

Summer 2024

Poulsbo

Parks & Recreation



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360-779-9898 / CITYOFPOULSBO.COM/REGISTER

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RECREATION DEPARTMENT OFFICE HOURS

Monday-Friday
8 am-7 pm
CLOSED for lunch 11 am-12 pm

Saturday
9:30 am-1:30 pm

(360) 779-9898

E-mail: parksrec@cityofpoulsbo.com
Facebook: @poulsboparksrec
Instagram: poulsboparksrec

City of Poulsbo



Jeff Ozimek,

Parks and Recreation Director

Few things can beat a beautiful Pacific Northwest summer, especially in our beloved picturesque Poulsbo.

Warm temperatures, bluebird skies, and endless activities await. It's a time for kids to adventure in our many incredible summer camps. A time for families to hike our trails, participate in our volunteer work parties, and leisure at our beautiful parks. It's also a time for neighbors to gather every Tuesday night at Waterfront Park with picnic baskets and blankets to listen to our free community-supported concert series Summer Nights at the Bay (see page 8).

We're proud to serve our community and have a wealth of diverse youth camps, adult and senior enrichment courses, numerous fitness programs – both indoor and outdoor – as well as free community classes. In addition to those robust recreational opportunities, we are continuing to spread the word about our partnership with North Kitsap Fishline to implement the Recreation for All Assistance Program (RAAP). This new program is intended to offer community members of all ages and abilities the opportunity to participate in diverse and high-quality recreation programs when financial hardships may prevent the ability to pay part or all of the fees. If you or someone you know may be struggling to pay for youth camps, fitness programs, or enrichment courses, please find additional details about the RAAP on page 12.

Summer is also a time for spending time outdoors. We are expanding our community volunteer work parties to help maintain our lovely parks and improve our well-trodden trails. It is thanks to our dedicated volunteers that we can make widespread improvements and upgrades. If you would like to help participate in a work party this summer - even for a short afternoon - please reach out to us. See page 5 to sign up.

Hope to see you out on our trails!

Jeff Ozimek

Closed in Observance of Federal Holidays:

Memorial Day, Monday, May 27

Juneteenth, Wednesday, June 19

Independence Day, Thursday, July 4

Labor Day, Monday, September 2



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PARKS AND RECREATION DEPARTMENT

MISSION STATEMENT

The mission of the Parks and Recreation Department is to enrich the quality of life by serving the community's needs for quality and affordable educational and recreational programs, parks, and services to all residents and visitors.

VISION STATEMENT

It is the vision of the Poulsbo Parks and Recreation Department to be the heart of a healthy community through sustainable, safe, and diverse programs and open spaces, where all residents and visitors feel inspired to live, play, learn, and thrive.

CORE VALUES

Community Enrichment

We value our community and are committed to providing parks and programs that inspire, educate, and enhance the overall quality of life for our residents and visitors. Through personal interaction and social media, we will engage our community to ensure transparency, accountability, and collaboration.

Inclusiveness & Equity

We value inclusive parks and recreation programs. We respect and honor the diversity of people, ideas, and cultures. We welcome all residents and visitors regardless of age, ability, race, ethnicity, or income level by offering accessible parks and affordable programs.

Health & Wellness

We value the health and well-being of all who visit our parks and participate in our recreation programs. We will strive to maintain the highest quality of standards of safety, function, and beauty, to create a secure environment for all to enjoy.

Stewardship & Sustainability

We value our role as the guardians of the community's open spaces and are dedicated to responsibly managing and caring for our natural, cultural, and physical resources for current and future generations.

HOW TO REGISTER

ONLINE AT CITYOFPOULSBO.COM/REGISTER

Use your e-mail address to sign in or set up an account. If that e-mail address is "taken", that means we already have an account set up for you. Call 360.779.9898 to get your login password.

Online registration is available 24/7!



BY PHONE OR IN-PERSON

Call us at 360.779.9898 or visit us at 19540 Front Street NE, Poulsbo, We are always happy to help you!

Office Hours:

Monday-Friday, 8 am-7 pm
Closed for lunch from 11 am-12 pm daily.

Saturday, 9:30 am-1:30 pm

REGISTRATION

Registration is ongoing until programs are full or are canceled due to low enrollment or other unforeseen reasons. Classes may be canceled if minimum enrollment has not been met up to five business days before the class start date, so please do not wait to register. **YOU WILL BE NOTIFIED ONLY IF THE CLASS YOU WANT IS UNAVAILABLE OR IF THERE ARE ANY CLASS CHANGES.**

Please be aware that we frequently use e-mail as a means of notification, so be sure we have your current e-mail address.

CITY RESIDENT DISCOUNT

City of Poulsbo residents receive an \$8 discount on programs marked *.

REFUNDS, CREDITS & CANCELATIONS

REFUND / CREDIT POLICY

The department may cancel classes that do not meet minimum enrollment and refunds (or credits) will be issued. You may withdraw at any time up to five business days prior to the first day of the class or program. There will be no credit given to a patron who withdraws from a program with less than 5 business days unless someone else is found to take that place.

PROGRAM CANCELATIONS

While we try to give several days notice of program cancellations, this isn't always possible due to incoming late registrations that might mean the difference between a program being canceled or not. We encourage you to register a minimum of one week in advance when possible.

INCLUSION

INCLUSION

We value the inclusion of everyone in our programs, and are committed to promoting and encouraging positive interactions among participants with and without disabilities.

We do our best to accommodate those with special needs. Children and adults with special needs are encouraged to participate in our programs. Staff members are receptive to your needs and will do everything possible to assist you. If you are interested in participating in a program but are not certain about the accessibility of a facility or wish to discuss program details, please call the Parks & Recreation Dept. to discuss specifics.

THANK YOU FOR YOUR SUPPORT

We are a small but dedicated team who are devoted to providing our community with quality programs, special events, and parks and trails for you to explore. We strive to always provide you with the best possible customer service and to be your dependable community resource. Thank you for your ongoing support!

Need help? Have questions? Give us a call! 360.779.9898

SPECIAL EVENTS AND FAMILY PROGRAMS

SPECIAL EVENTS IN POULSBO / NORTH KITSAP

Daily, June & Aug
Jun: Lions Park

Story Walk-Poulsbo KRL
Aug: MI Williams Park

JUNE

Saturday, June 1 National Trails Day
Saturday, June 1 Pets Walk with Kitsap Humane Society
Tuesday, June 11 June Tunes Concert
Friday, June 14 Bash by the Bay
Saturday, June 15 Viking Tour
Saturday, June 22 Poulsbo Sons of Norway Midsommer Celebration and Bonfire
Fri-Sun, June 28-30 Poulsbo Makers Faire at Waterfront Park

JULY-AUGUST

Tuesday Nights July-Aug Summer Concerts at the Bay

AUGUST

Tuesday, August 6 National Night Out
Wednesday, August 7 Waterfront Park Singalong with Poulsbo KRL
Tuesday, August 13 Rockaroke at Waterfront Park
Fri-Sun, Aug 16-18 Poulsbo Arts Festival



[HTTPS://CITYOFPOLSBO.COM/COMMUNITY-EVENTS-CALENDAR/](https://cityofpoulsbo.com/community-events-calendar/)



Is your event in Poulsbo?
You can now submit your event on our Calendar Posting Policy and Event Submission.

Learn what is happening in Poulsbo with our City of Poulsbo's Community Events Calendar



SUBSCRIBE TO CALENDAR NOTIFICATIONS BY CLICKING ON THE SUBSCRIBE BUTTON AT THE TOP RIGHT OF THE CALENDAR, AND YOU WILL AUTOMATICALLY BE ALERTED ABOUT THE LATEST EVENTS IN OUR COMMUNITY!

VIEW ALL EVENTS BY DAY, BY MONTH, AND BY SUMMARY.

SELECT TYPE OF EVENT, EVENT TYPE, AND AUDIENCE TYPE TO VIEW SPECIFIC EVENTS.



QUESTIONS: [LHINO@CITYOFPOLSBO.COM](mailto:lhino@cityofpoulsbo.com)

TEEN VOLUNTEER INTERNS WANTED!

Poulsbo Parks and Recreation seeks dedicated teen volunteers to assist our professional instructors with youth programs.

Volunteer interns will gain valuable work experience while earning community service hours. Qualified youth will be age 14 or older, enjoy working with children, and have a positive and enthusiastic attitude. Applicants should have an interest in arts, crafts, sports, and other recreational activities, and be a dependable and positive role model.

Interns will need to make a time commitment that will vary depending upon the season. Fall & Winter sessions could be 1-4 hours per week for up to 5 weeks; Spring & Summer sessions could include weekly camps and a commitment of 2-20 hours for an entire week.

For more information,
call Kris Goodfellow at 360-779-9898.
Applications are available at
www.cityofpoulsbo.com.



Parks & Recreation
The Heart of a Healthy Community!

VOLUNTEERS NEEDED!

Are you or your group interested in sharing your time and skills in support of impactful projects in our parks and trails? Be part of a community committed to positive change!

VISIT [HTTPS://FORM.JOTFORM.COM/POULSBO/PARKS-AND-TRAILS-VOLUNTEERCOMMUNITY](https://form.jotform.com/poulsbo/parks-and-trails-volunteercommunity)

OR FOLLOW THE QR CODE TO COMPLETE OUR INTEREST FORM



VOLUNTEER BENEFITS:

- ENHANCEMENT OF SKILLS
- MAKING CONNECTIONS
- MAKE AN IMPACT
- INDIVIDUAL DEVELOPMENT

JOIN US NOW!



For more information, call Rachel Cornette, Parks Coordinator
360-394-9772

Community Enrichment

You are capable of amazing things

The mission of the Parks and Recreation Department is to enrich the quality of life by serving the community's needs for quality and affordable educational and recreational programs, parks, and services to all residents and visitors. It is the vision of the Poulsbo Parks and Recreation Department to be the heart of a healthy community through sustainable, safe, and diverse programs and open spaces, where all residents and visitors feel inspired to live, play, learn, and thrive.

We are pleased to provide these enrichment programs to the community for little or no cost.

CPR & AED CERTIFICATION

AGES 16 & OLDER (12-15 WITH A PARENT)

The Poulsbo Fire Department and Parks & Recreation are offering the HSI CPR/ AED training program to help participants develop lifesaving skills in CPR and AED usage for adults, children, and infants. Through hands-on practice, scenario-based exercises, and the latest guidelines from the American Heart Association, this course builds proficiency in responding to medical emergencies. Gain vital knowledge that could help you save a life by enrolling today. Youth ages 12-15 must attend with a parent. Course fee provides certificate documentation acceptable for many agency requirements. Poulsbo Fire Department Conference Room.

Sat Jun 8	9a-12p	\$15
Sat Jul 13	9a-12p	\$15
Sat Aug 10	9a-12p	\$15

SELF DEFENSE FOR WOMEN

AGE 18+

Instructor Jason Bellaconis has been teaching martial arts for over 20 years and has taught hundreds of classes and dozens of seminars specific to self-defense for women. He holds a 4th-degree black belt in Northern Jujutsu, silver gloves in boxing, and dozens of other ranks in other styles of martial arts. The class will focus on learning practical defense techniques in a safe and effective way. All equipment and gear is provided. Recreation Center Gym.

Tue Jun 4-25	7:15-8:45p	FREE
Tue Jul 9-30	7:15-8:45p	FREE
Tue Aug 6-27	7:15-8:45p	FREE

WALKING CLUB

AGE 18 +

Jolene Culbertson. Join Jolene and friends as we walk 2 miles each Monday morning around Poulsbo. According to the CDC, physical activity helps control weight, but it has other benefits. Physical activity such as walking can help improve health even without weight loss. Physically active people live longer and have a lower risk for heart disease, stroke, type 2 diabetes, depression, and some cancers. Improving spaces and having safe places to walk can help more people become physically active. Walks are at a steady pace, rain or shine. Please register in case we need to send out a notification. Meet at the Rec Center and start your week off right.

Mon Jun 3-24	9a-10:30a	FREE
Mon July 1-29	9a-10:30a	FREE
Mon Aug 5-26	9a-10:30a	FREE

SUMMER ACTIVE YOGA IN THE PARK

AGE 18 & OLDER

Jolene Culbertson, RYT 500. Join us at Muriel Williams Waterfront Park for this flow class with a more dynamic pace. A type of yoga that focuses on the connection between breath, movement, and the mind. This style of yoga is often referred to as 'flow' because it moves from one pose to another in a continuous, smooth way. Please note participants will need to get up and down from the floor. Austin-Kvelstad Pavilion.

Fri Jul 5-26	9:30-10:30a
Fri Aug 2-30	9:30-10:30a

Donations gratefully accepted.

Community Enrichment

You are capable of amazing things

FINANCE

Connor Smith. A class for financial empowerment and literacy! In these bite-sized sessions, we'll be exploring helpful topics such as *Outsmarting Digital Scammers* and *Foundations of Investing*. Whether you're a seasoned expert or new to the world of finance, these interactive classes will offer valuable insights and practical advice to safeguard your financial well-being. Please join us for practical financial education and actionable strategies to take with you.

OUTSMART THE SCAMMERS

You will learn how to spot certain red flags that may indicate a fraudulent encounter, resources you can turn to in the event you or a loved one are targeted, and steps you can take now to help protect yourself and loved ones.

Thu	May 30	6:30-7:30p	\$5
Thu	Aug 1	10-11a	FREE for 55+

FOUNDATIONS OF INVESTING

Participants will learn the importance of developing a strategy, the impact of asset allocation, and the influence of inflation on your long-term goals.

Tue	Jun 25	6:30-7:30p	\$5
Tue	Jul 30	6:30-7:30p	\$5

RETIREMENT: MAKING YOUR MONEY LAST AGES 55+

Attendees will learn investment strategies to help build a strategy to last throughout one's retirement years. In addition, you'll explore how to address key concerns such as inflation, health care expenses and market volatility as well as ways to prepare in advance for things that may not go as expected.

Wed	Jul 31	11a-12p	FREE for 55+
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SOCIAL SECURITY: YOUR QUESTIONS ANSWERED AGES 55+

During this seminar, you'll learn about how social security fits into your retirement plan, when you should start taking benefits, and the implication of social security on your taxes.

Wed	Jun 19	10-11a	FREE for 55+
Wed	Jul 24	10-11a	FREE for 55+

RAAB PARK LEARNING GARDEN

Join WSU Master Gardeners and Poulsbo Garden Club volunteers for fun in the garden! Come to experience the many wonders of the Garden at Raab Park. Learn about the importance of our gardens, play games, make crafts to take home, do scavenger hunts, and much more! 25 cents per child suggested donation to cover materials. Raab Park. The Learning Garden (formerly called the Youth Garden) is in the northwest corner of the park.

New this year, some Saturday morning programs! One or more adults must accompany each group of up to four children. For groups of 5 or more, contact Poulsbo Parks & Recreation at 360-779-9898.

Pollinators and Insects

Sat	Jun 1	10a-12p	FREE
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Windsock/Windchime

Mon	Jun 17	10a-12p	FREE
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Power of Plants

Mon	Jun 24	10a-12p	FREE
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Animals in the Garden

Mon	Jul 8	10a-12p	FREE
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Recycle- Planting in Objects!

Mon	Jul 15	10a-12p	FREE
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Stepping Stone

Sat	Jul 27	10a-12p	FREE
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RAINY/SUNNY DAY PLAY

AGES 0-5

Get out of the sun and enjoy our comfortable indoor space with your little ones for playtime. Balls, balloons, mats, bars, and various toys to play with and share in our large gym. This is not a drop-off program; parent participation is required. Recreation Center Gym.

Tue	Jul 2-Aug 6	12-2:30p
\$5 per child drop-in OR		
\$10 per family each week		

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HISTORIC DOWNTOWN
POULSBO



Summer Nights

FREE Family Concerts

at the Bay



Tuesdays at 6:00 p.m. | Poulsbo Muriel Iverson Williams Waterfront Park



7/9 **The Undecided**
Classic Rock/Country/Soul

7/16 **Unpants My Heart**
Funk Rock

7/23 **The ABBAgraphs**
Pop Disco Era

7/30 **Granny Panties**
Rock Pop

8/6 **Flor De Luna**
Latin Jazz
nna National Night Out

8/13 **ROCKARAOKE**
YOU SING WE PLAY

8/20 **Navy Band NW**
Variety

Explore history... or just hang out!

We have multiple locations
& seasonal programs for people of all ages!



POULSBO
HISTORICAL SOCIETY



Please visit us online! **PoulsboHistory.com**



Facebook.com/poulsbohistorymuseum



Instagram.com/poulsbohistoricalsociety



OUR AMAZING ARCHIVES AND COLLECTIONS!



The Suquamish Museum is also a research center, providing opportunities for scholars, students, and enthusiasts to engage in research activities.

SHARE YOUR PIECE OF HISTORY

If you wish to have your object reviewed to determine if it's of Suquamish origin, we encourage you to submit it for consideration. Together, let's contribute to the preservation of our heritage and ensure the continuity of history for generations to come.



MORE INFO

www.suquamish.nsn.us/suquamish-museum-join-support/



6861 NE South St. Suquamish, WA 98392

360-394-7105

SUMMER CAMPS

Poulsbo Parks & Recreation Summer Camps 2024

KEY = Sports Themed Art/Music/Dance All-Day					
Age	Session	Location	Days	Time	Price
June 24-28					
3-6	Barbie & Ken Dance the Summer Away	InMotion	M-Th	9:30a-11:00a	\$ 95.00
4-6	KCMT Musical Theater for the Littles Camp	Breidablik	M-F	9:00a-12:00p	\$ 165.00
4-6	Mini Gymnastics Camp	Rec Ctr	T-Th	9:30a-11:30a	\$ 125.00
6-10	Barbie & Ken Dance the Summer Away	InMotion	M-Th	12:00a-3p	\$ 155.00
6-10	Beginning Gymnastics Camp	Rec Ctr	T-Th	1:30p-3:30p	\$ 125.00
6-12	LEGO Master Challenge	Poulsbo	M-F	9:00a-12:00p	\$ 235.00
6-12	LEGO Amusement Park Mania	Poulsbo	M-F	1:00p-4:00p	\$ 235.00
7-12	Skyhawks Baseball & Basketball Camp	PMS	M-F	9:00a-3:00p	\$ 255.00
7-12	Skyhawks Soccer Camp	Vinland	M-F	9:00a-12:00p	\$ 185.00
July 1-3					
5-7	Skyhawks Mini-Hawk Camp (Soccer & Baseball)	Wofle	M-W	9:00a-12:00p	\$ 111.00
5-14	Cheer Camp	NKHS	T-W	11:30p-2:30p	\$ 118.00
6-10	Adventures in Art & Science - S.T.E.A.M. Fun Lab 1	WSA	M-W	9:30-3:30p	\$ 288.00
7-12	Flag Football Camp - Fueled by USA Football	Vinland	M-W	9:00a-12:00p	\$ 111.00
7-12	Skyhawks Soccer & Basketball Camp	PMS	M-W	9:00a-3:00p	\$ 153.00
July 8-12					
3-6	Dance Camp: Disney Princes & Princesses	InMotion	M-Th	9:30a-11:00a	\$ 95.00
4-6	LEGO Junior Builderz	Poulsbo	M-F	9:00a-12:00p	\$ 235.00
4-6	KCMT Musical Theater for the Littles	Breidablik	M-F	9:00a-12:00p	\$ 165.00
5-7	Awesome Art & Science - S.T.E.A.M. Fun Lab 2	WSA	M-Th	9:30a-12:00p	\$ 195.00
6-10	Junior Robotics: World of Wizards	Poulsbo	M-F	1:00p-4:00p	\$ 235.00
6-10	Dance Camp: On the Big Broadway Stage	InMotion	M-Th	12:00p-3:00p	\$ 155.00
6-10	Gymnastics Camp - Int/Adv	Rec Ctr	T-Th	9:30a-11:30a	\$ 125.00
6-12	ACE Tennis Camp - Beginners	NKHS	M-Th	9:00a-10:30a	\$ 99.00
7-10	Awesome Art & Science - S.T.E.A.M. Fun Lab 2	WSA	M-Th	1:00p-3:30p	\$ 195.00
7-12	Skyhawks Baseball & Basketball Camp	Poulsbo	M-F	9:00a-3:00p	\$ 255.00
7-12	Skyhawks Multi-Sport Camp	Vinland	M-F	9:00a-12:00p	\$ 185.00
7-12	Skyhawks Volleyball Camp	Wofle	M-F	9:00a-12:00p	\$ 185.00
9-15	ACE Tennis Camp - Intermediate	NKHS	M-Th	10:45a-12:15p	\$ 99.00
10-18	Rock Band Camp	Jewel Box	M-F	9:00a-1:00p	\$ 340.00
July 15-19					
3-6	Dance Camp: Calling All Swifties Taylor Swift Camp	InMotion	M-Th	9:30a-11:00a	\$ 95.00
4-6	Mini Gymnastics Camp	Rec Ctr	T-Th	9:30a-11:30a	\$ 125.00
4-6	Language Immersion Camp (Spanish & ASL)	Rec Ctr	T-Th	10:00a-1:00p	\$ 125.00
5-6	Summer Hoops! Basketball Drills & Games Camp	PMS	M-Th	9:00a-9:50a	\$ 85.00
5-7	Curiosity Camps Super Science Lab	WSA	M-Th	9:30a-12:00p	\$ 195.00
6-10	Dance Camp: Calling All Swifties Taylor Swift Camp	InMotion	M-Th	12:00p-3:00p	\$ 155.00
6-12	ACE Tennis Camp - Beginners	NKHS	M-Th	9:00a-10:30a	\$ 99.00
7-8	Summer Hoops! Basketball Drills & Games Camp	PMS	M-Th	10:00a-12:00a	\$ 145.00
7-10	Curiosity Camps Super Science Lab	WSA	M-Th	1:00-3:30p	\$ 195.00
7-12	Flag Football Camp - Fueled by USA Football	Vinland	M-F	9:00a-12:00p	\$ 185.00
7-12	Skyhawks Beginning Golf Camp	Vinland	M-F	9:00a-12:00p	\$ 205.00
7-12	Skyhawks Soccer & Basketball Camp	Wofle	M-F	9:00a-3:00p	\$ 255.00
7-12	KCMT Musical Theatre Camp	Breidablik	M-F	9:00a-3:00p	\$ 245.00

SUMMER CAMPS

		KEY = Sports	Themed	Art/Music/Dance	All-Day
Age	Session	Location	Days	Time	Price
July 15-19					
9-11	Summer Hoops! Basketball Drills & Games Camp	PMS	M-Th	12:00p-3:00p	\$ 145.00
9-15	ACE Tennis Camp - Intermediate	NKHS	M-Th	10:45a-12:15p	\$ 99.00
10-18	Rock Band Camp	Jewel Box	M-Th	9:00a-1:00p	\$ 340.00
13-18	Improv for Teens Camp	Jewel Box	M-F	1:30p-4:30p	\$ 315.00
July 22-26					
3-6	Disney's Frozen Camp: Ballet Blizzard	InMotion	M-Th	9:30a-11:00a	\$ 95.00
5-7	Curiosity Camps Fantastic Forts & Cardboard City	WSA	M-Th	9:30a-12:00p	\$ 195.00
5-7	Skyhawks Mini-Hawk Camp (Soccer & Baseball)	Vinland	M-F	9:00a-12:00p	\$ 185.00
6-10	Disney's Frozen Camp: Ballet Blizzard	InMotion	M-Th	12:00p-3:00p	\$ 155.00
6-10	Language Immersion Camp (Spanish & ASL)	Rec Ctr	T-Th	9:30a-1:30a	\$ 155.00
6-12	ACE Tennis Camp - Beginners	NKHS	M-Th	9:00a-10:30a	\$ 99.00
7-10	Curiosity Camps Fantastic Forts & Cardboard City	WSA	M-Th	1:00p-3:30p	\$ 195.00
7-12	Skyhawks Soccer Camp	Vinland	M-F	9:00a-12:00p	\$ 185.00
7-12	Skyhawks Baseball/Futsal & Basketball Camp	PMS	M-F	9:00a-3:00p	\$ 255.00
8-14	Summer Circus Camp	Poulsbo	M-Th	10:00a-12:00p	\$ 145.00
9-14	Robotics: Galaxy Far Away - Lego Camp	Poulsbo	M-F	9:00a-12p	\$ 235.00
9-14	Tech Camp: Video Maker	Poulsbo	M-F	1:00p-4:00p	\$ 235.00
9-15	ACE Tennis Camp - Intermediate	NKHS	M-Th	10:45a-12:15p	\$ 99.00
13-18	How to Perform a Monologue for Teens Camp	Jewel Box	M-F	1:30p-4:30p	\$ 315.00
July 29- August 2					
3-6	Hip Hop Stomp: Dancing Dinos Camp	InMotion	M-Th	9:30a-11:00a	\$ 95.00
5-7	Curiosity Camps Einsteins & Picassos Fun Lab 3	WSA	M-Th	9:30a-12:00p	\$ 195.00
6-10	Dance Camp: Hip Hop Hype	InMotion	M-Th	12:00p-3:00p	\$ 155.00
6-10	Gymnastics Camp - Beginning	Rec Ctr	T-Th	9:30a-11:30a	\$ 125.00
6-12	ACE Tennis Camp - Beginners	NKHS	M-Th	9:00a-10:30a	\$ 99.00
6-12	Game On!	Poulsbo	M-F	9:00a-12:00p	\$ 235.00
6-12	World of Wizards	Poulsbo	M-F	1:00p-4:00p	\$ 235.00
7-10	Curiosity Camps Einsteins & Picassos Fun Lab 3	WSA	M-Th	1:00p-3:30p	\$ 195.00
7-12	Skyhawks Baseball/Futsal & Basketball Camp	PMS	M-F	9:00a-3:00p	\$ 255.00
7-12	Skyhawks Volleyball Camp	Vinland	M-F	9:00a-12:00p	\$ 185.00
7-12	KCMT Musical Theatre Camp	Breidablik	M-F	9:00a-3:00p	\$ 245.00
7-12	Improv for Teens Camp	Jewel Box	M-F	1:30p-4:30p	\$ 315.00
8-14	Summer Circus Camp	Poulsbo	M-Th	10:00a-12:00p	\$ 145.00
9-15	ACE Tennis Camp - Intermediate	NKHS	M-Th	10:45a-12:15p	\$ 99.00
August 5-9					
3-4	Summer Hoops! Basketball Drills & Games Camp	PMS	M-Th	9:00a-9:50a	\$ 85.00
3-6	Dance Camp: Lights, Camera, Action Movie Star Camp	InMotion	M-Th	9:30a-11:00a	\$ 95.00
4-6	Nature Camp	Fish Park	T-Th	9:00a-12:00p	\$ 116.00
4-6	Mini Gymnastics Camp	Rec Ctr	T-Th	9:30a-11:30a	\$ 125.00
5-7	Curiosity Camps Engineering, Art & Flying Things	WSA	M-Th	9:30a-12:00p	\$ 195.00
6-10	Dance Camp: Lights, Camera, Action Movie Star Camp	InMotion	M-Th	12:00p-3:00p	\$ 155.00
6-12	ACE Tennis Camp - Beginners	NKHS	M-Th	9:00a-10:30a	\$ 99.00
7-8	Summer Hoops! Basketball Drills & Games Camp	PMS	M-Th	10:00a-12:00p	\$ 145.00
7-10	Curiosity Camps Engineering, Art & Flying Things	WSA	M-Th	1:00p-3:30p	\$ 195.00
7-12	Skyhawks Soccer Camp	Vinland	M-F	9:00a-12:00p	\$ 185.00

SUMMER CAMPS

		KEY =			
		Sports	Themed	Art/Music/Dance	All-Day
Age	Session	Location	Days	Time	Price
August 5-9					
7-12	Skyhawks Beginning Golf Camp	Vinland	M-F	9:00a-12:00p	\$ 205.00
7-12	Skyhawks Baseball & Basketball Camp	Wolfe	M-F	9:00a-3:00p	\$ 255.00
8-12	Chess Camp	Nelson Park	T-Th	10:00a-12:00p	\$ 75.00
9-15	ACE Tennis Camp - Intermediate	NKHS	M-Th	10:45a-12:15p	\$ 99.00
11-13	Summer Hoops! Basketball Drills & Games Camp	PMS	M-Th	12:00p-3:00p	\$ 145.00
August 12-16					
3-6	Dance Camp: Land of Sweets Nutcracker Ballet Camp	InMotion	M-Th	9:30a-11:00a	\$ 95.00
5-7	Skyhawks Mini-Hawk Camp (Soccer & Baseball)	Vinland	M-F	9:00a-12:00p	\$ 185.00
5-14	Cheer Camp	NKHS	M-F	11:30a-1:30p	\$ 118.00
6-10	Dance Camp: Land of Sweets Nutcracker Camp	InMotion	M-Th	9:30a-11:00a	\$ 95.00
6-10	Gymnastics Camp - Beginning	Rec Ctr	T-Th	9:30a-11:30a	\$ 125.00
6-10	Gymnastics Camp - Int/Adv	Rec Ctr	T-Th	1:30p-3:30p	\$ 125.00
6-11	Nature Camp	Fish Park	T-Th	9:00a-12:00p	\$ 158.00
6-12	ACE Tennis Camp - Beginners	NKHS	M-Th	9:00a-10:30a	\$ 99.00
6-12	Art Explorers Camp	Rec Ctr	M-Th	9:00a-12:00p	\$ 225.00
6-12	Mining & Crafting	Poulsbo	M-F	9:00a-12:00p	\$ 235.00
7-12	Coding Camp: Video Game Build	Poulsbo	M-F	1:00p-4:00p	\$ 235.00
7-12	Flag Football Camp - Fueled by USA Football	Vinland	M-F	9:00a-12:00p	\$ 185.00
7-12	Skyhawks Baseball & Basketball Camp	PMS	M-F	9:00a-3:00p	\$ 255.00
9-15	ACE Tennis Camp - Intermediate	NKHS	M-Th	10:45a-12:15p	\$ 99.00
August 19-23					
5-11	Lacrosse Camp	Strawberry	M-F	9:00a-12:00p	\$ 95.00
8-13	Food Explorers Camp	Rec Ctr	T-Th	9:30a-12:00p	\$ 225.00



Fishline
 Food Bank & Comprehensive Services



New Program!

Recreation for All Assistance Program (RAAP)

Need help paying for your Parks and Recreation Registration fee?

The Recreation for All Assistance Program may be able to help!

Poulsbo Parks and Recreation has partnered with Fishline to provide financial assistance with program fees for those of all ages.

To learn more and apply for help, please contact Fishline at 360-779-5190 to schedule a meeting with a case manager.



Fishline
 Food Bank & Comprehensive Services



New Program!

Programa de Asistencia de Recreación Para Todos

Fishline y Poulsbo Parks and Recreation se están asociando para ofrecer la Programa de Asistencia de Recreación para Todos (RAAP). RAAP brinda asistencia financiera para cubrir el costo de clases, campamentos, actividades y eventos enumerados en el folleto de Poulsbo Parks and Recreation. Este programa funcionará durante todo el año y es para personas que residen o trabajan en el Distrito Escolar de North Kitsap, Subbase Bangor o que se encuentran sin hogar.

Contacte a un administrador de caso para obtener más información al 360-779-5190 o visite fishlinehelps.org.

SUMMER CAMPS



KCMT MUSICAL THEATRE WORKSHOP

AGES 7-12 5 CLASSES, PLUS PERFORMANCE

Kitsap Children's Musical Theatre Staff. Campers will have a blast while learning acting, choreography, and vocal techniques as they prepare a fun-filled musical production. Camp will culminate in a full musical performance open to families and the public on Fridays, Jul 22 & 29. You will be amazed at what your camper can do in one week!

For more information, visit www.kcmt.org. Additional communication will be done directly by KCMT. Please have your most current email address on file with Poulsbo Parks & Recreation for scripts and information on camp activities and themes. PARENTS check your email daily during the week of camp; important day of scheduling info will be emailed out each evening. Additional paperwork for KCMT is required when attending this camp and must be returned PRIOR to camp.

Please dress your child for the weather; bring a sack lunch, snack, sunscreen, and water bottle each day. Questions can be sent to summercamps@kcmt.org. "Like" KCMT on Facebook: @KCMTSummerCamp.

Camp held at Braidablik Elementary School, 25142 Waghorn Rd NW, Poulsbo.

M-F	Jul 15-19	9a-3p+	\$245*
M-F	Jul 29-Aug 2	9a-3p+	\$245*
+ Plus Friday performance			

KCMT MUSICAL THEATRE FOR THE LITTLES

AGES 4-6 5 CLASSES, PLUS PERFORMANCE

Kitsap Children's Musical Theatre Staff. KCMT Littles Camp is for our youngest stars. Come spend a week dancing, singing, and making crafts together. Camp will culminate in a small performance open to friends and families on Fridays, June 28 and July 12, at 12:30 p.m. after camp. For more information, visit www.kcmt.org. Please dress your child for the weather; bring a snack, sunscreen, and a water bottle each day. Questions can be sent to: summercamp@kcmt.org. "Like" KCMT on Facebook: @KCMTSummerCamp. Camp will be held at Braidablik Elementary School, 25142 Waghorn Rd NW, Poulsbo.

M-F	Jun 24-28	9a-12p+	\$165*
M-F	Jul 8-12	9a-12p+	\$165*
+ Plus Friday performance			

ROCK BAND CAMP

AGES 10-18 4 CLASSES, PLUS PERFORMANCE

Rupert Kettle, Jewel Box Theater. Create a band and learn music from a professional and touring musician! Guitar, bass, drums, keyboards, and vocals. All experience levels are encouraged. The set list will be chosen by the students, who will spend time in small ensembles learning the music, and then in the full group for practice and performance. Students will need to bring their instruments and lunch. Don't have an instrument, or want to play one not listed? Let us know with your registration and we will coordinate. Jewel Box Theater.

M-F	Jul 8-11	9a-1p	\$340*
M-F	Jul 15-18	9a-1p	\$340*

CHEER CAMP

AGES 5-14 2 DAYS OR 5 DAYS

Carolyn Slade, NKHS Cheer coach and team volunteers. Calling All Junior Cheer Enthusiasts! Get ready to jump, dance, and shout! Cheer Camp is the perfect place for kids to learn the fundamentals of cheerleading in a fun, energetic, and supportive environment. Members of the *North Kitsap High School Cheer Squad* will be there onsite and coaching for greatness! Whether you're a beginner or already have some cheer experience, our camp is designed to boost your skills and confidence! Camp highlights will include learning cheers, dances, and super fun stunting! Develop teamwork and spirit. Make new friends and memories. July camp will perform in the Kingston 4th of July Parade. Participants in both camps need to wear athletic wear and athletic shoes and bring a water bottle & snacks, as well as lots of energy and smiles! North Kitsap High School Track.

Camp plus 4th of July Parade in Kingston

Tu/W	Jul 2-3	11:30a-2:30p	\$118*
+Thu	Jul 4	11a-1:30p	
+Parade commitment in Kingston			

All week Camp with show for parents on last day

M-F	Aug 12-16	11:30a-1:30p	\$118*
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Please register 2 weeks in advance of camp (June 18 & Aug 1) to confirm pom poms and hair bow, which are included in the registration fee. Spots are limited, so sign up today and let's cheer our way to an unforgettable summer!

SUMMER CAMPS

DANCE CAMP FOR PRESCHOOLERS

AGES 3-6

4 CLASSES

InMotion Performing Arts Studio Staff. Join us for dance mania! Our days will be filled with the following themed Creative Movement class, introducing the fundamentals of ballet along with other movement styles. Space is limited, so don't wait to enroll, we expect to fill up! Each camper should bring their own snack and water bottle. What to wear: tights & leotard- not color or style specific or t-shirt and sweatpants/athletic shorts & socks with grippy feet are recommended. InMotion Performing Arts Studio, Poulsbo.

Barbie & Ken Dance the Summer Away

M-Th Jun 24-27 9:30-11a \$95*

Disney Prince and Princess Camp

M-Th Jul 8-11 9:30-11a \$95*

Calling All Swifties – Taylor Swift Music Camp

M-Th Jul 15-18 9:30-11a \$95*

Disney's Frozen Camp: Ballet Blizzard

M-Th Jul 22- 25 9:30-11a \$95*

Hip Hop Stomp – Dancing Dinos

M-Th Jul 29-Aug 1 9:30-11a \$95*

Lights, Camera, Action – Movie Star Camp

M-Th Aug 5-8 9:30-11a \$95*

Land of Sweets - Nutcracker Ballet Camp

M-Th Aug 12-15 9:30-11a \$95*



ART EXPLORERS CAMP

AGES 6-12

4 CLASSES

Theary Tran. Come join the FUN as we explore various art mediums. Embracing the arrival of summer, what better project to start with than a still-life of Mother Nature's bounty of fruits or vegetables? With this project, students will learn how to draw and express themselves in 3-D with shading to create form. Followed by a 3-D project of creating their very own Squishmallow (stuffed animal)! That's right, this project involves design and sewing. Other projects may include printmaking, clay, modeling clay, watercolor painting, oil pastels, and acrylics on canvas. Through these creative processes, participants will learn art history and make art pieces uniquely their own. Students develop self-expression and improve their ability to convey what they see artistically in a supportive and nurturing environment. All supplies are included. Recreation Center Kitchen.

M-Th Aug 12-15 9a-12p \$225*

DANCE CAMP

AGES 6-10

4 CLASSES

InMotion Performing Arts Studio Staff. Join us for dance mania! Our days will be filled with the following themed Movement classes, introducing the fundamentals of ballet, jazz, hip-hop, and musical theater. A fun introduction to different dance styles with the music kids love. Space is limited, so don't wait to enroll, we expect to fill up! Each camper should bring their own snack and water bottle. What to wear: tights & leotard- not color or style specific or t-shirt and sweatpants/athletic shorts & ballet shoes are recommended. InMotion Performing Arts Studio, Poulsbo.

Barbie & Ken Dance the Summer Away

M-Th Jun 24-27 12-3p \$155*

On the Big Broadway Stage – Musical Theater Camp

M-Th Jul 8-11 12-3p \$155*

Calling All Swifties – Taylor Swift Music Camp

M-Th Jul 15-18 12-3p \$155*

Disney's Frozen Camp: Ballet Blizzard

M-Th Jul 22- 25 12-3p \$155*

Hip Hop Hype

M-Th Jul 29-Aug 1 12-3p \$155*

Lights, Camera, Action – Movie Star Camp

M-Th Aug 5-8 12-3p \$155*

Land of Sweets - Nutcracker Ballet Camp

M-Th Aug 12-15 9:30 -11a \$95*

(Camp runs at same time as the younger kids' camp.)

FOOD EXPLORERS CAMP:

FINGER FOODS FROM AROUND THE WORLD!

AGES 8-13

3 CLASSES

Do you love eating food from around the world? Join us in exploring cuisine from various countries such as France, Italy, Thailand, and England, just to name a few. You'll learn many cooking and baking skills as well as the traditions of each of these cuisines, and you'll get hands-on experience in creating the dishes and eating your masterpiece afterward. Bring an apron, your empty belly, and a drink for yourself, and join us in the fun. Come and take part in the fun! All supplies are included. Recreation Center Kitchen.

TWTh Aug 20-22 9:30a-12p \$225*



SUMMER CAMPS

HOW TO PERFORM A MONOLOGUE FOR TEENS

AGES 13-18 5 CLASSES, PLUS PERFORMANCE
Michelle Allen, Jewel Box Theater. Performing a monologue is a valuable skill to attain whether it is for auditions or presentations. In this course, teens will learn how to deliver monologues with confidence, conviction, and feeling, including memorization and presentation using a variety of techniques in a safe and creative environment. Jewel Box Theater.

M-F Jul 22-26 1:30-4:30p \$315*

IMPROV FOR TEENS

AGES 13-18 5 CLASSES, PLUS PERFORMANCE
Michelle Allen, Jewel Box Theater. Improv is a great exercise for thinking on your feet! Students learn the fundamentals of performing improv in a safe and creative environment. Regardless of their background and experience, teens thrive in this imaginative space, where feeling accomplished is as simple as participating and supporting others. While many teens take improv to have fun with their friends, other benefits include boosting self-confidence and strengthening focus, skills that are useful for success in both improv and life. Jewel Box Theater.

M-F Jul 15-19 1:30-4:30p \$315*

M-F Jul 29-Aug 2 1:30-4:30p \$315*

CHESS CAMP

AGES 8-12 3 DAYS
Justin Johnson and NKHS Chess Club. Chess camp is a super-fun experience where kids and teens can boost their chess skills while having a great time! Chess improves memory and cognitive abilities, leading to better recall and long-term memory. Playing chess enhances problem-solving and overall thinking skills, promoting logical reasoning and analytical thinking. Chess can help develop social skills and emotional well-being, fostering teamwork, patience, and self-confidence. This camp will provide a unique opportunity for participants to learn and improve their chess skills, focusing on teaching chess play, tactics, strategies, and techniques. Nelson Park Picnic Shelter.

Tu-Th Aug 6-8 10a-12p \$75*

LANGUAGE IMMERSION CAMP: SPANISH & AMERICAN SIGN LANGUAGE (ASL)

AGES 4-10 3 DAYS
Leah Lovely. Immersion-based learning means learning a language in the most natural and authentic way possible. It allows students to truly experience almost all aspects of life in the language they're learning. This immersion camp includes Spanish and ASL for a combined language experience. Camp activities include art and games and fun for kids to learn a new and exciting way to communicate. Recreation Center Classroom 1.

Ages 4-6

T-Th Jul 16-18 10a-1p \$125*

Ages 6-10

T-Th Jul 23-25 9:30a-1:30p \$155*



NATURE DAY CAMP FOR PRESCHOOLERS

AGES 4-6 3 DAYS

Leah Lovely. Experience the outdoors by learning about birds, insects, spiders, and mammals while we explore the ponds, meadows, forests, and streams of Poulsbo's Fish Park. Children will learn about bird adaptations, discover the life cycle of insects and amphibians, and investigate predator/prey relationships of mammals. Play games, make crafts, and go on adventures. Campers will need to dress for the weather and bring a water bottle and snack.

T-Th Aug 6-8 9:30-11:30a \$116*

NATURE CAMP

AGES 6-11 3 DAYS

Leah Lovely. Experience the outdoors by learning about birds, insects, spiders, and mammals while we explore the ponds, meadows, forests, and streams of Poulsbo's Fish Park. Children will learn about bird adaptations, discover the life cycle of insects and amphibians, and investigate predator/prey relationships of mammals. Play games, make crafts, and go on adventures. Campers will need to dress for the weather and bring a water bottle and snack.

T-Th Aug 13-15 9a-12p \$158*

SUMMER CIRCUS CAMP

AGE 8-14 4 CLASSES

Bob Webb. Did you ever want to run away and join the circus? Campers will learn how to juggle, ride a unicycle, and walk on a large ball. Mr. Webb runs the PUNKS program and has many years of experience with the Circus arts. Register for one camp or both and build on the skills you learn! Campers will need to bring a snack and a water bottle. Bike helmets and wrist guards are recommended but not necessary. Poulsbo Elementary.

M-Th Jul 22-25 10a-12p \$145*

M-Th Jul 29-Aug 1 10a-12p \$145*

SUMMER CAMPS



We Learn. We Build. We Play.

Bricks 4 Kidz offers amazing STEAM-based camps where kids use their creativity and innovation to have fun building with LEGO® bricks, motors, mosaics, sculptures, and crafts or constructing robots, coding games, or producing videos. All campers make and take home a custom mini-figure and photo collage of the week's experience. All camps are five days and will be held at a Poulsbo location to be determined.

For an all-day option, sign up for both morning and afternoon camps and receive half-hour early drop-off, lunch hour, and half-hour late pick-up FREE.

LEGO MASTER CHALLENGE

AGES 6-12

NEW!

Ready for a thrilling building challenge? Join The Bricks 4 Kidz Master Challenge, inspired by the dynamic LEGO® Masters® TV show! This camp is a playground for budding master builders. Each day brings exciting new challenges, where campers will learn advanced LEGO techniques, collaborate on imaginative projects, and test their creativity. From constructing towering structures to engineering moving creations, it's a journey of innovation, teamwork, and endless fun. Step into the role of a master builder and create wonders with LEGO – sign up now and let the epic building challenge begin! Bring a snack and water bottle.

M-F Jul 24-28 9a-12p \$235*

LEGO AMUSEMENT PARK MANIA

AGES 6-12

NEW!

Maybe you've been to Disney World, Universal Studios, Six Flags, or even LEGO Land... but have you ever built your own amusement park with LEGO® bricks? That's exactly what we'll be doing all week, and not just regular LEGO bricks... we're using axles, gears, motors, and more to make our rides really move and groove! Join us for a week of amusement park-building fun... the Bricks 4 Kidz way! Please bring a snack and water bottle.



M-F Jun 24-28 1-4p \$235*

LEGO JUNIOR BUILDERZ

AGES 4-6

Come learn, build, and play in the Bricks 4 Kidz "Junior Builder" camp! Children will be fascinated by going on an imaginary safari, an excursion under the sea, and more. Using classic, colorful LEGO® Bricks, our Junior Builders will get hands-on practice using fine motor skills to build models of exciting things that they will also learn about. Plus crafts, group activities, and more. Your eager Junior Builder won't want to miss this awesome opportunity! Please bring a snack and water bottle.

M-F Jul 8-12 9a-12p \$235*

JUNIOR ROBOTICS CAMP: WORLD OF WIZARDS

AGES 6-10

NEW!

Step into the *World of Wizards* at Bricks 4 Kidz, where the enchanting worlds of Harry Potter® and Fantastic Beasts® come alive through LEGO® WeDo robotics! Each day campers build wizard-themed robots with a programmable hub, motors, and sensors, use tablets to code it, and then play, experiment, and modify it or build something new. From hidden chambers to soaring dragons, each day is a new building adventure of creativity and magic. Enroll now and let the magic begin! Please bring a snack and water bottle.

M-F Jul 8-12 1-4p \$235*

ROBOTICS CAMP:

GALAXY FAR AWAY INSPIRED BY STAR WARS

AGES 9-14

NEW!

Join the Advanced Robotics in a Galaxy Far, Far Away camp, where the Star Wars® universe meets LEGO® robotics. Using the advanced LEGO Education Spike Prime kits, campers will build and program unique robots daily, drawing inspiration from the epic saga. They'll embark on a journey of discovery, mastering engineering and programming skills through builds that reflect the saga's iconic characters and themes. It's a week filled with adventure, creativity, and learning, blending the excitement of Star Wars with hands-on STEM education. May the Brick be with our young Jedi builders as they explore a galaxy of possibilities! Please bring a snack and water bottle.

M-F Jul 22-26 9a-12p \$235*



*Residents of the City of Poulsbo receive an \$8 discount on most programs.

SUMMER CAMPS



Bricks 4 Kidz offers amazing STEAM-based camps where kids use their creativity and innovation to have fun building with LEGO® bricks, motors, mosaics, sculptures, and crafts or constructing robots, coding games, or producing videos. All campers make and take home a custom mini-figure and photo collage of the week's experience. All camps are five days and will be held at a Poulsbo location to be determined.

For an all-day option, sign up for both morning and afternoon camps and receive half-hour early drop-off, lunch hour, and half-hour late pick-up FREE.

WORLD OF WIZARDS

AGES 6-12

NEW!

Step into the *World of Wizards* at Bricks 4 Kidz, where the enchanting worlds of Harry Potter® and Fantastic Beasts® come alive through LEGO® building! Young wizards will build mystical worlds, craft magical creatures, and concoct LEGO potions in a realm where imagination knows no bounds – the Bricks 4 Kidz way! From hidden chambers to soaring dragons, each day is a new building adventure of creativity and magic. Grab your wand and join this spellbinding journey where your building creations help ensure that good triumphs over evil. Enroll now and let the magic begin! Please bring a snack and water bottle.

M-F Jul 29-Aug 2

1-4p

\$235*



TECH CAMP: VIDEO MAKER

AGES 9-14

Want to make your own YouTube®-style video? Well, you've come to the right place! Working with a partner, campers will use special software to plan, script, and produce short videos to take home on a Bricks 4 Kidz thumb drive to watch on a computer, phone, or even upload to Facebook®, TikTok® or YouTube®! Kids can build and film LEGO® models and minifigures, then add dialog, sound effects, special effects, and text to create a story, reaction, video meme, funny cartoon, artistic short, or anything they can think of (G-rated of course). On the last day of camp, campers will impress friends and family with a screening party. Don't miss your chance to be a video content creator! All campers make and take home a custom mini-figure and photo collage of the week's experience as well as a USB thumb drive with their movie files. Please bring a snack and water bottle.

M-F Jul 22-26

1-4p

\$235*



MINING AND CRAFTING INSPIRED BY MINECRAFT

AGES 6-12

Experience the world of Minecraft® with LEGO® Bricks in this fun camp! Minecraft is a game about placing blocks to build anything you can imagine. At night monsters come out, so make sure to build a shelter before that happens. Kids will start by crafting their shelters and some of the mobs, critters, and tools using LEGO Bricks. Campers will face new challenges each day, building models and crafting key elements from the popular Minecraft game. Please bring a snack and water bottle.

M-F Aug 12-16

9a-12p

\$235*



GAME ON

AGES 6-12

We know you love Super Mario Bros®, Roblox®, Among Us®, Sonic®, Pac Man®, Beyblades®, Pokémon®, MineCraft® and more, and so do we! But now it's time to unplug the console and pull out the LEGO® Bricks! Get your game on as brick our way through levels of building, power up with some motor-powered LEGO models, and try to earn a few "extra lives" building mini-figures and 3D Sculptures. Each day is a new adventure as the virtual and LEGO worlds collide in the Bricks 4 Kidz way! Please bring a snack and water bottle.

M-F Jul 29-Aug 2

9a-12p

\$235*

SUMMER CAMPS

CURIOSITY CAMPS WITH TIM LOWELL!

These fun camps integrate science, art, and outdoor play for an engaging summer learning experience. Campers conduct experiments, create art, build, play, and have a great time with friends old and new. Having fun and introducing subjects as play fosters lifelong appreciation, curiosity, and confidence for learning.

Tim is an experienced teacher, camp leader and author of "Is it Gonna Blow Up?" A guide to creating happy young Scientists, Engineers, Builders and Artists.

Join us this Summer for curious and fun S.T.E.A.M. (Science, Technology, Engineering, Art and Math) adventures! Please bring a snack and water bottle to camp each day. Full day campers should also bring a lunch. All camps held at West Sound Academy.

ADVENTURES IN ART & SCIENCE: S.T.E.A.M. FUN LAB 1, FULL-DAY CAMP

AGES 6-10 3 DAYS

Conduct science experiments, create art projects, mix up and bake snacks, explore the woods & meadow, play games, make friends, and have an all-around great time!
MTW Jul 1-3 9:30a-3:30p \$288*

AWESOME ART & SCIENCE EXPERIMENTS: S.T.E.A.M. FUN LAB 2

AGES 5-10 4 DAYS

Science, Technology, Engineering, Art & Math combined with imagination = FUN! Join us in a week of creativity, experiments, and projects where you will mix, mash, fly, form, scrape, sculpt, blast, bake, expand, and explode to create fascinating and fun science & art projects! Plan to cook, explore, play games, hunt for treasure, make friends, and have a great time.

Ages 5-7
M-Th Jul 8-11 9:30a-12p \$195*

Ages 7-10
M-Th Jul 8-11 1-3:30p \$195*



SUPER SCIENCE LAB

AGES 5-10 4 DAYS

Chemical concoctions, radical reactions, and strange changes provide a fun, non-toxic, and ooey-gooley introduction to the joys of chemistry. Step into the Super Science lab for mega-mixology, potions, and fun!

Age 5-7
M-Th Jul 15-18 9:30a-12p \$195*

Age 7-10
M-Th Jul 15-18 1-3:30p \$195*

FANTASTIC FORTS AND CARDBOARD CITY

AGES 5-10 4 DAYS

Join us in building lean-tos, tarp shelters and other creative fort projects. You will also be making cardboard houses, constructing a life-sized cardboard box village, and creating a working cardboard city and economy. Building fun and friendships!

Ages 5-7
M-Th Jul 22-25 9:30a-12p \$195*

Ages 7-10
M-Th Jul 22-25 1-3:30p \$195*

EINSTEINS & PICASSOS: S.T.E.A.M. FUN LAB 3

AGES 6-10 4 DAYS

Science, Technology, Engineering, Art & Math combined with imagination = FUN! Join us in a week of creativity, experiments, and projects where you will mix, mash, fly, form, scrape, sculpt, blast, bake, expand, and explode to create fascinating and fun science & art projects! Plan to cook, explore, play games, hunt for treasure, make friends, and have a great time.

Ages 5-7
M-TH Jul 29-Aug 1 9:30a-12p \$195*

Ages 7-10
M-Th Jul 29-Aug 1 1-3:30p \$195*

MAKERS ENGINEERING, ART & FLYING THINGS

AGES 5-10 4 DAYS

You will be combining art, science, physics and fun to make fantastic things that fly, drop, roll, zip, and zoom! Rockets, gliders, arcade games, marble runs, mazes, and much more hands-on creative fun with things that move!

Ages 5-7
M-Th Aug 5-8 9:30a-12p \$195*

Ages 7-10
M-Th Aug 5-8 1-3:30p \$195*

***Residents of the City of Poulsbo receive an \$8 discount on most programs.**

SUMMER CAMPS

MINI GYMNASTICS CAMP

AGES 4-6

Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls with little or no gymnastics experience. The camp will cover tumbling, balance beams, bars, vault, rings, and a small art project. Campers should bring a snack and water bottle with their name on it. Recreation Center Gym.

T-Th	Jun 25-27	9:30-11:30a	\$125*
T-Th	Jul 16-19	9:30-11:30a	\$125*
T-Th	Aug 6-8	10:30a-12:30p	\$125*

Parents of 6-year-olds: Choose the best camp for your child's success. If they are a young 6 and have never done gymnastics or any structured class before, then Mini Camp is a great choice. If they are close to age 7 and have already participated in Kindergym or a Level 1 class, then the leveled gymnastics camps are a better choice.

LEVELED GYMNASTICS CAMP

AGES 6-10

Gymnastics Staff. Three days of gymnastics fun! These camps are for boys and girls of all levels of experience. The camps will cover tumbling, beams, bars, vault, and rings. Gymnasts should bring a snack and a water bottle with their names on it. Recreation Center Gym.

Beginning:

Can't do a cartwheel / No prior equipment experience

T-Th	Jun 25-27	1:30-3:30p	\$125*
T-Th	Jul 30-Aug 1	9:30-11:30a	\$125*
T-Th	Aug 13-15	9:30-11:30a	\$125*

Intermediate/Advanced/ Level 2 and Level 3 or permission

T-Th	Jul 9-11	9:30-11:30a	\$125*
T-Th	Aug 13-15	1:30-3:30p	\$125*

ACE TENNIS CAMP

AGES 6-15

4 CLASSES

Aileen Bergstrom, Kingston Varsity Tennis Coach. Learn the game! Improve your game! Great course for the summer outdoor months. Beautiful sunshine and a lot of fun on the courts. Beginner and Intermediate level tennis camps will be held at NKHS tennis courts this summer. The training will focus on the fundamentals of the game and individual techniques for service, volley, and game strategy. Camp day cancelations due to weather will be made up on Fridays. North Kitsap High School Tennis Courts.

Beginners:	Ages 7-12	9a-10:30a
Intermediate:	Ages 9-15	10:45a-12:15p
M- Th	Jul 8-11	\$99*
M- Th	Jul 15-18	\$99*
M- Th	Jul 22-25	\$99*
M- Th	Jul 29-Aug 1	\$99*
M- Th	Aug 5-8	\$99*
M- Th	Aug 12-15	\$99*

SUMMER HOOPS!

BASKETBALL DRILLS & GAMES CAMP

AGES 3-12

4 CLASSES

Henry Guterson. Children will participate in scrimmages, games, and drills meant to be fun and improve skills. Effort, sportsmanship, and teamwork will be stressed. Children will be put on teams—like the “Warriors” or “Rockets”—for scrimmages. In camps for children aged nine and above, we'll keep track of team records and play a NCAA March ‘Madness’-like tournament, with a bracket, seeds, etc. on the last day of camp, and we'll crown a Champion. Basketball hoop heights will be age-appropriate (anywhere from 2' high - standard 10'!). Coach Henry Guterson has been a youth basketball coach since 2004. Poulsbo Middle School.

Ages 3-4

M-Th	Aug 5-8	9-9:50a	\$85*
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Ages 5-6

M-Th	Jul 15-18	9-9:50a	\$85*
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Ages 7-8

M-Th	Jul 15-18	10a-12p	\$145*
M-Th	Aug 5-8	10a-12p	\$145*

Ages 9-11*

M-Th	Jul 15-18	12-3p	\$145*
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Ages 11-13*

M-Th	Aug 5-8	12-3p	\$145*
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11-year-olds should choose *one* of the two age groups—the 9- to 11-year-old group or the 11- to 13-year-old group—based on experience and skill level. However, 11-year-olds *are* eligible to do both camps too if they wish.

LACROSSE CAMP

GRADES K-5

(Players will be divided into two age-appropriate groups.)

North Kitsap Lacrosse Athletes. Lacrosse is the oldest team sport in North America, come find out why it is one of the fastest-growing sports in the country! Lacrosse combines the basic skills used in soccer, basketball, and hockey into one fast-paced and exciting game. Participants will be introduced to the fundamental skills needed for playing lacrosse in a safe and fun manner with instruction from North Kitsap Lacrosse Club coaches and high school players. Loaner equipment will be available. Participants will be required to provide their own mouthpiece and sports cup. Bring water and a snack. Strawberry Field, Poulsbo.

M-F	Aug 19-23	9a-12p	\$95*
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FALL LACROSSE WORKSHOP: GRADES K-5

North Kitsap Lacrosse Coaches. Lacrosse is one of the oldest team sports in America. Come find out why it is one of the fastest-growing sports in the country! Lacrosse combines the basic skills used in soccer, basketball, and hockey into one fast-paced, high-scoring game. Participants will be introduced to the fundamentals of stick handling, cradling, passing, and shooting.

SUMMER CAMPS



Summer Camps

Half day and All day in Poulsbo and Kingston



For a complete listing and descriptions of all Skyhawks camps please go to their website at www.skyhawks.com and search by 98370 zip code or with the QR code below. Poulsbo Parks and Recreation is pleased to partner with Skyhawks for fun summer sports camps.

HALF-DAY SPORTS CAMPS

at Vinland Elementary in
Poulsbo—Spend your mornings
outside. Camps run 9:00a—noon.

June 24-June 28

Soccer, ages 7-12

July 1– July 3

Flag Football, ages 7-12

July 8– July 12

Soccer & Capture the Flag,
ages 7-12

July 15– July 19

Flag Football, age 7-12
Golf, age 7-12

July 22– July 26

Soccer, ages 7-12
Mini Hawk, ages 5-7

July 29-August 2

Volleyball, age 7-12

August 5 - August 9

Soccer, age 7-12
Golf, age 7-12

August 12– August 16

Flag Football, age 7-12
Mini Hawk, age 5-7

ALL DAY SPORTS CAMPS

Mornings spent outside and hot
afternoons inside. Multi sports fun!
All day camps for ages 7-12 and
run 9:00a—3:00p.

June 24-June 28

Basketball & Baseball at PMS

July 1– July 3

Basketball & Soccer at PMS

July 8– July 12

Basketball & Baseball at PMS

July 15– July 19

Basketball & Soccer at Wolfle Ele

July 22– July 26

Basketball/Futsal & Baseball at
PMS

July 29-August 2

Soccer/Futsal & Basketball
at PMS

August 5 - August 9

Multi-Sport, Wolfle Elm

August 12– August 16

Baseball & Basketball at PMS

HALF-DAY SPORTS CAMPS

at Wolfle Elementary in
Kingston

Spend your mornings outside.
Camps run 9:00a—noon.

July 1– July 3

Mini Hawks camp, ages 5-7

July 8– July 12

Volleyball, ages 7-12

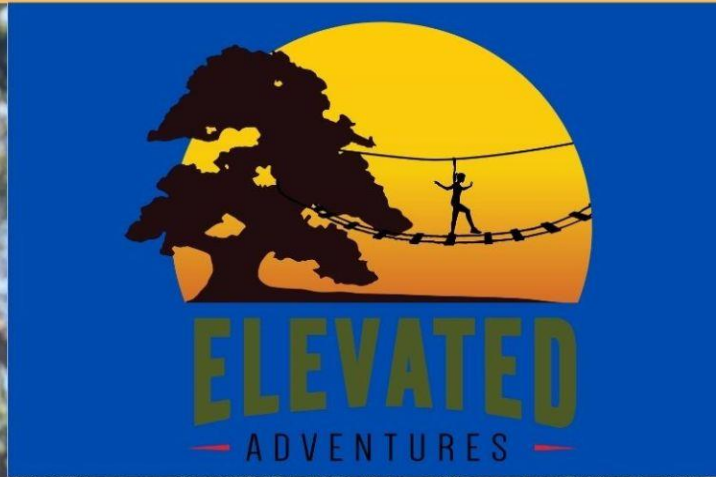
Space is limited



REGISTER TODAY!



Open Saturdays & Sundays



2024 Summer Camps

- June 24-27, 1-4pm Ages 6-10
- July 8 -11, 1-4pm Ages 6-10
- July 15-18, 1-4pm Ages 11+
- July 29-Aug 1, 1-4pm Ages 6-10
- August 5-8, 1-4pm Ages 6-10
- August 12-15, 1-4pm Ages 11+

www.elevatedadventures.com
Kingston, WA

Junior

SAILING CAMPS

2024

POULSBO YACHT CLUB

Since 1999 the Poulsbo Yacht Club has been offering its highly acclaimed sail camps, getting youth out in the great outdoors to learn the joys of sailing on Liberty Bay!

The Junior Sailing fleet was updated in 2022 with new RS Tera dinghy sailboats!



REGISTER NOW FOR 2024

Learn to Sail Camps:

 Camp 1: June 24 to June 28	Learn to Sail
 Camp 2: July 8 to July 12	Learn to Sail
 Camp 3: July 15 to July 19	Learn to Sail
 Camp 4: July 22 to July 26	Learn to Sail
 Camp 5: July 29 to August 2	V15 Double-Handed*
 Camp 6: August 5 to August 9	V15 Adventure Sail*

*V15 Double-Handed & Adventure Sailing camps are designed for pre-qualified youth which builds on the beginner course's foundation.

All classes Monday-Friday 9:30am to 4:30pm

See Sailing Camp 2024 policies, discounted fees,
and registration details at:



PoulsboSailCamp.com

360-447-8119



YOUTH PROGRAMS

BEGINNING TO ADVANCED GUITAR

AGES 8-ADULT

WEEKLY LESSONS

Craig Dell. Private 30-, 45- or 60-minute acoustic or electric guitar lessons, designed for beginning, intermediate and advanced students. Scheduling and payment are done directly with Craig Dell. For more information, leave your name and number for Craig at 360-779-9898. Students must bring an acoustic or electric guitar in good working order.

RETURNING THIS FALL:

MINI & ME SOCIALIZATION PLAYGROUP

MUSICAL THEATRE

CHOIR

Choir and Musical Theatre students are encouraged to sign up for Voice Lessons during the summer.

VOICE LESSONS

AGES 6-ADULT OR AS ARRANGED WITH INSTRUCTOR

Katherine Kinert. Discover your unique voice with in-person private voice lessons for the more serious student. The voice studio is an inclusive, safe space where students will experiment with their voices and discover how to use them in many ways. Singers will learn exciting techniques and skills that will help them to use their voices how they want to. Register for four 30-minute lessons, weekly. Music will be provided for beginners; students may be asked to purchase books based on the student's specific needs and wants. Lessons will be scheduled Tue-Fri afternoons/evenings. Recreation Center.

A minimum of 24 hours notice is required for absences. Students who fail to give 24-hour notice will automatically be charged for the lesson. If the teacher has to cancel a lesson due to illness or emergency, it will be rescheduled at the earliest opportunity.

New student introductory lesson: \$35
4-week session: \$135*
Lessons must be paid for in advance.

For more information and to schedule your first lesson, call Katherine at 360-550-0587.

WOLFLE & SUQUAMISH ELEMENTARY SCHOOL AFTER-SCHOOL PROGRAMS – Coming this Fall!



MAKE MUSIC CLASSES

AGES 6 MONTHS TO 4 YEARS

3 WKS

Inspire Piano, LLC. A fun and engaging music class for children and their caregivers that stimulates the child's natural response to music. Activities include delightful rhymes, lullabies, floor and lap games, action songs, dances, puppets, instruments, and singing. The class helps foster a sense of a steady beat and encourages language development. The top-notch Music Rhapsody Curriculum is designed to last all year long, through every season. All materials are provided. Recreation Center Classroom 1.

Babies & Toddlers (6 mo-3 yrs)

Fri	Jul 12-26	10-10:45a	\$64*
Fri	Aug 9-23	10-10:45a	\$64*

Preschoolers (3-4 yrs)

Fri	Jun 1-29	11-11:45a	\$108*/5 wks
Fri	Jul 12-26	11-11:45a	\$64*
Fri	Aug 9-23	11-11:45a	\$64*

INTRO TO PIANO GROUP CLASS

NEW!

AGES 5-6

6 WKS

Inspire Piano, LLC offers a fun and interactive intro to piano class for 5- and 6-year-olds. Students will learn all the basics needed to start their piano journey, along with several fun songs to amaze their friends and family. Parent/caregiver stays during class and will oversee student practice at home. It is highly encouraged for students to have access to a piano or keyboard for home practice. The last session will include a piano party. Students will play all their pieces and enjoy a fun time of celebration.

Students will receive a printed book that contains everything needed for class. A materials fee of \$10 (cash preferred) is payable to the instructor at the beginning of the first class. Recreation Center Classroom 1.

Tue	Jul 16-Aug 20	10-10:40a	\$148*
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SUMMERTIME PIANO LESSONS

ALL AGES WELCOME!

Megan Hennings. We know that summer can be a busy time for people, but it is also a great time for piano, too! During the school year you've built up momentum, why give it up now? Or maybe you've never experienced formal piano instruction and would just like to "try it out" to see what it's like! We are offering summertime private lessons to students who might be interested in a flexible schedule. You can take lessons for a month or just schedule them here and there. Please call the Recreation Center at 360-779-9898 to arrange the private lessons.

M, T, W Jun 24-Aug 30 (Thursdays may also become available depending on enrollment)

\$32 per 30-min lesson, payable prior to each lesson.

\$47 per 45-min lesson, payable prior to each lesson.

WEEKLY SESSIONS OF PIANO LESSONS WILL RETURN IN THE FALL.

YOUTH PROGRAMS

MINI AND ME PAINTING

CHILDREN UNDER AGE 5 WILL NEED AN ADULT PRESENT **1 CLASS**

Beth Daquilante. Spend the evening painting with your grown-ups, moms, dads, and grandparents, the whole family can participate. A super fun activity for all, creating a super memory. All materials included. Recreation Center Kitchen.

Father's Day Painting/Beach House

Fri Jun 14 5:30-6:30p \$25 per person

Sunflower and Boots

Fri Jul 26 5:30-6:30p \$25 per person

Mountains and Lake

Fri Aug 16 5:30-6:30p \$25 per person

SUMMER ART & PLAYSCHOOL

AGES 3-5 **3 WKS**

Miss Beth & Miss Leah. Not ready to enroll in a preschool for your child? Looking for a 1-day-per-week introduction? Our play-school program is the right place for preschool-aged children to do just that, with play being the primary focus. Each class will include songs, crafts, and activities that support the theme for that session, as well as parent-provided snack time. Recreation Center Classroom 1 & 2.

Imagination Fun

Mon Jul 8-22+ 9:30-11:30a \$108*

Summer Fun

Mon Aug 5-19+ 9:30-11:30a \$108*
+Register for each week individually, \$40 per week.

BEGINNING DRAWING

AGES 8-108

3 WKS

Erin Patterson. This summer art class covers the basic elements of art in a way that will transform the way you see the world and give you the skills needed to start your drawing journey. Every class will include time for learning and time to practice with the instructor close by. Whether you want to extend art education for your child beyond school, have always wanted to take a low-pressure drawing class, or are just curious, this class is for everyone. Erin is a local artist with a deep love for art and teaching. Limited spots are available. All materials included. Recreation Center Classroom 1.

Thu Jul 11-25 10a-12:30p \$115*

Thu Aug 1-15 10a-12:30p \$115*

KIDS' GLASSWORK

AGES 6 AND OLDER

1 CLASS

Eastern Wind Glass. Have some fun designing glass tiles with fusible glass. Each month we will have a different theme for you to make, or you can come up with your own creative ideas. All supplies will be provided; a \$5 materials fee is payable to the instructor at the beginning of each class. NOTE: Parents of younger children may need to cut the glass for their child and closely supervise their child while handling glass pieces. Recreation Center Kitchen/ Classroom.



Fish Catcher

Sat Jun 1 10-11:30a \$25

THE ISLAND SCHOOL



Now Enrolling for
Grades K-5 for Fall
and
Weekly Summer Camps



Joyful Learning Since 1977 • TheIslandSchool.org

GYMNASTICS

SUMMER GYMNASTICS

AGES 18 MONTHS-14 YEARS

SUMMER SESSIONS ARE ALL 3 WEEKS

The Gymnastics Program has been an integral part of Poulsbo Parks & Recreation since the City took over the Recreation Center in 1995. Our gymnastics program builds flexibility, balance, and strength needed in every sport – not just gymnastics! Participants learn about perseverance, patience, trusting others, managing risk, and countless other life skills.

Poulsbo Parks & Recreation takes pride in our gymnastics classes, instructors, and facility at the Recreation Center, providing a variety of classes for youth aged 18 months to 17 years. Please read the class descriptions below.

Our recreational gymnastics program builds confidence in its participants in an encouraging, safe, and non-competitive environment. Our gymnasts learn to love the sport of gymnastics and watch their skills progress at their own pace. Recreational gymnastics classes serve everyone from Mini and Me classes through Middle School. Classes are offered Monday through Saturday and will be held in the Recreation Center Gym.

Who's teaching? Aly Banzer, Tasha Beukema, Clara Glasgow, Ginger Silfies, Kayla Sherlock, Wren Mason - Todd and Jo Van Horn.

MINI & ME GYMNASTICS

18 MONTHS- 3 YEARS

Children and their grown-ups can work on their motor skills in a safe and playful environment. This is a loosely structured class with an instructor present for circle time, modified stretches, and ideas of things to do with your little gymnast. However, this class is child-led, allowing access to all gymnastics equipment for lots of fun and exploration. Adult participation is required, and siblings are not allowed to participate unless they are registered for the class.

Mon	9:30-10a	7/1-7/15	7/29-8/12
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\$42* per 3-wk session

TUMBLING TOTS

AGES 3 & 4

Students will be introduced to the basic skills of gymnastics in a fun and fast-paced environment. The focus is on developing coordination, strength, balance, and flexibility. We will also develop social skills such as how to take turns, how to follow directions, and how to work with others. This is a fully structured class, but parent participation is encouraged if necessary.

Mon	10:15-10:45a	7/1-7/15	7/29-8/12
Wed	4:15-4:45p	7/3-7/17	7/31-8/14
Sat	9:30-10a	7/13-7/27	8/3-8/17

\$42* per 3-wk session

*Residents of the City of Poulsbo receive an \$8 discount on most programs.

BEGINNING KINDERGYM

AGES 4-6

Students will be introduced to basic tumbling skills, balance beam & bar work, vaulting technique, rings, and rope. The class focuses on coordination, strength, and spatial awareness.

Mon	11-11:45a	7/1-7/15	7/29-8/12
Mon	5-5:45p	7/1-7/15	7/29-8/12
Wed	5-5:45p	7/3-7/17	7/31-8/14
Sat	10:15-11a	7/13-7/27	8/3-8/17

\$56* per 3-wk session

IMPORTANT GYMNASTICS INFORMATION FOR THOSE WITH CHILDREN AGES 4 & 6:

Parents, we want your child to be successful in the class you choose for them, and you are the best judge of your child's ability to focus and follow directions. Most classes have an age option, for example:

- **Tumbling Tots, Ages 3-4 and Kindergym, Ages 4-6.**
If your child is 4, has not already been introduced to a structured class, is high energy, and/or is unable to stay focused for very long, please register them for Tumbling Tots. If they are 4, are in preschool, and can stay focused on tasks, then please register them for Kindergym.
- **Kindergym, Ages 4-6 and Leveled classes, Ages 6-10.**
If your 6-year-old has never done gymnastics, is tired after being in all-day kindergarten, and/or has trouble focusing, please register them for Kindergym. The Leveled gymnastics class may be frustrating for them.

LEVEL 1: BEGINNING REC GYMNASTICS

Students will be introduced to basic tumbling skills, balance beam and bar work, vaulting technique, rings, and rope. The class focus will be on body awareness, strength, flexibility, and confidence building.

Mon	6-6:45p	7/1-7/15	7/29-8/12
Wed	6-6:45p	7/3-7/17	7/31-8/14
Sat	11:15a-12p	7/13-7/27	8/3-8/17

\$56* per 3-wk session

LEVEL 2: INTERMEDIATE REC GYMNASTICS

AGES 6-11

This class is for students who know how to do bridges and cartwheels and know body positions. Skills will build on tumbling and dance, bar work, low and high beam, and vaulting. Increased focus on strength and flexibility.

Instructor permission is required.

Tue	5-5:45p	7/2-7/16	7/30-8/13
Sat	12:15-1p	7/13-7/27	8/3-8/17

\$56* per 3-wk session

GYMNASTICS

LEVEL 3: ADVANCED GYMNASTICS

AGES 6-11

For the serious student looking for more than just a recreation-level gymnastics class. Students will master skills learned in Level 1 and Level 2 while learning more advanced skills. An emphasis will be placed on skill connection and technique. Skills include glides on bars, cartwheels on the low beam, roundoff rebound, and back handsprings on the floor. The focus will be on building skills and routines. **Instructor permission is required.**

Tue 6-7p 7/2-7/16 7/30-8/13
\$60* per 3-wk session

PRIVATE LESSONS

Special one-on-one instruction. Call the gymnastics department to request your lesson day/time and instructor at 360-779-9898 or email Jo Van Horn directly at jvanhorn@cityofpoulsbo.com. Instructors will then call to give details and to arrange times.

Fees:

- \$45 / 45 minutes for the individual.
- \$60 / 60 minutes for the individual.
- Add \$5 for an extra child from the immediate family (one only)

Parents of 6-year-olds: Choose the best camp for your child's success. If they are a young 6 and have never done gymnastics or any structured class before, then Mini Camp is a great choice. If they are close to age 7 and have already participated in Kindergym or a Level 1 class, then the leveled gymnastics camps are a better choice.

MINI GYMNASTICS CAMP

AGES 4-6

3 CLASSES

Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls with little or no gymnastics experience. The camp will cover tumbling, balance beams, bars, vault, rings, and a small art project. Campers will need to bring a snack and water bottle with their name on it. Recreation Center Gym.

T-Th Jun 25-27 9:30-11:30a \$125*
T-Th Jul 16-19 9:30-11:30a \$125*
T-Th Aug 6-8 10:30a-12:30p \$125*

LEVELED GYMNASTICS CAMP

AGES 6-10

3 CLASSES

Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls of all levels of experience. The camp will cover tumbling, balance beams, bars, vault, and rings. Gymnasts will need to bring a snack and a water bottle with their names on it. Recreation Center Gym.

Beginning

Can't do a cartwheel / No prior equipment experience

T-Th Jun 25-27 1:30-3:30p \$125*
T-Th Jul 30-Aug 1 9:30-11:30a \$125*
T-Th Aug 13-15 9:30-11:30a \$125*

Intermediate/Advanced

Level 2 and Level 3 or by permission

T-Th Jul 9-11 9:30-11:30a \$125*
T-Th Aug 13-15 1:30-3:30p \$125*

Is your child not quite ready for a structured gymnastics class? Our Lil' Ninjas class is a fast-paced obstacle course class for high-energy kids.



LIL' NINJAS

IN-PERSON, INDOOR

AGES 3-5

3 WKS

Parks & Rec Staff. Great class for those not yet ready to focus on a more structured gymnastics class. This action-packed class has participants tackle a series of challenging obstacle courses. Work on speed, agility, and strength in this fun and physical class. Students will be challenged to push themselves to train like Ninja Warrior competitors. Class is fast-paced and great for those high-energy kids who are not ready to focus on a skills-based gymnastics class. Recreation Center Gym.

Mon 4:15-4:45p 7/1-7/15 7/29-8/12
Tue 4:15-4:45p 7/2-7/16 7/30-8/13
\$48* per 3-wk session

GYMNASTICS BIRTHDAY PARTY PACKAGES!

Celebrate your child's special day with us!!!



Each party is 90 minutes and includes 45 minutes of gymnastics and 45 minutes for you to enjoy cake, ice cream, and presents you bring.

Please call and ask for a facility rental form to book your party. Parties can be scheduled on Friday evenings, or Saturday and Sunday afternoons. Parties must be paid for in advance.



Cost for up to 8 kids- \$175, \$10 per each additional kid

CALL POULSBO PARKS & RECREATION AT 360-779-9898

YOUTH SPORTS

RESOLVED IN STEEL'S "JEDI" ACADEMY

AGES 8-100

NEW!

8 WKS

Nathan Walker. Officially a youth class, older students are also welcome, especially if they attend with younger family members. Bring your own SABER!

Though not a historical weapon, the "Lightsaber" has been one of the most popular swords in the world for the last 44 years. In our classes, we will be digging into the lightsaber on three levels. Combat, Choreography, and Flourishing. To understand the Lightsaber, we will learn from many of the lessons from our own history with two-handed swords. German, Italian, and Japanese fencing all form part of the curriculum plus those things we can learn from the Star Wars films themselves. The course will focus on developing strength, agility, discipline, physical and tactical capabilities as well as balance, coordination, and acrobatics. Recreation Center Gym.

Wed Jun 26-Aug 14 5-6:30p \$60*

NORTH KITSAP MOUNTAIN VIKES – MOUNTAIN BIKE CLUB

Age 6-12, COED

24 RIDES

Join us for the fun and challenge of riding trails here in North Kitsap! All you need is a mountain bike, a helmet, and a can-do attitude and you can improve and learn new skills on the bike! Some experience is helpful - we typically ride as much as 10-12 miles of XC trails plus throwing in some downhill runs occasionally. Experienced coaches will provide instruction on everything from mountain bike basics to jumping, cornering, and shredding local trails. We will have at least one fundraising-type event and one work party per session, riders and coaches are expected to help at each. Riding Shirt is provided once per year. Rides are typically 5-7p on the weekdays and 10a-12:30p on weekends, the first ride on April 9 will be at the Pump Track in Poulsbo from 5-7p.

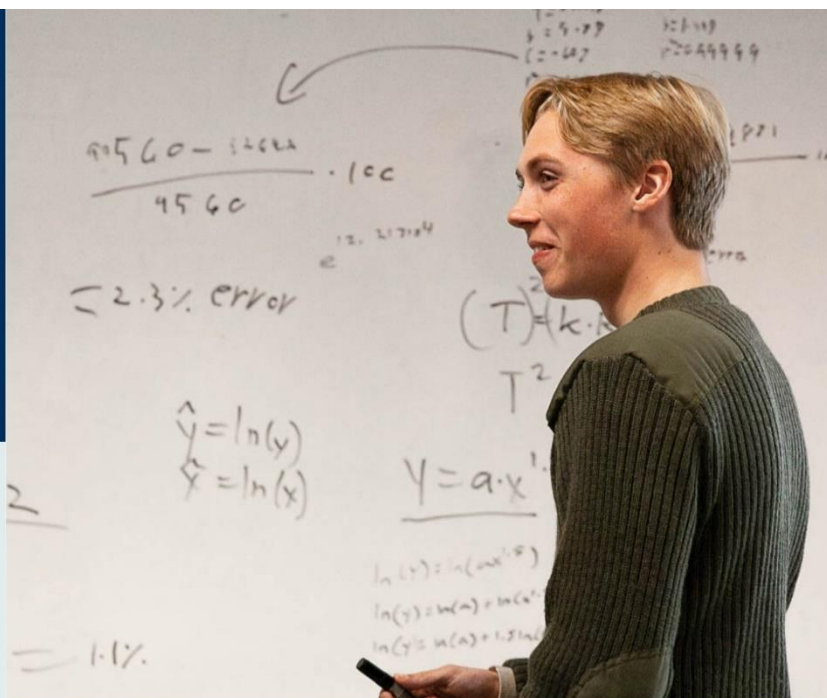
More information is available on our website at www.nkmountainvikes.com. Interested in being a volunteer coach or have additional questions? Email us at nkmountainvikes@gmail.com.

Tue/Thu (Tue/Sat after Sep 1) No rides Aug 27 or 29. No Tue rides in October. Jul 16-Oct 26 \$160*

*Residents of the City of Poulsbo receive an \$8 discount on most programs.

Preparing students for the **WORLD**

- ☒ **Exceptional learning experience for grades 6-12**
- ☒ **International Baccalaureate classes that can earn college credit**
- ☒ **Music, visual arts, and theatre options for 6th-12th**
- ☒ **Beautiful 20-acre Poulsbo campus**



**west sound
academy**
IB WORLD SCHOOL

360-598-5954 westsoundacademy.org @westsoundacademy

SPECIAL EVENTS



KiDiMu

Kids Discovery Museum



Exhibits

Imagination & STEM
based spaces Curated
to spark inspiration.



Pop-Ups

Explore Art & Science
themes in fun and
engaging ways. The best
way to learn is through
PLAY!



Summer Hours of Play

Mon - Thur: 1 - 5 pm

Fri - Sun: 9 am - 4 pm



Located

301 Ravine Lane NE
Bainbridge Island, WA



www.kidimu.org | 206-855-4650

KITSAP HUMANE SOCIETY'S

PETS 5K WALK

PRESENTED BY
VCA CENTRAL KITSAP ANIMAL HOSPITAL

5K WALK/RUN & FESTIVAL

JUNE 1, 2024

DOWNTOWN POULSBO

Spokespets
Tess & Finn



 **Kitsap
Humane Society**



Scan the QR code to register now!
Learn more at kitsap-humane.org.

ADULT PROGRAMS

SUMMERTIME PIANO LESSONS

ALL AGES WELCOME!

Megan Hennings. We know that summer can be a busy time for people, but it is also a great time for piano, too! During the school year you've built up momentum, why give it up now? Or maybe you've never experienced formal piano instruction and would just like to "try it out" to see what it's like! We are offering summertime private lessons to students who might be interested in a flexible schedule. Maybe you would like to take lessons for a month or maybe you need just a week here or there. Please call the Recreation Center at 360-779-9898 to arrange the private lessons.

M, T, W Jun 24- Aug 30 (Thursdays may also become available depending on enrollment)
\$32 per 30-min lesson, payable prior to each lesson.
\$47 per 45-min lesson, payable prior to each lesson.

VOICE LESSONS

AGES 6-ADULT OR AS ARRANGED WITH INSTRUCTOR

Katherine Kinert. Discover your unique voice with in-person private voice lessons for the more serious student. The voice studio is an inclusive, safe space where students will experiment with their voices and discover how to use them in many ways. Singers will learn exciting techniques and skills that help them use their voices how they want to. Register for four 30-minute lessons, weekly. Music will be provided for beginners; students may be asked to purchase books based on the student's specific needs and wants. Lessons will be scheduled Tue-Fri afternoons/evenings. Recreation Center.

A minimum of 24 hours notice is required for absences. Students who fail to give 24-hour notice will automatically be charged for the lesson. If the teacher has to cancel a lesson due to illness or emergency, it will be rescheduled at the earliest opportunity.

New student introductory lesson: \$35
4-week session: \$135*
Lessons must be paid for in advance.

For more information and to schedule your first lesson, call Katherine at 360-550-0587.

BEGINNING TO ADVANCED GUITAR

AGES 8+ WEEKLY LESSONS

Craig Dell. Private 30-, 45- or 60-minute acoustic or electric guitar lessons, designed for beginning, intermediate and advanced students. Scheduling and payment are done directly with Craig Dell. For more information, leave your name and number for Craig at 360-779-9898. Students must bring an acoustic or electric guitar in good working order.

ROLLER BEATS: DANCE SKATING

AGES 18 + **NEW!** 3 WKS

Hunter Chapa. Discover the rhythm of movement with our dance roller skating class! Immerse yourself in the art of dance on wheels as our instructor guides you through fundamentals, essential techniques, balance drills, and footwork. Participants will need their own skates with rubber toe stoppers, knee and elbow pads and helmets suggested. Recreation Center Sports Court.

Beginner

Mon	Jul 15-29	5-5:45p	\$45*
Mon	Aug 5-19	5-5:45p	\$45*

Intermediate

Mon	Jul 15-29	6-7p	\$45*
Mon	Aug 5-19	6-7p	\$45*

SUMMER DANCE PARTY – CLOGGING IN THE PARK

ADULTS **NEW!** 1 CLASS

Calling all cloggers - join us for a summer dance party in a beautiful waterfront park in Poulsbo - 4 different dates! Sign up for as many as your calendar allows! Shannon Singleton will be hosting 90 minutes of dancing for any past or present cloggers who want to get together and dance this summer. All levels are welcome! Come join in the fun! Muriel I Williams Waterfront Park, Poulsbo.

Wed	Jul 10	6-7:30p	\$10
Wed	Jul 17	6-7:30p	\$10
Thu	Aug 8	6-7:30p	\$10
Thu	Aug 15	6-7:30p	\$10

STEEL MAGIC NORTHWEST

MURIEL IVERSON WILLIAMS WATERFRONT PARK

JUNE 28TH AT 5:30 PM

COME ENJOY THIS **FREE CONCERT**

CREATED BY ONE OF OUR REGION'S ONLY INDEPENDENT

NON-PROFIT STEELBAND PROGRAM

THIS **30+-PIECE STEEL ORCHESTRA** IS MADE OF

KIDS FROM 7TH TO 10TH GRADE, AND ALL HAVE BEEN PLAYING

STEELPANS FOR AT LEAST TWO YEARS PRIOR JOINING **STEEL DRAGONS**.

HALF OF THE GROUP REHEARSES IN **EDMONDS**, THE OTHER HALF IN

KENT, AND THEY JOIN TOGETHER FOR THIS SPECIAL CONCERT

TO MAKE A RARE TO SEE SHOW IN THE PACIFIC NORTHWEST.






@steelmagiconorthwest
www.steelmagiconorthwest.org/

ADULT PROGRAMS

GLASSWORK: INTRODUCTION TO GLASS FUSING

AGES 18+

1 CLASS

Eastern Wind Glass. Learn what glass fusing is, the kinds of fusing that can be done, what glass can be used, terminology, and some design techniques. You'll also receive instruction on the use of the kiln and what kinds of kilns can be used for glass, as well as glass cutting, use of tools, and safety. A materials fee of \$10 is payable to the instructor at the beginning of each class. Checks can be made out to Eastern Wind Glass. Recreation Kitchen/Classroom.

Mushrooms

Tue	Jun 4	6-9p	\$45*
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Spring Design on Wavy Glass

Tue	Jun 18	6-9p	\$45*
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PAINT NIGHT

AGES 10-ADULT

1 CLASS

Beth Daquilante. Be your own Picasso and create a masterpiece of your very own! The price includes all materials and expert instruction. **A \$5 materials fee is payable to the instructor at the start of the class.** Recreation Center Kitchen/Classroom.

Father's Day Painting / Beach House

Fri	Jun 14	7-8:30p	\$25
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Sunflowers and Boots

Fri	Jul 26	7-8:30p	\$25
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Mountains and Lake

Fri	Aug 6	7-8:30p	\$25
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CHESS OPEN PLAY

AGES 12 & OLDER

NEW!

WEEKLY

Join North Kitsap High School Chess coach and Parks and Recreation Commissioner Justin Johnson on Thursday evenings to play chess. Bring your own chess board and pieces and enjoy the company of others engaging in this game of strategy in a beautiful outdoor location. Nelson Park Picnic Shelter.

Thu	Aug 1-22	4-7p	FREE
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GOT A PHOTO MESS?

ADULTS

NEW!

1 CLASS

Sharyl Rapavy. Do you have a gazillion digital photos and videos across multiple phones, tablets, computers, SD cards, social media, and more? Or a scary box with old photos, videotapes, and movies? Are you afraid that your kids and grandkids will never know who is in the old family photos or even where to find the photos? This class will teach you ways to digitize your old memories, gather all of your digital memories into a safe storage place, organize them, and be able to share them with loved ones. Bring a smartphone, tablet, or laptop computer. Recreation Center Kitchen/Classroom.

Wed	Jun 26	6-7:30p	\$25
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Wed	Aug 7	6-7:30p	\$25
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CPR & AED CERTIFICATION

AGES 12 & OLDER

1 CLASS

The Poulsbo Fire Department and Parks & Recreation offer the HSI CPR/ AED training program to help participants develop lifesaving CPR and AED usage skills for adults, children, and infants. This course builds proficiency in responding to medical emergencies through hands-on practice, scenario-based exercises, and the latest guidelines from the American Heart Association. Gain vital knowledge that could help you save a life by enrolling today. Children ages 12-15 must attend with a parent. Poulsbo Fire Department Conference Room.

Sat	Jun 8	9a-12p	\$15
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Sat	Jul 13	9a-12p	\$15
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Sat	Aug 10	9a-12p	\$15
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GOLD SPONSOR OF **Summer Nights at the Bay**

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360.779.1881

MARKET HOURS:
DAILY 7AM TO 10PM

ADULT PROGRAMS

AMERICAN SIGN LANGUAGE AND SPANISH WILL RETURN IN THE FALL.



FINANCE

Connor Smith, Financial Advisor with Edwards Jones. A class for financial empowerment and literacy! In these bite-sized sessions, we'll be exploring helpful topics such as Outsmarting Digital Scammers and Foundations of Investing. Whether you're a seasoned expert or new to the world of finance, these interactive classes will offer valuable insights and practical advice to safeguard your financial well-being. Please join us for practical financial education and actionable strategies to take with you. For questions regarding the workshops, please contact Connor at (360) 779-6123.

Foundations of Investing

Participants will learn the importance of developing a strategy, the impact of asset allocation, and the influence of inflation on your long-term goals.

Tue	Jun 25	6:30-7:30p	\$5
Tue	Jul 30	6:30-7:30p	\$5

Outsmart The Scammers

You will learn how to spot certain red flags that may indicate a fraudulent encounter, resources you can turn to in the event you or a loved one are targeted, and steps you can take now to help protect yourself and loved ones.

Thu	May 30	6:30-7:30p	\$5
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Smith and Edward Jones receive no compensation for the seminar. Registration fees are charged by Poulsbo Parks & Recreation which Edward Jones has no affiliation to. Edward Jones - Member SIPC. Insurance products are offered through insurance companies with which Edward Jones has sales arrangements.

SELF DEFENSE FOR WOMEN

AGE 18+

NEW PROGRAM!

MONTHLY

Instructor Jason Bellaconis has been teaching martial arts for over 20 years and has taught hundreds of classes and dozens of seminars specific to self-defense for women. He holds a 4th-degree black belt in Northern Jujutsu, silver gloves in boxing, and dozens of other ranks in other styles of martial arts. The class will focus on learning practical defense techniques in a safe and effective way. All equipment and gear is provided. Recreation Center Gym.

Tue	Jun 4-25	7:15-8:45p	FREE
Tue	Jul 9-30	7:15-8:45p	FREE
Tue	Aug 6-27	7:15-8:45p	FREE

RAAB PARK COMMUNITY GARDEN: (THE P-PATCH)

WELCOME GARDENERS! The Raab Park Community Garden (The P-Patch) is sponsored by the City of Poulsbo Parks and Recreation. The P-Patch has 54 sunny raised bed garden plots in three sizes: 10'x20', 10'x10'; and 8'x2'x4' HIGH or 8'x4' LOW. A non-refundable annual application fee of \$25 and a clean plot deposit of \$40 are required. The clean plot deposit is refundable if the plot is cleaned out at the of each season.

The gardening year runs from Mar 1, 2024 through Feb 28, 2025. Gardeners must use organic gardening practices, products, and materials. Information and resources on organic gardening will be provided, as well as a selection of long-handled tools, wheelbarrows, and hoses from the lending shed. Produce may not be sold but may be shared or donated to a food bank. Participants are responsible for complying with the "Gardener's Agreement", and reading and understanding the P-Patch rules, regulations, and guidelines. They are also required to keep their plot area clean and looking good. Gardeners are also required to help keep up the common areas of the garden and for other community jobs.

The P-Patch is currently full, but a waitlist is being taken, and plots generally do become available during the season. Be sure to add your name to the waitlist if you are interested. For more information, call 360-779-9898.

LEARN TO ROW

on Liberty Bay with

KITSAP ROWING ASSOCIATION

Adults 18+

For information and 2024 schedule

www.kitsaprowing.org

ADULT PROGRAMS



Fishline

Food Bank & Comprehensive Services



New Program!

Recreation for All Assistance Program (RAAP)

Need help paying for your Parks and Recreation Registration fee?

The Recreation for All Assistance Program may be able to help!

Poulsbo Parks and Recreation has partnered with Fishline to provide financial assistance with program fees for those of all ages.

To learn more and apply for help, please contact Fishline at 360-779-5190 to schedule a meeting with a case manager.

VOLUNTEERS NEEDED!

Are you or your group interested in sharing your time and skills in support of impactful projects in our parks and trails? Be part of a community committed to positive change!

VISIT [HTTPS://FORM.JOTFORM.COM/POULSBO/PARKS-AND-TRAILS-VOLUNTEERCOMMUNITY](https://form.jotform.com/poulsbo/parks-and-trails-volunteercommunity)

OR FOLLOW THE QR CODE TO COMPLETE OUR INTEREST FORM



VOLUNTEER BENEFITS:

- ENHANCEMENT OF SKILLS
- MAKING CONNECTIONS
- MAKE AN IMPACT
- INDIVIDUAL DEVELOPMENT



JOIN US NOW!



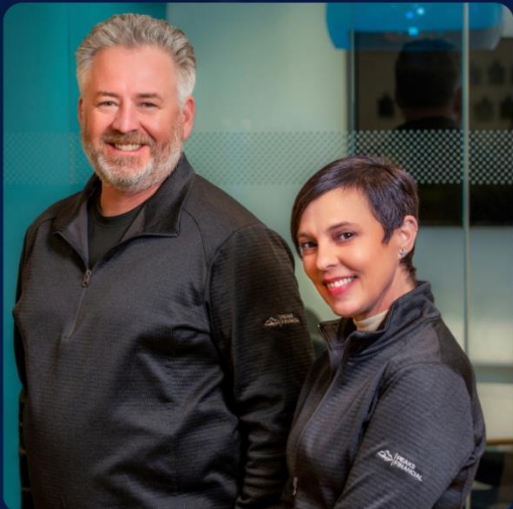
For more information, call Rachel Cornette, Parks Coordinator
360-394-9772

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ADULT SPORTS AND FITNESS

ITALIAN RAPIER

AGE 15+

8 WKS

Nathan Walker. The rapier was the deadliest dueling weapon in history. Rapier fencing is a game of control; controlling distance, controlling timing, controlling your opponent's mind. It's a deep psychological and extremely physical chess game of sorts that measures one's ability to think on their feet and adapt to constantly changing situations. No one did this more famously or dangerously than the 16th-century Italian fencing masters that we will study in this course. Bring your own equipment or use the instructors. Recreation Center Gym.

Mon Jun 24-Aug 12 7-9p \$60*



GERMAN LONGSWORD

AGE 15+

8 WKS

Longsword is the most popular weapon studied in HEMA (Historical European Martial Arts). It's the largest and heaviest sword we study but still quite nimble due to the use of two hands on the weapon instead of only one. The Johannes Lichtenauer tradition of longsword fighting goes back to the mid-late 14th century and spawned many followers. They slowly improved upon his work, creating a dynasty of German longsword fencers that lasted hundreds of years. Joachim Meyer was one of the most celebrated followers of Lichtenauer and probably the most focused on the dueling aspects of longsword combat. It is Meyer's treatise we will be studying during this course and in the process learning the foundations of both historical and competitive longsword fencing. Bring your own equipment or use the instructors. Recreation Center Gym.

Wed Jun 26-Aug 14 7-9p \$60*

BRITISH MILITARY SABER

AGE 15+

8 WKS

Nathan Walker. Sabers are a somewhat late arrival in an ancient class of weaponry, that is, mid-length, curved blade, cutting swords. The saber was popular all over the world and across immense periods due to its convenient size, ease of carry, and immense cutting capacity. It favors a flowing, call-and-response type of combat. One cannot think solely of striking their opponent as they will inevitably be struck in return. Instead, sabreurs must flow dynamically from defense to offense and back to defense in time to avoid the after-blow, even if they've already landed their own attack. We are currently studying Roworth's British Military Saber which includes the Highland Broadsword and the Spadroon. Saber is also fantastic for those looking for modern self-defense as saber techniques and tactics translate very well to almost anything vaguely sword-shaped such as batons, sticks, canes and even umbrellas. No class July 4 Recreation Center Racquetball or Sports Court. TBD.

Thu Jun 27-Aug 22 5-7p \$60*

RESOLVED IN STEEL'S "JEDI" ACADEMY

AGES 8-100

NEW!

8 WKS

Nathan Walker. Officially a youth class, older students are also welcome, especially if they attend with younger family members. Bring your own SABER!

Though not a historical weapon, the "Lightsaber" has been one of the most popular swords in the world for the last 44 years. In our classes, we will be digging into the lightsaber on three levels. Combat, Choreography, and Flourishing. To understand the Lightsaber, we will learn from many of the lessons from our own history with two-handed swords. German, Italian, and Japanese fencing all form part of the curriculum plus those things we can learn from the Star Wars films themselves. The course will focus on developing strength, agility, discipline, physical and tactical capabilities as well as balance, coordination, and acrobatics. Recreation Center Gym.

Wed Jun 26-Aug 14 5-6:30p \$60*



RACQUETBALL

The Recreation Center has two fully enclosed courts available for play on a reservation or walk-in basis. Courts may be reserved on a first-come basis two days in advance during prime-time hours, or day of play by phone or in person. Court time can be scheduled Monday-Friday, 9a-7p (Last reservation starts at 6p) and Saturday 9:30a-1:30p (Last reservation starts at 12:30p.) No black-soled shoes or street shoes are allowed on the courts. \$10 per hour or a 5-hour punch card for \$45. Racquets and balls available for rent for \$1 per hour.

WALLYBALL

A fast game of volleyball on a racquetball court, this game is for 6-8 people and is gaining interest and participation in the area. Reservations are made similar to racquetball, by calling in a reservation for a court and the equipment, see hours listed above. A complete set of rules is also available. \$15 per hour.

SPORTS COURT / PICKLEBALL COURT

Poulsbo Parks and Recreation has an outdoor sports court that has basketball hoops and lines marked for Pickleball. This court can be reserved at a minimal charge during the day for use. Please note that there is no electricity for the court. It is open from dawn to dusk.

ADULT SPORTS AND FITNESS

TOTAL BODY WORKOUT: BARBELL STRENGTH TRAINING AND CARDIO

AGES 18 & OLDER

Various

Lilli Jensen (Mon/Wed) and Dean Lancaster (Tue/Fri). Using light to moderate weights with lots of repetition, this fitness class gives you a total body workout. Students will progress from light to moderate to heavy weights, increasing strength and endurance. A total body workout in 60 minutes. Max 12 participants per class – space is limited! Recreation Center Upper Fitness Studio.

Four nights to choose from! Tuesday & Friday are not offered in July. No class on Sept 2.

Mondays	5:30-6:30p	Tuesdays	5:30-6:30p
Jun 3-24	\$38*/4 wks	Jun 4-25	\$38*/4 wks
Jul 1-29	\$45*/5 wks	Aug 6-27	\$38*/4 wks
Aug 5-26	\$38*/4 wks	Sep 3-24	\$38*/4 wks
Sep 9-30	\$38*/4 wks		

Wednesdays	5:30-6:30p	Fridays	5:00-6:00p
Jun 5-26	\$38*/4 wks	Jun 7-28	\$38*/4 wks
Jul 3-31	\$45*/5 wks	Aug 2-30	\$45*/5 wks
Aug 7-28	\$38*/4 wks	Sep 6-27	\$38*/4 wks
Sep 4-25	\$38*/4 wks		

TNT – TIGHTEN ‘N TONE

AGES 18 & OLDER

SESSIONS VARY, ONE OR MORE DAYS/WEEK

Lori Whiting, ACE. This class will help to define and tone muscles and speed up your metabolism using resistance bands and dumbbells. Core conditioning exercises will help shape and define your physique and strengthen back muscles. We'll finish with stretching to increase flexibility and relaxation and breathing to relieve stress. Classes run continuously, join at any time, and all levels are welcome. Discount for signing up for more than one class per week per month. The class is designed with senior fitness in mind, but all adults are welcome. No class on July 4 or Sept 2. Recreation Center Gym.

Mondays	8:10-9:10a	Wednesdays	8:10-9:10a
Jun 3-24	\$38*/4 wks	Jun 5-26	\$38*/4 wks
Jul 1-29	\$45*/5 wks	Jul 3-31	\$45*/5 wks
Aug 5-26	\$38*/4 wks	Aug 7-28	\$38*/4 wks
Sep 9-30	\$38*/4 wks	Sep 4-25	\$38*/4 wks

Fridays	8:10-9:10a		
Jun 7-28	\$38*/4wks	Aug 2-30	\$45*/5 wks
Jul 5-26	\$38*/4wks	Sep 6-27	\$38*/4wks

HIGH-INTENSITY INTERVAL TRAINING (HIIT)

Delores Leverett. Get ready to sweat and shred with our high-intensity interval training (HIIT) class. Join us for heart-pounding workouts designed to maximize calorie burn and boost metabolism. You will be guided through intense bursts of exercise followed by short recovery periods, delivering results in record time. Whether you are a newbie or a seasoned athlete, our HIIT class is tailored to challenge and inspire you to reach your goals. Don't just work out, HIIT it HARD! Recreation Center Fitness Room/Sports Court.

Tue	Aug 6-27	8:10-9:10a	\$45*
Thu	Aug 8-29	8:10-9:10a	\$45*

PILATES FOR CORE STRENGTH & SPINAL STABILIZATION

AGES 18 & OLDER

4 WKS/8 CLASSES

Lynn Peter-Contesse Core strength is the objective of Pilates exercise. The core muscles are deep, internal muscles of the abdomen, back, and pelvis. This class integrates the application of Pilates' current evidence-based exercise science and biomechanics through a series of sequential and carefully performed core movements. The goal will be to promote postural awareness while achieving core strength and endurance, joint mobility, flexibility and balance, and coordination. Exercises will be repeated with increasing difficulty, striving for precision and flow of movement, and establishing a strong foundation that is much more efficient and less prone to future injuries. Bring a yoga mat, water bottle, and a small hand towel for head and neck support. Wear comfortable clothing for ease of movement/relaxation and have some fun! Recreation Center Upper Fitness Studio. No class on July 4.

Tu/Th Jun 4-27 2:30-3:30p OR 4-5p

Tu/Th Jul 2-30 2:30-3:30p OR 4-5p

Tu/Th Sept 3- 26 2:30-3:30p OR 4-5p

\$99 per session. Each time is a separate session.

Drop-ins are not available at this time for Pilates.

CARDIO STRENGTH

Delores Leverett. Elevate your fitness game with our dynamic cardio strength class! Experience the perfect fusion of cardiovascular conditioning and muscle sculpting in a high-energy, results-driven environment. Our expert trainer will lead you through a series of heart-pumping cardio exercises and strength-building movements to torch calories, build lean muscle, and boost endurance. Whether you're looking to tone up, slim down, or just rev up your metabolism, our cardio strength class has got you covered. Join us and unleash your inner powerhouse. Recreation Center Fitness Room/Sports Court.

Mon	Aug 5-26	8:10-9:10a	\$45*
Wed	Aug 7-28	8:10-9:10a	\$45*

MEDITATION: PRACTICING MINDFULNESS

Delores Leverett. Join us as we explore mindfulness by practicing simple guided meditations and discussing mind-body interactions. Meditation is nothing strange or exotic, it's something anyone can practice. The benefits are numerous: reduction of stress, increased focus, clarity of thinking, freedom from detrimental patterns of thought and emotion, increased memory and learning capacity, and enhanced well-being in peacefulness. Come discover how meditation and mindfulness can help you live in harmony with the realities of the world and enjoy the art of living at its most fulfilling.

Wed	Aug 7-28	9:30-10a	\$38*
Thu	Aug 8-29	5:15-5:45p	\$38*

ADULT SPORTS AND FITNESS

YOGA BASICS

AGES 16 & OLDER

2 CLASSES WEEKLY

Lori Whiting, ACE. A revitalizing mind/body workout designed to increase flexibility and strength through yoga postures, using yoga blocks and straps to modify postures and focusing on proper alignment. We'll work on balance and use breathing and relaxation for stress relief. Classes run continuously, join anytime, and all levels are welcome. Recreation Center Gym. No class July 4.

T/Th	Jun 4- 27	8:10-9:10a	\$70*/8 classes
T/Th	Jul 2 - 30	8:10-9:10a	\$70*/8 classes
T/Th	Aug 1 - 29	8:10-9:10a	\$78*/9 classes
T/Th	Sep 3 - 26	8:10-9:10a	\$70*/8 classes

ACTIVE FLOW YOGA

AGE 18 & OLDER

4 WKS

Jolene Culbertson, RYT 500. This is a flow class with a more dynamic pace. A type of yoga that focuses on the connection between breath, movement, and the mind. This style of yoga is often referred to as 'flow' because it moves from one pose to another in a continuous, smooth way. Recreation Center Upper Fitness Studio.

Fri	Jun 7-28	9:30-10:30a	\$38*
Fri	Sep 6-27	9:30-10:30a	\$38*

SUMMER ACTIVE YOGA IN THE PARK

AGE 18 & OLDER

Jolene Culbertson, RYT 500. Join us at Muriel Williams Waterfront Park for this flow class with a more dynamic pace. A type of yoga that focuses on the connection between breath, movement, and the mind. This style of yoga is often referred to as 'flow' because it moves from one pose to another in a continuous, smooth way. Please note participants will need to get up and down from the floor. Austin Kvelsted Pavilion.

Fri	Jul 5-26	9:30-10:30a	FREE
Fri	Aug 2-30	9:30-10:30a	FREE

Donations gratefully accepted.



YOGA FOR BACK CARE WORKSHOP

AGE 18 & OLDER

4 WKS

Jolene Culbertson, RYT 500. Learn and practice care for our backs. Topics, techniques, and practice for osteopenia, osteoporosis, osteoarthritis, and chronic back, shoulder, neck, or hip pain. No prior experience is necessary. Bring yoga props or use ours. Bring a small blanket and 2 pillows of different sizes. Recreation Center Upper Fitness Studio.

Thu	Jul 11- Aug 1	10:45-11:45a	\$45*
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LOVELY YOGA: SLEEPYTIME STRETCHING

ADULTS 18 & OLDER

Leah Lovely. Enjoy a relaxing and beneficial evening yoga practice to bring flexibility and balance to your week. We will come together to ground ourselves, expanding our breath and coming into poses that increase blood flow and movements that bring fluidity. We will find our own pace and work on our personal physical journey, finding deep relaxation in Shavasana. Regular yoga practice makes such a difference in our everyday health and can improve sleep as well, come join us! No class July 4. Recreation Center Upper Fitness Studio.

Thu	Jun 6-27	6-7p	\$38* (4 wks)
Thu	July 11-25	6-7p	\$31* (3 wks)
Thu	Aug 1-29	6-7p	\$45* (5 wks)

CHAIR YOGA

AGE 18 & OLDER

4 WKS

Jolene Culbertson. Join others in a fun and educational yoga class using a chair for support. Perfect for anyone challenged by balance, flexibility, difficulty getting on or off the floor, weight issues, and/or medical conditions causing weakness or tremors. Jolene Culbertson is an RYT 500 with 40+ years of both medical & yoga experience. No class July 4. Recreation Center Upper Fitness Studio.

Thu	Jun 6-27	9:30-10:30a	\$45*
Thu	Jul 11-25	9:30-10:30a	\$38*
Thu	Aug 1-29	9:30-10:30a	\$45*
Thu	Sep 5-26	9:30-10:30a	\$45*

Fitness Drop In

Some fitness classes offer a \$10 drop-in fee as long as the class has met its minimum enrollment and is not full. Please check with the front desk before attending. Drop-in rate must be paid in advance.

ANXIETY & DEPRESSION WORKSHOP

AGE 18 & OLDER

1 CLASS

Jolene Culbertson. Prepare for the holidays, or just life in general, by learning techniques that can help lower your anxiety and bring a calming presence to your days as they become increasingly busy and filled with demands on your time and energy. Jolene Culbertson is a psychiatric nurse practitioner and a registered yoga instructor who has spent over 30 years working with people experiencing stress, trauma, depression, and anxiety. Explore techniques of gentle movement, breath work, relaxation, and mindfulness to help you experience less stress and more relaxation in your life. The practice will take place while seated in a chair. Handouts provided. Wear comfortable clothes and bring a small blanket or a large beach towel.

Sat	Aug 10	10a-1p	\$38*
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***Residents of the City of Poulsbo receive an \$8 discount on most programs.**

ADULT SPORTS AND FITNESS

QIGONG TAI CHI

AGE 18 & OLDER

MONTHLY

Rodney Hitchcock. Tai Chi is an ancient exercise system utilized to promote good health and healing through gentle movement and breathing. Qigong in Chinese translates as "life energy work". While there are many schools and variations of Tai Chi and Qigong; we will together be utilizing Qigong warmups before learning and practicing the Yang style form also known as the long form. Class fee is monthly, regardless of the number of classes in the month. No class on Wed, June 19. Recreation Center Upper Fitness Studio.

M & F	Jun 3-28	11:30a-12:30p	\$45*
Wed	Jun 5-26	6:45p-8p	\$45*
M & F	Jul 1- 26	11:30a-12:30p	\$45*
Wed	Jul 10-31	6:45p-8p	\$45*
M & F	Aug 2-30	11:30a-12:30p	\$45*
Wed	Aug 7-28	6:45p-8p	\$45*
M & F	Sept 9-30	11:30a-12:30p	\$45*
Wed	Sept 4-25	6:45p-8p	\$45*

FREE HEALTH AND WELLNESS FOR YOUR SOUL!

INTRO TO TAI CHI: MOVING FOR BETTER BALANCE

AGE 18 +

8 WKS

Tricia J. McMahon. Builds muscle strength, increases attentiveness and awareness, improves postural stability, and releases tension. In these classes, you will learn the 8 Tai Chi forms (derived from the traditional 24-form Yang-style) of Tai Chi: Moving for Better Balance. Come enjoy connecting with others while improving coordination, flexibility, and so much more! No experience is necessary. We will be primarily standing, but there are great benefits when seated as well. Chairs will be available. While this program is free, we ask that you register to assist in planning. No class on July 25. Recreation Center Gym.

Thu	Jul 11-Sep 5	12:15-1:05p	FREE
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WALKING CLUB

AGE 18 +

Jolene Culbertson. Join Jolene and friends as we walk 2 miles each Monday morning around Poulsbo. According to the CDC, physical activity helps control weight, but it has other benefits. Physical activity such as walking can help improve health even without weight loss. Physically active people live longer and have a lower risk for heart disease, stroke, type 2 diabetes, depression, and some cancers. Improving spaces and having safe places to walk can help more people become physically active. Walks are at a steady pace, rain or shine. Please register in case we need to send out a notification. No walk on May 27. Meet at the Recreation Center upstairs entrance and start your week off right.

Mon	Jun 3-24	9-10:30a	FREE
Mon	Jul 1-29	9-10:30a	FREE
Mon	Aug 5-26	9-10:30a	FREE

LAUGHTER YOGA CLUB

Will return in the Fall.

FREE SENIOR FITNESS CLASSES SPONSORED BY THE POULSBO-NK ROTARY CLUB.

We are very grateful for the donations from the Poulsbo-NK Rotary for funding these classes. These classes are free for seniors but please register for them so that we know how many are planning on attending, and in case we need to notify you. Thank you!

FSA (FREE SENIOR ACTIVITY): LIFELONG FITNESS & HEALTH

Jolene Culbertson, RYT This class focuses on balance, core strength, and coordination to gain functional awareness in movements to facilitate daily activities and maintain independence in your life. Movements may be done seated and standing using a chair for balance. Light weights, tennis balls/core balls may be used. Relaxed breathing and short meditations may be offered. This class is proudly sponsored by InMotion Performing Arts Studio and Poulsbo-North Kitsap Rotary. Class is free for seniors, but please register in advance in case we need to notify you. Recreation Center Upper Fitness Studio.

Wed	Jun 5-26	12:15-1:15p	FREE
Wed	Jul 3-31	12:15-1:15p	FREE
Wed	Aug 7-28	12:15-1:15p	FREE



FSA (FREE SENIOR ACTIVITY): CHAIR YOGA

Jolene Culbertson, RYT Come join others in a fun and educational yoga class using a chair for support. Perfect for anyone challenged by balance, flexibility, difficulty getting on or off the floor, weight issues, and/or medical conditions causing weakness or tremors. Recreation Center Upper gym.

Mon	Jun 3-24	12:15-1:15p	FREE
Mon	Jul 1-29	12:15-1:15p	FREE
Mon	Aug 5-26	12:15-1:15p	FREE

LOOKING FOR A SPONSOR:

Do you know a business or organization that would like to help support our Free Senior Fitness Classes? Please contact kgoodfellow@cityofpoulsbo.com for more information.

Free Community Event hosted by Poulsbo Parks and Recreation



"Make Fitness Your Friend for Life!"

Wednesday, May 29th, 2024 National Senior Health & Fitness Day® Schedule & Activities



9:00am Kick off the day with a Historical Walk in Downtown Poulsbo beginning at the Austin Kvelstad Pavillion and ending at the Poulsbo Historical Society Museum. Then come by foot or vehicle to our Front Street Recreation Center.

In our front hall, come visit with:

10:00am -12:00pm

Kitsap Regional Library -
Adult Services

12:00pm - 2:00pm

Fishline Services

2:00pm-4:00pm

CHI Franciscan Medical Resident

In our Kitchen Classroom come learn with:

10:00am Art Therapy -Patty Valez

1:00pm Brain Health & Medication
Safety -Jennifer Calvin Myers

11:00am Nutrition -Sam Rader

2:00pm Financial Fitness - Edward Jones

12:00pm Come Socialize at this Unofficial
Lunch Hour/Social Time in our
Kitchen Classroom

4:00pm Knowing your numbers -CHI Resident

In our Fitness Studio come build knowledge with:

10:00am Low Sensory/Meditative Space

3:15pm Fall Prevention -Jolene Culbertson

2:00pm Anxiety & Depression Workshop -
Jolene Culbertson

4:00pm Low Sensory/Meditative Space

Take time to rest, relax and rejuvenate in this low volume and overall low sensory space anytime our other offerings aren't working for you on this day. Taking time for your mental and emotional well-being is part of caring for your health.

In our Big Room Gym come build strength with:

10:00am Pilates -Lynn Peter-Contesse

12:15pm Lifelong Fitness & Health -
Jolene Culbertson

11:00am Gentle Seated Stretching -
Leah Lovely

4:00pm Tai Chi for Better Balance -
Tricia McMahon



19540 Front Street NE Poulsbo, Washington 98370-0098
(360) 779-9898 fax (360) 779-5917 www.cityofpoulsbo.com parksrec@cityofpoulsbo.com

ACTIVE ADULT PROGRAMS

SENIOR SOCIAL COFFEE CLUB

MONDAYS, 10A-12P

The City of Poulsbo is proud to offer Senior Social Coffee Club on Monday mornings from 10a-12p with our Senior Specialist, Leah Lovely. Crave some socialization? Have questions about resources? Need help using your cell phone? This time is for you, so come visit, relax, have a cuppa, and a chat. We'd love to see you! Recreation Center Kitchen/Classroom.

Mondays Jun 3-Aug 26 10a-12p FREE



ART THERAPY: ARTISTIC EXPRESSION & MINDFUL MOMENTS FOR ADULTS **NEW!**

Patty Velez. Discover Art Therapy for Seniors in Poulsbo! "Artistic Expression & Mindful Moments for Adults" is your gateway to a world where creativity flows and peace of mind flourishes. Whether you're wielding a brush for the first time or revisiting a long-loved hobby, this class is the perfect blend of artistic exploration and relaxation.

What you'll experience:

- Dive into painting, drawing, and more in a supportive, welcoming environment.
- Express yourself and connect with your community through the power of art.
- Enjoy a serene space designed for reflection, creativity, and companionship.

No art experience? No problem! Join us in Poulsbo for an hour where creativity and tranquility intersect. This is more than just an art class; it's a pathway to expressing and connecting in ways that words cannot capture. A \$5 materials fee is payable to the instructor for the class. Recreation Center Kitchen.

Thu	Jun 13	10-11a	\$25
Thu	Jul 25	10-11a	\$25
Tue	Aug 27	10-11a	\$25

PHOTO FUN WITH SHARYL **NEW!**

Sharyl Rapavy. Bring a couple of your old photos or a photo album and let's talk about ways to preserve and document your memories for you to enjoy and leave to future generations. Sharyl will share ideas, show you samples, and teach you how to convert them to digital files or update and display them. Together, you will find the method that works perfectly for you. Come once or more times, whatever it takes to breathe life back into cherished memories. Recreation Center Kitchen/Classroom.

Wed	Jun 26	11a-12:30p	FREE
Wed	Aug 7	11a-12:30p	FREE

FINANCE

Connor Smith, Financial Advisor with Edward Jones. A class for financial empowerment and literacy! Whether you're a seasoned expert or new to the world of finance, these interactive classes will offer valuable insights and practical advice to safeguard your financial well-being. Please join us for practical financial education and actionable strategies to take with you. All classes will be taught by Connor Smith, a financial advisor local to Poulsbo with Edward Jones, and special guests on advanced topics such as Medicare & Medicaid. Please join us for practical financial education and actionable strategies to take with you. For questions regarding the workshops, please contact Connor at (360) 779-6123.

Are You Financially Fit? Power of Budgeting

Part of National Health and Wellness Day!

Wed May 29 2-3p FREE

Retirement: Making Your Money Last – 60+

Attendees will learn investment strategies to help build a strategy to last throughout one's retirement years. In addition, you'll explore how to address key concerns such as inflation, healthcare expenses, and market volatility as well as ways to prepare in advance for things that may not go as expected.

Wed Jul 31 11a-12p FREE



Outsmart The Scammers – All Ages

You will learn how to spot certain red flags that may indicate a fraudulent encounter, resources you can turn to in the event you or a loved one are targeted, and steps you can take now to help protect yourself and your loved ones.

Thu Aug 1 10-11a FREE

Social Security: Your Questions Answered – 55+

During this seminar, you'll learn about how social security fits into your retirement plan, when you should start taking benefits, and the implication of social security on your taxes.

Wed	Jun 19	10-11a	FREE
Wed	Jul 24	10-11a	FREE

Connor Smith and Edward Jones receive no compensation for the seminar. Registration fees are charged by Poulsbo Parks & Recreation which Edward Jones has no affiliation to. Edward Jones - Member SIPC. Insurance products are offered through insurance companies with which Edward Jones has sales arrangements.



WELCOME TO POULSBO'S PARKS

The City of Poulsbo's recreational facilities and open spaces serve as vital parts of the community's character. Poulsbo has 19 city parks totaling 146 acres, with over 5 linear miles of trails. We hope you enjoy all that our parks have to offer!

★ Poulsbo Recreation Center 19540 Front Street NE

- Outdoor Basketball court, racquetball, gym, kitchen, classrooms, facility rental



1 College Marketplace Ball Fields NW Reliance Street, 6 acres

- Slated for future park development

2 Catherine Edwards Park, 9.21 acres corner of NW Finn Hill Rd & Olhava Way NE

- Slated for future park development

3 Poulsbo's Fish Park 288 NW Lindvig Way, 40 acres

- On the Liberty Bay Estuary and Dogfish Creek
- Urban nature park including habitat restoration & interpretive signage
- 1.75 miles of trails, boardwalk and viewing platforms

4 Nelson Park 20296 3rd Ave NW, 11 acres

- Picnic shelter with tables (available for private rental)
- Restrooms, benches, BBQ grills
- Playground
- Pedestrian trail to Poulsbo's Fish Park
- Nelson Family farmhouse (caretaker's residence)
- The Martinson Cabin Museum, operated by the Poulsbo Historical Society

5 American Legion Park Front Street, 4 acres

- Wooded trails with Liberty Bay views
- Pedestrian boardwalk that links to Waterfront Park
- Restrooms
- Playground for Ages 2-5 and picnic tables

6 Muriel Iverson Williams Waterfront Park 18809 Anderson Parkway, 1.75 acres

- Austin-Kvelstad Pavilion (available for private rental)
- Restrooms, picnic areas, & great views of Liberty Bay
- A pedestrian boardwalk to American Legion Park

7 Net Shed Vista 18500 Fjord Drive, .69 acres

- Liberty Bay viewing area
- Picnic tables and benches

8 Lions Park 6th Avenue and Fjord Drive, 1.2 acres

- Picnic areas
- Restrooms
- Two courts: pickleball/tennis
- Playground and open play areas

9 Oyster Plant Park 17881 Fjord Drive, .22 acres

- A viewing pier and picnic tables
- 20 Purple Martin nests
- Small boat launch

10 Betty Iverson Kiwanis Park 20255 1st Avenue NE, 2.8 acres

- Picnic shelter and BBQs
- Open play areas
- ADA-accessible playground

11 Forest Rock Hills Park north end of 12th Avenue NE, 3.1 acres

- Playground
- Trails and picnic areas

12 Hattaland Park 10th Avenue NE, 2 acres

- Open space, wetlands, ponds
- Picnic table and benches

13 Centennial Park corner of 7th Avenue and Iverson Street, 2.9 acres

- Arboretum
- Picnic tables, pergolas and trail
- Footbridges over Dogfish Creek

14 Wilderness Park between Caldart Avenue & Highway 305, 11.56 acres

- Wooded trails and open space

15 Austurbruin Park Curt Rudolph Road, 4.5 acres

- Playground
- Picnic areas and trails

16 Frank Raab Park 18349 Caldart Avenue NE, 21 acres

- Restrooms
- Picnic shelter (available for private rental)
- Community P-Patch and youth demonstration gardens
- Playground and playfield
- Horseshoe pits. Sand volleyball court
- Skate park. Full sized basketball court
- 1/3 mile walking trail
- Leash free area for dogs

17 Poulsbo Pump Track 20523 Little Valley Rd. NE, 1.82 acres

- Bicycle pump track operated by the Evergreen Mountain Bike Alliance

18 Rotary Morrow Community Park Corner of Noll & Mesford St., 1.2 acres

- Slated for future park development

19 West Poulsbo Park 5th Avenue NW, 3.1 acres

- Slated for future park development

For more information call
Poulsbo Parks and Recreation
at 360.779.9898

<https://cityofpoulsbo.com/city-parks-trails>



TAG, LIKE, FOLLOW @PoulsboParksRec

PARKS AND RECREATION CITIZEN COMMITTEES

PARKS & RECREATION COMMISSION:

The Parks and Recreation Commission is responsible for giving advisory recommendations to the City Council on all regulations, resolutions, plans, policies, projects and proposals relating to the city parks system, recreational facilities or open space, to promote public use and awareness of the city's park facilities and services, to hold public meetings to solicit public input for the parks and open spaces planning process, and to apprise the City Council, Public Works Department and Parks and Recreation Department of the community's park and recreational needs. The commission meets at 7 pm on the fourth Monday of Feb, Apr, Jun, Aug, Oct and Dec. Due to the holidays, the December meeting may be rescheduled for earlier in the month.

Commission Members: JoAnn Schlachter (Chairperson), Mari Gregg, Joe Hulse, Justin Johnson, Stefan Keel, Kelly Michaels, Judy Morgan, Mary Swoboda-Groh, Amy Zinkhon.

POULSBO TREE BOARD:

The Poulsbo Tree Board was established in 1997 to advise and educate the Mayor, City Council and citizens on issues pertaining to trees in the city. This includes the promoting of responsible planting of trees on public and private property; promoting public education and proper maintenance of trees; advocating trees within the city; providing for aesthetics within the city through the formulation and implementation of tree programs; developing innovative and joint funding for tree projects from a variety of sources; and providing the Mayor and the City Council with a yearly report regarding Tree Board activities. The board meets at 7 pm on the second Monday of Jan, Mar, May, Jul, Sep, and Nov.

Board Members: Jeff Philip (Chairperson), Janet Brown, Jenise Bauman, Shelby Iapocce, Gayle Larson, Jim Leary, John Martin.

AMERICAN LEGION PARK

SUMMER WORK PARTIES



SATURDAY

AUGUST 17TH
and
SEPTEMBER 7TH

9am-12pm*
and
12-3pm*

JOIN POULSBO
PARKS & RECREATION
and the
POULSBO ROTARY
CLUB
for Two Community
Volunteer
Opportunities

Tools, gloves
& snacks
provided

360-779-9898

19625 Front Street, Poulsbo WA 98370

*2 Shifts available
or stay for the whole day



View Poulsbo's Trail Maps

Poulsbo has paved, dirt, and boardwalk trails, ranging from .05 to 2.2 miles, in our parks and around town!

Including:
Fish Park Trail Map
School Loop
Forest Rock Hills Park Loop
Park to Park Loop
Extended Park to Park Loop
Downtown Loop

[HTTPS://CITYOFPOULSBO.COM/CITY-PARKS-TRAILS-2/](https://cityofpoulsbo.com/city-parks-trails-2/)



Check them all out
on our website and
QR CODE!



FACILITY RENTALS & COMMUNITY SIGNBOARDS



AUSTIN-KVELSTAD PAVILION



NELSON PARK PICNIC SHELTER



RAAB PARK PICNIC SHELTER

The City of Poulsbo has three beautiful parks with facilities available to rent: The Austin-Kvelstad Pavilion at Muriel Iverson Williams Park, and the Raab Park and Nelson Park Picnic Shelters. **The Raab Park Picnic Shelter will be CLOSED from June 17 until at least October 31 due to construction of the Play for All Playground.**

The facilities may be rented on a first paid, first serve basis. Applications must be submitted a minimum of 2 weeks prior to the event. No refunds or credits will be given for cancellations.

A special event application must be submitted if the event is open to the public, has a direct significant impact to city services, or under the discretion of the Parks and Recreation Director. A completed special event application, along with required documentation, must be submitted a minimum of 90 days in advance. The event will be subject to approval by the Parks and Recreation Director and the Poulsbo City Council.

Applications are available at <https://cityofpoulsbo.com/parks-rec-facilities/>.

Fees:

Social Events	\$40* for the first two hours; \$10 for each additional hour.
Special Events	\$50 A separate special event license fee will also be due.

*A \$10 discount off of the first two hours is available for social events only for Poulsbo city residents. There is no discount for special events.



The city manages two community signboards on Highway 305. Organizations may reserve the space to advertise their special events and community activities.

Both signs are 8' height x 12' width and must be vinyl banners that are printed on both sides, with grommets and wind flaps. As of June 2024, a pulley system is being installed for ease of use and safety, and requirements have been updated.

One week maximum per event.
No refunds or credits will be given for cancellations.

Applications, banner requirements and fees are available at:
<https://cityofpoulsbo.com/parks-rec-facilities/>.

Poulsbo Parks and Recreation has a variety of spaces available for rent at the Recreation Center, 19540 Front Street NE, Poulsbo.

Spaces include: Fitness Room / Gym, Kitchen Classroom, two smaller classrooms, Fitness / Yoga Studio, Racquetball Court and Outdoor Sports Court. The Sports Court is lined for both basketball and pickleball.

Fees vary depending upon the space. An additional staffing fee will be charged for after-hours rentals.

We also offer a variety of party packages.

Give us a call with the details of your event; we are happy to help you plan the perfect space for your needs.



CALL 360.779.9898 FOR MORE INFORMATION.

SPECIAL EVENT SPONSORSHIP OPPORTUNITIES



2024 Event Sponsorship Opportunities

CITY OF POULSBO PARKS AND RECREATION

Poulsbo Parks and Recreation is excited to offer new sponsorship tiers providing increased visibility and improved value. Sponsorships allow our team to organize, host, and elevate these favorite community events.

Our Events wouldn't be possible without community support and sponsorships!

Date	Event	Location	Attendance
Thank you to this years Family Formal Community Dance Sponsors: Presenting Sponsor Poulsbo Kiwanis Club; Venue Sponsor Poulsbo Sons of Norway; & Gold Sponsors Poulsbo Candy Shoppe & Poulsbo's Denny's.			
Thank you to our Viking Fest Road Race gold sponsors: Kitsap Physical Therapy, Kimmel & Young Real Estate, and silver sponsor Poulsbo Therapy & Wellness.			
The 2024 Summer Nights at the Bay FREE Concert Series is proudly presented by Peaks Financial. The series, held in July and August at Muriel Williams Waterfront Park, is additionally sponsored by Town & Country Markets, Tim Ryan Construction, the Historic Downtown Poulsbo Association, and Viking Fest.			
October 31st	Spooktacular Halloween Preschool Carnival	Poulsbo Recreation Center	250+

Scan the QR code to learn all the benefits and how to be a sponsor!



For more information about Sponsorship Opportunities

Contact us:

**Special Events Coordinator
Lin Hino**

360-394-9771

lhino@cityofpoulsbo.com

We are always open to volunteers and in-kind sponsorships, so reach out if you have ideas!