**Winter Girls Prep Basketball**
**Girls Grades 6/7/8th Divisions**

# Winter 2026-27 (Revised 11/20/25) League Rules

High School Rules will be used, except where noted below**.**

**Time**

-20 minute halves, running clock

-Stop clock last 2 minutes of second half. Clock continues to run if a team is behind by 20 points or more.

-Stop clock during time-outs.

-Stop clock last minute of play during overtime.

-3 Minute Overtime: A single OT is allowed if a regulation game ends in a tie. 2 minute break between the end of a tie game and the jump ball to start the 3 minute overtime period. 1 time out per overtime period, no carry over. If the tie remains, game will be counted as a tie.

-5 minute Half-time

-Games will start on time.

-No 30 second clock. If the referees believes a team is stalling greater than 30 seconds, the referee will warn the offending team and allow 10 additional seconds to make contact with the rim. Failure to make contact after the 10 second warning will result in a turnover.

**Time Outs: Time outs are 1 MINUTE in length!**

-4 full timeouts for entire game.

**Scoring**

-3-point line will be used, where available.

-Point awarded on shooting fouls (see Fouls)

- (see FOULS)

**Defense**

-All defenses allowed.

-No full-court pressure by leading team when the point spread is 20 points or greater.

VIOLATION: Warning, then technical foul.

**Fouls**

- All foul shots are taken as normally awarded under High School rules; clock continues to run except when stop clock is applicable per "**TIME**" above.

-No technical fouls will be awarded for numbers which are illegal at the high school level.

-Fouls are awarded and tallied by our 20 minute halves. Normal HS quarter foul limits apply to our 20 min halves.

**Foul outs:** A player must be removed from the game when she commits 5 personal fouls. If this foul out results in only 4 eligible players, the player who just fouled out will be allowed to continue in the game with the following stipulation: each additional foul committed by this player will have the opposing team awarded the ball and 2 points.

**Conduct**

-A player or coach is ejected on the second technical foul assessed to them during the game.

-An ejected player or coach is suspended for the remainder of that day's games and the next scheduled day's games.

-A player or coach ejected a second time is suspended for the remainder of the season.

**-The coach is responsible for the conduct of his/her players and spectators. Ejection from a game will result in the offending party being ejected from the gym. If the ejected person is an adult, he/she must physically leave the gym. If the ejected person is a player, the player must leave the bench and stay with parents or adult supervision in the stands.**

**Personal Appearance and Safety**

-Each player must wear consistent colors and numbers on their jerseys.

-NO jewelry, friendship bracelets, hard hair barrets or clips, earrings, necklaces, medallions, etc. are allowed on the court. ALL JEWELRY, including string bracelets, must be removed before the player may play in the game.

VIOLATION: First team offense is a warning. Second team offense is a technical foul.

-Fingernails must be clipped and rounded.

-Shirt tails must be tucked in.

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**Official Time, Scorekeeping, and team notifications**

**-Each team participating in the game must provide one person to be assigned as either official score keeper or official time keeper. The referee will designate the official score book before the start of the game and this team will be considered home team. The visiting team is invited to maintain their scorebook at the official table and if this option is chosen, they will be a backup to the official book. NO COMPLAINTS OR CRITICISM WILL BE TOLERATED FROM ANYONE TO THE OFFICIAL'S TABLE.**

-Winning team is responsible for reporting scores to the league coordinator. Contact Joe Schiel at 360-731-1938 or email the scores to joes@cityofpoulsbo.com. Any scores not reported will be logged as losses by both teams.

-Each team must have a representative with functional email to receive updated status of league standings and league games. Contact Joe Schiel at joes@cityofpoulsbo.com to provide the person or people you would like on the email list for your team.

**Forfeits**

-A team will be dropped from the league with no refund after a second forfeit or for using a suspended player, coach, or parent.

**Set-up, take-down and clean-up**

*We can minimize the impact on the school facilities and the cost to use the facilities by observing the following gym rules:*

-Help set-up chairs and scoring tables for the first game and please assist in putting chairs and tables away at the end of the day's final game. This provides the coach a chance to talk to the athletes as well as demonstrating to the players our family commitment to their sport.

-In every case, all players, coaches, and fans should clean-up after themselves.

-Each team should take a towel for cleaning up water-bottle spills near the bench area before the next team arrives.

-When your game is over, please collect your gear and move to a corner away from the benches for your post game discussion. It is very important for each game to start at its planned time. This will benefit all the families involved, the officials scheduled for multiple games, and facility management.

*-DO NOT allow your parents, athletes, children or friends* to wander through the schools. Our league is authorized to use the gym and adjacent restrooms ONLY! Misuse of these facilities could result in their loss to this league and possibly, future leagues. Parents need to supervise their children at all times.

-ABSOLUTELY NO SKATEBOARDS OR WHEELED TOYS ARE ALLOWED IN THE GYMS.

-Food is NOT allowed in any of the gyms.

## -Let your players and their parents know the rules.