquacise \$52.50

We also offer 1 month, 3 month, 6 month and 1 year passes.

*Prices are subject to change.

The North Kitsap Community Pool is owned and operated by the North Kitsap School District

DADDY DAUGHTER DANCE

SATURDAY, FEBRUARY 9
6:30-9pm
KINGSTON MIDDLE SCHOOL

\$13
per person

Ages 5 and up.
 Advanced sign-up required.
 Register NOW! Tickets sell out fast.

CO-SPONSORED BY THE MISS VIKING FEST COURT AND MISS WESTSOUND

Poulsbo Parks & Rec.
 200 NE Moe St.
 Poulsbo, WA 98370

ECRWSS
 POSTAL PATRON

PRSRT STD
 U.S. POSTAGE
 PAID
 Permit #1
 Seattle, WA

Saturday, Jan 5th, 2019

Kingston's

3 on 3

HIP HOP HOOP

BASKETBALL TOURNEY



<u><i>Boys and Girls Divisions,</i></u> <u><i>Grades 3-8, Max 5</i></u> <u><i>players to a team.</i></u>	Cost: \$75 per TEAM. If all members of the team are registered with Poulsbo P&R Winter BB, the team fee is \$55!
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All games held at Kingston Middle School. All team registrations must be complete by 10am, Saturday, Jan 5th. First games start at noon! Enter our Shooting Contest, which starts at 9:30am in the main gym!